# MENU WEEK 1

**SERVED W/C:** 7th September, 28th September, 19th October

Hutchison

| | Monday | Tuesday | Wednesday | Thursday | Friday |
|---|---|---|---|---|---|
| Main Meal OPTION 1 | Margherita pizza & oven baked wedges | Mixed bean bolognaise with penne pasta | Vegetable sausages with roast potatoes & gravy | Pea-powered vegetable stir fry with carrot rice | Vegetable nuggets, chips & tomato ketchup |
| Main Meal OPTION 2 | Pepperoni pizza & oven baked wedges | Beef & lentil bolognaise with penne pasta | Roast gammon with roast potatoes & gravy | Creamy coconut chicken & chickpea curry with carrot rice | Fish fingers, chips & tomato ketchup |
| Veggies | Broccoli | Carrots & peas | Carrot & cabbage | Broccoli & cauliflower | Baked beans |
| Sandwiches | Ham<br>Cheese<br>Tuna mayo | Ham<br>Cheese<br>Tuna mayo | Ham<br>Cheese<br>Tuna mayo | Ham<br>Cheese<br>Tuna mayo | Cheese<br>Tuna mayo |
| Sweet Treats | Lemon shortbread biscuit | Chocolate & banana brownie sponge | Apple strudel & custard | Baked apple & cinnamon sponge | Chocolate shortbread |

**Available Every Day –** Crunchy colourful Salad Bar & Jacket Potatoes with Cheese, Beans, Tuna Mayonnaise & Cheese & Beans

**KEY**

Wholegrain · Vegetarian · Nutritionist's Choice · Vegan

# MENU WEEK 2

**SERVED W/C:** 14th September, 5th October

Hutchison

| | Monday | Tuesday | Wednesday | Thursday | Friday |
|---|---|---|---|---|---|
| Main Meal OPTION 1 | Margherita pizza & oven baked wedges | Pea-powered vegetable pie & new potatoes | Cheesy cauliflower pasta bake | Veggie all day breakfast | Quorn dippers, chips & tomato ketchup |
| Main Meal OPTION 2 | Tomato, spinach & salmon pasta | Chicken & vegetable pie with new potatoes | Roast turkey breast, roast potatoes & gravy | All day breakfast, with pork sausages (beef casings) | Fish & chips with tomato ketchup |
| Veggies | Broccoli | Peas | Carrots & cauliflower | Baked beans | Peas |
| Sandwiches | Ham<br>Cheese<br>Tuna mayo | Ham<br>Cheese<br>Tuna mayo | Ham<br>Cheese<br>Tuna mayo | Ham<br>Cheese<br>Tuna mayo | Cheese<br>Tuna mayo |
| Sweet Treats | Traditional flapjack | Oaty apple crumble & custard | Chocolate mousse | Carrot cake with orange glaze | Chocolate fruit crispie cake |

**Available Every Day –** Crunchy colourful Salad Bar & Jacket Potatoes with Cheese, Beans, Tuna Mayonnaise & Cheese & Beans

**KEY**

Wholegrain · Vegetarian · Nutritionist's Choice · Vegan

# MENU WEEK 3

**SERVED W/C:** 31st August, 21st September, 12th October

Hutchison

| | Monday | Tuesday | Wednesday | Thursday | Friday |
|---|---|---|---|---|---|
| Main Meal OPTION 1 | Pea-powered mild chilli with rice | Vegetable sausages & mashed potatoes with gravy | Pea-powered cottage pie with gravy | Baked creamy mac 'n' cheese | Vegan Sausage roll, chips & tomato ketchup |
| Main Meal OPTION 2 | Mild beef & lentil chilli con carne with rice | Pork sausages (beef casing) with mashed potatoes & gravy | Roast chicken breast, roast potatoes & gravy | BBQ chicken loaded mac 'n' cheese | Fish fingers, chips & tomato ketchup |
| Veggies | Sweetcorn | Peas & carrots | Broccoli & carrots | Selection from the salad bar | Baked beans |
| Sandwiches | Ham<br>Cheese<br>Tuna mayo | Ham<br>Cheese<br>Tuna mayo | Ham<br>Cheese<br>Tuna mayo | Ham<br>Cheese<br>Tuna mayo | Cheese<br>Tuna mayo |
| Sweet Treats | Chocolate shortbread | Apple & summer berry crumble with custard | Lemon sponge & custard | Garden brownie | Strawberry mousse |

**Available Every Day –** Crunchy colourful Salad Bar & Jacket Potatoes with Cheese, Beans, Tuna Mayonnaise & Cheese & Beans

**KEY**

Wholegrain · Vegetarian · Nutritionist's Choice · Vegan