



GROVE ROAD COMMUNITY PRIMARY SCHOOL

NEWSLETTER – 20TH OCTOBER 2023



NEWSLETTER



What an amazing week we have had at school, I have loved seeing all the outstanding learning that is taking place in the classrooms. I have particularly enjoyed seeing just how many children have earned an award in our assembly this afternoon and I am extremely proud of how hard the children and staff are working. Well done everyone – keep it up.

Please can I just remind everyone to bring a coat to school, even though the weather is like it is, we do aim to get the children outside where possible for some fresh air.

You will notice in the newsletter, we include parental guides relating to the latest games, devices and trends. We hope you find these useful, we certainly do. If we can help in anyway, please speak to one of the team.

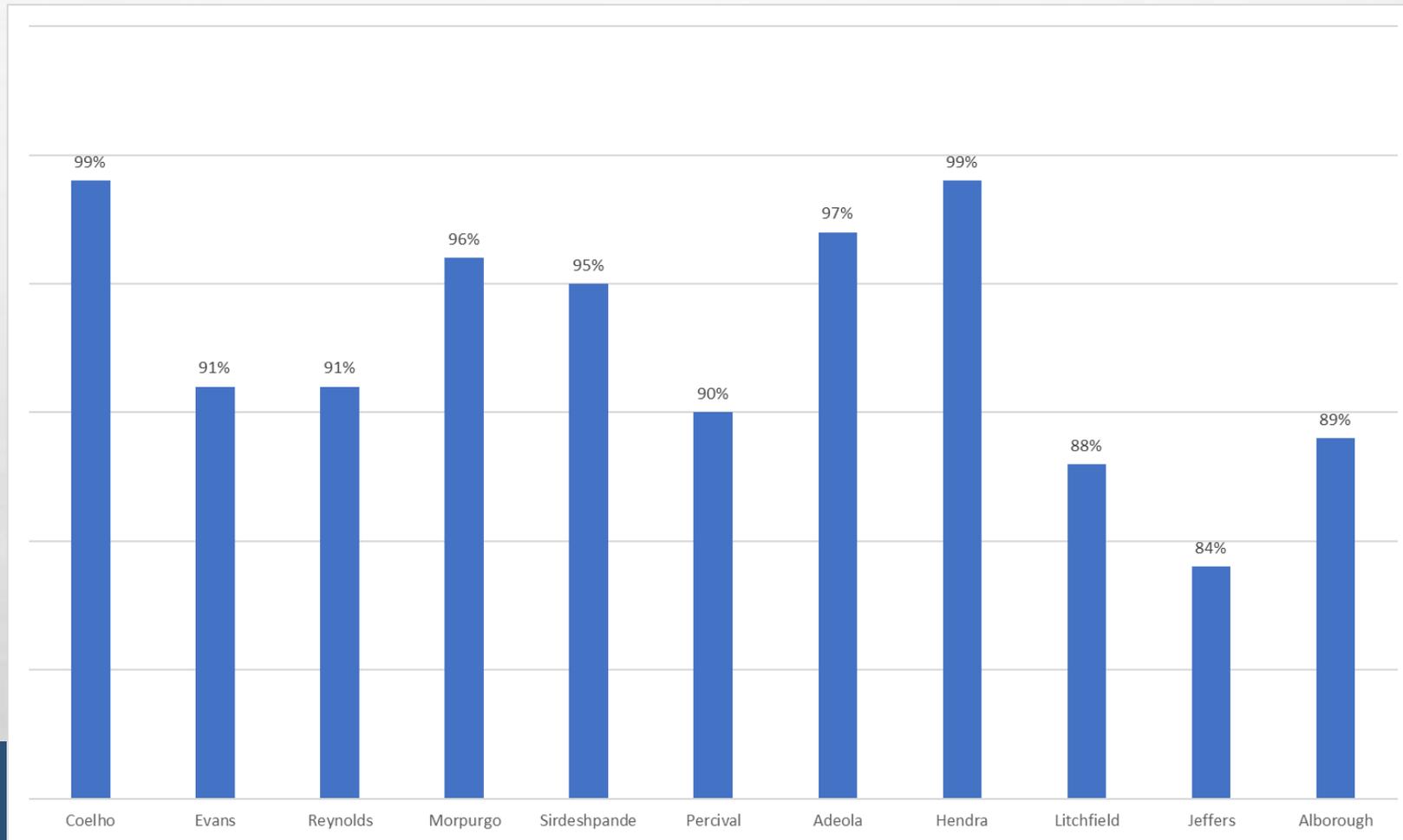
Have a restful weekend and see you all on Monday morning.

Mr Grayston



ATTENDANCE

Attendance totals for each class – Monday 16th October to Friday 20th October



SAFEGUARDING



Grove Road Community Primary School Safeguarding Team



Designated Safeguarding Lead
James Grayston - Headteacher



Deputy Designated
Safeguarding Lead
Dawn Winkley – Deputy Head
& SENDCo



Deputy Designated
Safeguarding Lead
Sue McGrogan – Parent
Support Adviser

Lead Governor for Safeguarding – Margaret Beagle

For further advice / referral information, please contact:
North Yorkshire Safeguarding Children Partnership
<https://www.safeguardingchildren.co.uk>

- Please visit our school website for more information and links to safeguarding websites.
- [Grove Road Safeguarding Page](#)
- For more information about keeping children safe please click here:
- [NSPCC – Keeping Children Safe Online](#)
- These websites have wonderful advice about children keeping safe on Instagram and other social media sites
- [NSPCC – Share Aware](#)
- [CEOP Police Safety Centre](#)



STARS OF THE WEEK



LITCHFIELD	-	Emmy
HENDRA	-	Igor
ADEOLA	-	Aliyas
PERCIVAL	-	Max
SIRDEHPANDE	-	Dominik
MORPURGO	-	Enes
REYNOLDS	-	Henry
EVANS	-	Maria P
COELHO	-	Ava



Please click here to access more guides for parents

SUPPORTING CHILDREN TO DEAL WITH UPSETTING CONTENT

A Guide for Parents and Carers

Raising children in the digital age seems to be getting tougher, with the world currently experiencing so many uncertainties. From climate change to the war in Ukraine and the conflict in Israel, right now children across the globe can scarcely go online without being exposed to unsettling stories, images and ideas. Reassuring a concerned child can be difficult, especially when bad news feels omnipresent. We've put together some advice to help you in discussing upsetting events with young ones.



- FIND OUT WHAT YOUR CHILD KNOWS**
There are many ways that children are exposed to upsetting content in the media, both online and offline. Before swamping your child with information, find out what they know already. Show them you're interested in what they have to say, practice active listening and try to gauge how much your child has been impacted by what they've seen.
- RIGHT TIME, RIGHT PLACE**
Starting a conversation about upsetting content probably isn't the best idea when your child is studying for an exam or about to go to bed. Choose a time when they're relaxed and open to talking, to make sure you have their full attention. Remember, these conversations can become emotional, so choose somewhere your child feels safe and comfortable.
- KEEP IT AGE APPROPRIATE**
With younger children, try and keep the conversation more general and avoid leading questions and complex detail. You can go slightly deeper into the specifics with young teenagers but keep monitoring their emotional response. With older teens, you can be more open about the realities and consequences of what's happening – but again, do stay aware of their emotional state.
- EMPHASISE HOPE**
Upsetting content can make anyone feel angry, scared, sad or overwhelmed. Try to find stories of hope, generosity and strength related to the content you're discussing. Children often feel reassured when they know they can do something to help, so encourage your child's sense of control through activities which make them feel they're positively impacting the events they're concerned about.
- MONITOR REACTIONS**
All children react differently, of course, and young people might not directly say that they're scared, angry, anxious, confused or uncomfortable. Emotional reactions are natural when discussing upsetting topics, so take note of your child's body language and reactions. Allow them to express their feelings in a non-judgmental space and try to stay mindful of how they might be feeling.
- CONSIDER YOUR OWN EMOTIONS**
It's not only young people who find upsetting news difficult to process; adults also have to deal with strong emotions in moments of stress. Children develop coping strategies by mirroring those around them, so staying on top of how you appear to be regulating your emotion on the outside is important for supporting your child through worrying times.
- SET LIMITS**
Managing screen-time and content can be difficult even in normal circumstances, but especially in unusual or stressful periods (at the start of the pandemic, for example). It's virtually impossible to keep children away from upsetting content completely, but it's important to try to limit exposure by using parental controls, talking about the dangers of harmful content and enforcing screen-time limits.
- TAKE THINGS SLOWLY**
Try not to overwhelm your child with information all at once. Instead, take the discussion one step at a time. You could make the first conversation a simple introduction to a potentially upsetting subject and then wait until your child is ready to talk again. Opening the door to the conversation and demonstrating that your child can talk to you about this type of issue is a vital first step.
- ENCOURAGE QUESTIONS**
Online, troubling images, posts, videos and stories are shared across multiple platforms, many of which your child might access. Even if the content is actually inappropriate, encourage your child to discuss what they saw instead of being angry at them for seeing it. Children are still learning that not everything online is accurate – you want to be their ultimate source of information, not their device.
- FIND A BALANCE**
There's often a tremendous compulsion to stay right up to date with events. Our phones frequently send us push notifications urging us to read the latest article or view the most recent video on social media. It's essential to remind your child that it's healthy to take regular breaks, and to focus on positive events instead of 'doomscrolling' and risking becoming overwhelmed by bad news.
- BUILD RESILIENCE**
News has never been more accessible. While our instinct may be to shield children from upsetting stories, it's important that they're equipped with the tools to manage this content when they are exposed to it. Talk about upsetting content more generally with your child and emphasise that they can always tell you or a trusted adult if something they see makes them feel uneasy.
- IDENTIFY HELP**
It's hugely important that children know where to find support if they encounter upsetting content online. Encourage them to open up to an adult that they trust, and make sure they're aware of who their trusted adults are. It is essential that children understand that they're not alone, and that help is available if and when they need it.

Meet Our Expert
Cayley Jorgensen is the director of FaceUp South Africa, which is a reporting system that is currently being used by schools and companies to fight bullying around the world. FaceUp helps give a voice to bystanders by encouraging them to speak up and get the help they not only want but need.






What do we do?
We run fundraising events to raise funds to support the school

- School discos
- Bake sales
- Xmas Fair
- Summer Fair

Who are we?
FOGR is a group of parents/guardians with children who attend Grove Road

Want to get involved?
We would welcome any help you can give e.g.

- event preparation
- Set-up
- Running events

So we can run these fun events for our children

It's also a great way to meet other parents!

Get in touch for more information

Email us at Friendsofgroveroad@gmail.com

or find us on facebook
Friends of Grove Road C.P School



Friends of Grove Road are a group of Parent/Carer volunteers associated with Grove Road Primary School. We raise funds to support the school and enhance the education of the children

Please support FOGR raise vital funds for the school by signing up to the following online initiatives

Easy Fundraising

Sign up to support us
Shop with your favourite brands
We get a bonus £5 donation
It's not magic, it's easyfundraising!

@easyfundraising

Friends of Grove Road Fundraising Ideas
Help Friends of Grove Road raise free funds today by shopping online via easyfundraising.org.uk. Shop at no extra cost and raise free donations for Friends of Grove Road!



Your School Lottery

Email us at Friendsofgroveroad@gmail.com

or find us on facebook
Friends of Grove Road C.P School



Friends of Grove Road



EVERYONE IS WELCOME

Stay informed and get involved.

Join us to find out more about what we do and how you could help us support the school.

If you would like to get involved but are unable to make the meeting please email friendsofgroveroad@gmail.com

When: Tuesday 24th October 2023 at 3:15pm

Where: Grove Road School



Join our Facebook group to hear more about our fundraising activities.



Parentkind
Member Association





Just a reminder for **Year 6 families**.

All high school applications need to be completed by 31st October 2023.

Please follow the link below for more information.

[Filling in your application form | North Yorkshire Council](#)





Light

PARTY

SATURDAY 28TH OCTOBER

4PM TO 6PM

DISCO, GAMES, CRAFTS AND TEA

BILTON AREA METHODIST CHURCH
SKIPTON ROAD, HARROGATE, HG1 3EX

£1 PER PERSON
BOOKING ESSENTIAL, EMAIL
FAMILYFUNTIMEBAMC@GMAIL.COM



THE WAY YOU MAKE PAYMENTS TO SCHOOL FOR MEALS, TRIPS AND CLUBS IS CHANGING

Following feedback on our current system, we are pleased to announce that we will shortly be changing our online payment platform to ParentPay. You will be able to pay online using your credit/debit card or make cash payments at PayPoint stores. ParentPay will be our preferred method of making payments to school.

What are the benefits to parents & pupils?

ParentPay is easy-to-use and will offer you the freedom to make online payments whenever and wherever you like, 24/7

The technology used is of the highest internet security available ensuring that your money will reach school safely - offering you peace of mind

Payments can be made by credit/debit card or also through PayPoint

Full payment histories, balance alerts and statements are available to you securely online at anytime

What are the benefits to our school?

You can help us reduce workloads for all staff as no more counting cash, chasing debt and stop cash collection services

Creates more time to lend to educational support and the smooth running of the school

Improves school security

Using ParentPay also ensures that all financial transactions are safe and secure - helping us to remove costs associated with us having to manage cash securely on the school premises

The more parents that use ParentPay, the greater the benefit is to our school.

More information will be sent out via email next week

IMPORTANT DATES



When	Event
Wednesday 11 th October – 9:00am – 10:00am	Coffee morning – Meet Mr Grayston & Mrs Winkley in the main hall.
Tuesday 24 th October – 3:15pm	Friends of Grove Road – Annual General Meeting (AGM) – Everyone Welcome
Wb. Monday 6 th November	Parents' Evenings – Monday, Tuesday & Wednesday (More information to follow)
Tuesday 7 th November – 10am	Open Morning for Reception New Starters – September 2024
Friday 24th November – 6pm start	Friends of Grove Road – Quiz Night
Tuesday 14 th November	Year 3 Visit: Ripon Museums (Crime and Punishment)
Wednesday 15 th November	Year 4 Visit: Ripon Museums (Crime and Punishment)
Thursday 30 th November	Rec/ KS1 trip to Kirkstall Abbey Museum
Thursday 7 th December	Grove Road visit the panto!
Thursday 14 th December – 3:15pm	Carols on the playground with Singing Club



IMPORTANT DATES



When	Event
Thursday 14 th December – 6pm	Rec/ KS1 Nativity
Friday 15 th December – 2:30pm	Rec/ KS1 Nativity
Wb. Monday 18 th December	Christmas Party Week (More information to follow)

