

Dear Parent/Carer

NSPCC's *Speak out. Stay safe.* programme

I am pleased to inform you that we are participating in the **NSPCC's *Speak out. Stay safe.* Programme** this half term. *Speak out. Stay safe.* is a programme for children aged 5-11 which aims to help children understand abuse in all its forms and to recognise the signs of abuse. Children are taught to speak out if they are worried, either to a safe adult or Childline.

This child friendly programme is aligned with the curriculum and consists of an age-appropriate assembly that will be carried out week during the week beginning 5th February 2024 for Years 1-6. The programme has been endorsed by various community groups, including the Muslim Council of Britain. The content is delivered in an engaging and interactive way with the help of the NSPCC mascot Buddy. If you would like to know more about the *Speak out. Stay safe.* programme visit www.nspcc.org.uk/speakout.

We would like to invite you into school to have a chance to look at the resources involved on:

- Wednesday 31st January 2024 8:40am (Key Stage 1)
- Wednesday 31st January 2024 2:45pm (Key Stage 2)

Please go to the School Office at the above times.

Additional NSPCC resources for families to help keep children safe

<p>Parent/Carer support</p> <p>Take a look at information, support, advice and activities from NSPCC for parent and carers.</p> <p>www.nspcc.org.uk/parents</p>	<p>Activities to extend learning at home</p> <p>Take part in games and activities at home to help children learn about speaking out and staying safe.</p> <p>www.nspcc.org.uk/activities</p>
<p>Online Safety Hub</p> <p>For information on a range of different online safety topics including gaming, social media, sharing images, parental controls and more.</p> <p>www.nspcc.org.uk/onlinesafety</p>	<p>Childline – under 12's</p> <p>Childline have an accessible website with advice, support, games and activities. Children can change the language, enlarge text and also listen to the content.</p> <p>www.childline.org.uk/buddy (5-7)</p> <p>www.childline.org.uk/kids (7-11)</p>
<p>Talk PANTS with your children</p> <p>Talk PANTS is a simple conversation to help keep children safe from sexual abuse. From P through to S, each letter of PANTS provides simple but important messages. Download the free resources at www.nspcc.org.uk/pants.</p>	

Yours sincerely,
Mrs S O'Donnell

Assistant Headteacher