



GROVE ROAD COMMUNITY PRIMARY SCHOOL

NEWSLETTER – 25TH OCTOBER 2024



NEWSLETTER

Welcome to our newsletter, we hope you find everything you need. If there is anything else you would like to see in here, please let us know.

We have had a fantastic final week with Friends of Grove Road hosting a brilliant disco for the children on Thursday night, and our Year 5 & 6 children heading to York and the Jorvik centre for their school trip on Friday. The children were fantastic at both events, and we would like to say huge thank you to everyone who made them both possible.

We are having a non-uniform day on Friday 8th of November please see the next slide for more information.

Bookings are open for Parents Evening, please see the letter sent out earlier in the week for information about how to book your appointment.

Thank you for all your support, we hope that you have a restful half term and look forward to seeing you all when school opens again on Monday 4th November.



FRIENDS OF GROVE ROAD

**NON-UNIFORM
DAY**

FRIDAY 8TH NOVEMBER

**IN PREPARATION FOR OUR
CHRISTMAS FAIR, WE ASK YOU TO
PLEASE DONATE TO OUR BOTTLE
TOMBOLA**

**BOTTLES OF ALCOHOLIC AND NON-
ALCOHOLIC DRINKS, SQUASH,
WASHING UP LIQUID, HAND CREAM,
PERFUME, WATER, PASTA SAUCE....
ANYTHING THAT COMES IN A BOTTLE!!**

NO PERISHABLE ITEMS PLEASE

**DONATION BOXES WILL BE IN THE PLAYGROUND AT DROP
OFF/PICK UP**





IMPORTANT - SAFEGUARDING

Please can we ask for your help at home times. It is so important that we can see where all of our children are going and who with. We appreciate this can sometimes take a few minutes, but we must ensure it is right.

If you are collecting from the shelter, and the ball court, could I kindly ask that you walk round and not enter where the Year 3 & 4 children are waiting.

Thank you for your understanding and support with this.

YEAR 5 & 6

Walking permission:

We take the safeguarding and welfare of our children very seriously and as such, we wanted to take the opportunity to remind you of our policy regarding Year 5 and Year 6 children leaving school at the end of the day.

Children in Year 5 and Year 6 can only leave the school site and walk home unaccompanied if we have written permission

This includes any arrangement to meet your child outside the boundaries of the school.

If you would like your child to be able to leave the school site and walk home unaccompanied at the end of the school day, please complete this form.

[Permission to walk home unaccompanied](#)



ATTENDANCE

We know that sometimes the children are poorly and need to stay at home to get well; did you know that you can report a pupil absence via the school website?

[Report an absence](#)



FRIENDS OF GROVE ROAD



FOGR
Committee Meeting

SUPPORT YOUR SCHOOL WHEN YOU SHOP!

There are several ways you can help raise money for Grove Road just by doing your normal shopping!

ASDA CashPot for Schools

What I need to do: sign on to the app.

RUNS TO END NOVEMBER.

1. In the app, it tells you that you can save the money you already earn as you shop and give it to your nominated school.
2. Choose Grove Road Primary School!
3. Now every time you shop and earn rewards, you can pass the rewards to Grove Road.
4. Anyone can check on the app how much money has been raised. So far (to 06/09/2024) we have already raised £104 (thanks to Emma Forsyth for checking this for us)

EASYFUNDRAISING

What I need to do: sign up on <https://www.easyfundraising.org.uk/create-an-account/>

(Info taken from the easyfundraising website)

1. Launched in 2005, the community of over 2 million supporters has raised over £50 million for thousands of causes across the U.K.
2. Brands pay a commission because when you start your shop from the easyfundraising website or app, they can see they sent you to them. If you make a purchase, a commission is generated, and they turn that into a donation - magic!
3. You tell the app which shops you want easyfundraising to pass on the commission and they will make sure it goes to Grove Road.
4. FOGR gets regular updates on money made this way.

YOUR SCHOOL LOTTERY

What do I need to do: go online and purchase as many tickets as you wish for £1 each.
https://www.yourschoollottery.co.uk/lottery/school/grove-road-community-primary-school?utm_campaign=cause-page-social-share&utm_source=cause-page&utm_medium=social&utm_content=Hyperlink

(Info taken from the Your School Lottery website)

1. Your School Lottery is a fun and effective way for your school to raise funds. Joining is easy and FREE. Send your supporters to your very own Your School Lottery page and collect 40% of all ticket sales made.
2. All supporters will get the chance to win amazing cash prizes every week. Including a jackpot prize of £25,000. All for just £1 per week. The draw is made every Saturday.
3. We had a (small) winner in August.



School Uniform

We are proud of our uniform at Grove Road. We encourage the children to look smart as we believe that it gives them a sense of belonging and pride in our school. Ask for your co-operation in supporting the uniform policy at Grove Road.

We expect all children to wear our school uniform every day:

- **Maroon jumper or cardigan**
- **White shirt, blouse or polo shirt**
- **Dark grey trousers/shorts or skirt**
- **Grove Road School tie (optional)**
- **White, black, grey socks**
- **Checked or striped red dresses for summer wear**
- **Sensible black school shoes (not trainers.)**

Please note that trainers are not allowed as general school footwear.

P.E. clothing is essential. Plimsolls are only appropriate for outdoor PE for Early Years pupils. Children come to school in their PE kit on the days when they have PE your child's class teacher will tell you what day this is.

They will need to wear:

- A plain T-Shirt
- A pair of shorts or joggers/leggings
- Pair of plimsolls or trainers
- School jumper or cardigan

Football kits should not be worn for PE lessons



10 Top Tips for Parents and Educators

SUPPORTING YOUNG PEOPLE TO BUILD EMOTIONAL RESILIENCE

With increasing societal pressures, many children struggle with managing emotions, facing challenges and processing failure in a healthy way. This is why building emotional resilience in young people is vital for their mental health and personal success. This guide provides practical strategies for parents and educators to help children develop resilience and foster confidence, adaptability and a positive mindset.

- 1 ENCOURAGE OPEN COMMUNICATION**

Regularly engaging children in open dialogue fosters trust and emotional expression. Encourage them to share their thoughts and feelings freely without judgment. Set aside time daily, perhaps during dinner, to ask open-ended questions such as, "What's made you happy today?". This encourages children to express themselves openly.
- 2 MODEL POSITIVE BEHAVIOUR**

Children often learn how to manage emotions by observing adults. By modelling calm and positive responses to challenges, you can teach them valuable emotional management skills. If you've had a difficult day, verbalise how you're feeling and explain how you plan to handle it, such as "I'm a bit worked-up, so I'm going for a walk to clear my mind."
- 3 TEACH PROBLEM SOLVING SKILLS**

Helping children break down challenges into manageable steps encourages a proactive mindset. Explain that every problem has a solution, even if it's not immediately obvious. For example, if a child is stuck on homework, support them in breaking the task into smaller steps, saying things like "Let's focus on just this first question for now."
- 4 FOSTER A GROWTH MINDSET**

Encourage young people to view mistakes as learning opportunities. A growth mindset helps them see setbacks as part of the process, rather than something to be upset about. After a child loses a game or performs poorly on a test, for example, ask them what they've learned from the experience. This reinforces the idea that effort – and even failure – leads to improvement.
- 5 PROMOTE SELF-CARE PRACTICES**

Teaching children about self-care helps them understand the importance of balancing work with relaxation to maintain emotional wellbeing. Parents and carers could start a screen-free hour before bedtime where the family engages in relaxing activities like reading, setting an example to the child for how to unwind.
- 6 BUILD HEALTHY RELATIONSHIPS**

Strong relationships with peers and adults provide a support system that enhances resilience. Encourage positive, respectful interactions to develop social skills. Playdates or group activities can be instrumental in teaching children how to resolve conflicts with friends by modelling and practicing calm communication.
- 7 SUPPORT EMOTIONAL AWARENESS**

Helping children to identify and name their emotions allows them to manage those feelings more effectively. When a child's upset, encourage them to talk to you about what they're feeling in an empathetic and supportive manner, and ask them why they might be experiencing these emotions.
- 8 ENCOURAGE INDEPENDENCE**

Giving children opportunities to make their own decisions boosts confidence and problem-solving skills. A good example of this would be letting children choose and pack their own lunches for school, guiding them with options but allowing them to assume responsibility for the task to help them take ownership.
- 9 DEVELOP COPING STRATEGIES**

Teaching children techniques like mindfulness, deep breathing or journaling can help them to manage stress. Show them how to perform breathing exercises when they're feeling anxious, and practice this regularly. Reinforcing this behaviour in young people will make it easier for them to use these techniques of their own accord during stressful moments.
- 10 CELEBRATE SMALL WINS**

Recognising effort, no matter how small, reinforces perseverance and encourages children to keep trying. After a child completes a difficult task, makes progress on a project or reaches another type of personal goal, praise their efforts. Emphasise the hard work they've put in and be sure to let them know how proud you are!

Meet Our Expert
 Adam Gillett is Associate Vice Principal for Personal Development at Peristone Grammar School and works on a secondment one day a week for Minds Ahead, which works with schools on improving their mental health provisions.



SAFEGUARDING



Grove Road Community Primary School Safeguarding Team



Designated Safeguarding Lead
James Grayston
Headteacher



Deputy Designated
Safeguarding Lead
Sue McGrogan
Parent Support Adviser



Deputy Designated
Safeguarding Lead
Dawn Winkley
Deputy Head & SENDCo



Deputy Designated
Safeguarding Lead
Charlotte Davison
Assistant Head

Information about our Lead Governor for Safeguarding is on our website.

For further advice / referral information, please contact:
North Yorkshire Safeguarding Children Partnership
<https://www.safeguardingchildren.co.uk>

- Please visit our school website for more information and links to safeguarding websites.
- [Grove Road Safeguarding Page](#)
- For more information about keeping children safe please click here:
- [NSPCC – Keeping Children Safe Online](#)
- These websites have wonderful advice about children keeping safe on Instagram and other social media sites
- [NSPCC – Share Aware](#)
- [CEOP Police Safety Centre](#)



IMPORTANT DATES



When	Event
Monday 2nd September	School Closed — INSET DAY
Tuesday 3rd September	School Closed — INSET DAY
Wednesday 4th September	School Open
Thursday 19 th September — 3:30pm — 4:00pm	Meet the Teacher — Come into school, see the classrooms and chat with teachers
Tuesday 24 th — Thursday 26 th	Scholastic Book Fair afterschool — bottom hall
Thursday 24 th November	School Disco (See slide 3)
Friday 25th October	School Closes for Half Term
Monday 4th November	School Open
Thursday 7 th November	Parent Consultations
Friday 8 th November	Non uniform day – Bring a bottle donation see slide 3 for details
Tuesday 12 th November	Parent Consultations
Wednesday 13 th November	Individual School Photographs
Friday 6 th December	Christmas Fair (Details to follow)
Thursday 12 th December	Christmas Jumper Day
Friday 20th December	School Closes for the Christmas Break

