

Dear Parents and Carers,

## **RAMADAN \_ Y5 & Y6**

The Holy Month of Ramadan is nearly upon us. Create Partnership Trust has made a strong commitment to supporting its communities and families in their contribution to this fourth pillar of Islam and has ensured that good arrangements are in place in each school.

We have taken advice from a range of sources (Government, Local Authority and various Islamic organisations) and recognise that children under the age of 10 years are not required to fast but that parents/carers may request that their child in Year 5 or Year 6 or girls who have started to menstruate earlier may wish to take part in some fasting.

The school is happy to provide support for Year 5/6 pupils but needs to make clear its responsibilities, together with those of the parents/carers. Ultimately this is a home/school partnership approach which places the child at the centre.

The school has set out a series of actions to support a child in Year 5 or Year 6 who is fasting:

- A published document ***Provision for pupils during Ramadan***, which can be found on the School websites. A hard copy can be provided for any parent/carer on request. This document sets out the detail of our approach which is, broadly, positive support for the children (including arrangements to be made for the lunchtime break, etc) but with close monitoring to ensure their safeguarding, health and wellbeing. All parents/carers who give permission for their child to fast are urged to read this document.
- Parents are asked to complete a ***Fasting request form*** during each week of Ramadan. This is a permission slip which identifies the day and date that the parent/carer is requesting that the child fasts. It must be signed by the parent and returned to the school each Monday for the week ahead.

**Mrs Holder and Mrs Shahnawaz are the named contacts for any queries relating to fasting.**

We all hope that Ramadan goes well for our families and communities. Please do contact us if you have any questions or concerns.

***Ramadan Mubarak*** from everyone at the school and Create Partnership Trust!

Sincerely,

Ms Yasmin

Headteacher

Name of Child \_\_\_\_\_

Class \_\_\_\_\_

Date	I give permission for my child to fast	My child needs a free school pack lunch to take home
Monday 11 <sup>th</sup> March		
Tuesday 12 <sup>th</sup> March		
Wednesday 13 <sup>th</sup> March		
Thursday 14 <sup>th</sup> March		
Friday 15 <sup>th</sup> March		