



Date: Week 3 – 16/9, 7/10, 18/11, 9/12.

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Event	<p>“Veg Power Day”</p> <p>Margherita Pizza (V) with Potato Wedges & Sweetcorn</p>	<p>Meatballs in Tomato Sauce with Pasta, Garlic Bread & Peas or Green Beans</p>	<p>Roast Chicken with Roast Potatoes, Carrots, Cauliflower & Gravy</p>	<p>Chicken Pie with Golden Puff Pastry with Creamy Mash Potato & Broccoli or Carrots</p>	<p>Oven Baked Fish with Chips & Baked Beans or Peas</p>
Vegetarian Selection	<p>Vegetable & Chickpea Curry (VE) with Rice & Sweetcorn</p>	<p>Tomato & Basil Pasta (VE) with Garlic Bread & Peas or Green Beans</p>	<p>Savoury Mince (V) & Dumplings in Gravy with Roast Potato, Carrots, Cauliflower & Gravy</p>	<p>Quorn Sausage with Creamy Mash Potato (V) with Gravy & Broccoli or Carrots</p>	<p>Quorn Nuggets (VE) with Chips & Baked Beans or Peas</p>
Picnic	<p>Freshly Prepared Sandwich, Wrap or Baguette, with Mixed Salad, Healthy Snack, Dessert of the Day or Fresh Fruit Tuesday & Thursday with a Choice of Ham, Cheese, Tuna Mayo, or Egg Mayo</p>				
Jacket Potatoes	<p>Crispy Baked Jacket Potato with a Choice of Fillings -, Cheese, Beans, Cheese & Beans, Tuna Mayo, with Mixed Salad Dessert of the Day or Fresh Fruit</p>				
Desserts	<p>Lemon Cake (V)</p>	<p>Jelly (VE)</p>	<p>Oaty Biscuit (VE)</p>	<p>Pear & Chocolate Fudge Pudding with Custard (V)</p>	<p>Melting Moment Biscuit with Fresh Fruit (V)</p>

Key: V – Vegetarian, VE – Vegan
Available Daily: Fresh Bread, Water, Fresh Fruit, and Yoghurt

