



Friday 29th January 2021

The Grove Valer

PE Challenge

To promote healthy lifestyle at home and at school, over the next few weeks we will be running a small competition with one fitness-based task given per week that the children can complete and then record their times/scores. These scores will then be tallied, and a class score will be achieved. Prizes will be on offer for the children with the most progress!



Week 2 challenge: week beginning 1st Feb
Speed bounces!

If you are at home, put a pair of socks or a small cone on the floor and see how many times you can jump over it, two feet together, side to side in 30 seconds!

TRAINING DAY

There will be a training day on **Friday 12th February**. Please note school will be closed to all key worker and vulnerable children and there will be no remote learning on that day.

Parents evening

We are hoping to hold virtual parent consultations during the week beginning 22nd March. More information will be sent out regarding this.

February Half term

Please note that school will be closed to all pupils over the half term holiday—week beginning Monday 15th February. The new half term will begin on Monday 22nd February.

Virtual School Library

Oak National Academy, in partnership with the National Literacy Trust have created a free virtual library. Every week a popular children's author or illustrator will provide



free books, exclusive videos and their top three recommended reads. Having access to a school library is really important for children. School libraries nurture a love of reading that can enrich children's literacy skills, academic achievements and mental wellbeing. This Virtual School Library will complement existing school libraries and will ensure that children have access to the magical world of stories all year round, whether they are learning at school or at home.

This week's author is Nizrana Farook, and her book 'The Girl Who Stole an Elephant' is available to read free online.

Just visit: <https://library.thenational.academy/>

Welfare phone calls

Staff will be making welfare calls to parents of children not currently in school to check in and find out how you are. These calls may come up as 'number withheld'. If you receive a phone call with this message please be aware that this may be the school trying to get in touch.

LFT Testing for staff

You may have heard on the news that from week commencing 25th January all staff in primary schools will be offered rapid testing twice a week. Our tests have now arrived, and staff are beginning to use them. Please note that in the event of a positive result the member of staff will self- isolate immediately and take a PCR test following the current public health guidance. The bubble would also be closed pending the result of the PCR test.

This will mean that year group bubbles may be forced to self- isolate at short notice. We will endeavour to give as much notice as possible, but this could be on the morning before the start of the school day.

If the member of staff has a negative PCR result, the bubble will be called back into school. In the event of a positive PCR test, the bubble will be advised of the period of self-isolation following public health guidance.

Thank you for your continued support at this challenging time.

Be Resilient Challenge Week

As you are aware, this half term's core value is Be Resilient. To promote this we are going to have a 'Be resilient challenge week.' There is a timetable of activities that can be completed as a family. The challenges start on Monday 1st February and finish on Sunday 7th—make sure you send us lots of photos and videos of what you have been doing. Good luck everyone!

Start:

This week is **well-being and mental health** week. As part of this, we would like for you and your families to work together and take part in the Grove Vale **BE RESILIENT** challenge week to help promote thinking and dealing with life challenges and pressures. Remember showing resilience means you will bounce back from things you find difficult and keep trying. Don't forget to upload your challenges to your SharePoint area. Good Luck!

Monday 1st February 2021

Try to walk over 6000 steps today.



Tuesday 2nd February 2021

Set yourself a target you will challenge yourself to beat later on in the week. For example: -How many skips in a minute? -How many speed jumps in a minute? -How long can you hula hoop for? -Can you learn to tie your own shoelaces?



Friday 5th February 2021

Play a memory game as a family. (e.g. the shopping game - 'I went shopping and I bought a [puppy]'; the next person says, 'I went shopping and I bought a [puppy and a bike for my t-rex]'; next person ... 'I went shopping and I bought [a puppy, a bike for my t-rex and a hot air balloon] - the winner is the last one standing who doesn't forget something on the shopping list.

Thursday 4th February 2021

Make an origami paper animal.



Wednesday 3rd February 2021

Using only newspaper and cello tape. You must build the tallest tower you can.

- Rule 1: You must only use newspaper and cello tape.
- Rule 2: You can't attach the newspaper to any walls or ceilings.
- Rule 3: Your tower must be able to stand on its own!

Saturday 6th February 2021

Try and beat the target you set earlier in the week. Did you beat it?



Sunday 7th February 2021

Wake up early and meditate or do a yoga exercise



Finish:

WOW- What a week!
Grove Vale well done for completing all the 'Be Resilient' challenges this week!



Grove Vale Bake Off

Thank you to all the pupils who sent in photos of their baking. Well done to Amber in 2P for her chocolate fudge crinkle biscuits, Savannah in 6H's rainbow cake and avocado biscuits, Amber in 4A's toad in the hole and Muneet in 6C's making some yogurt dip for her samosas.



Our Shining stars

This week's shining stars:

1K—[Owen](#) For a fantastic effort with his home learning this week. Owen completed a detailed character description about Paddington Bear, remembering to use a range of adjectives and conjunctions. He had listened in the live teaching lessons and took on board what was asked of him.

1P—[Lucas](#) For a brilliant effort with his home learning this week. Lucas has worked exceptionally hard with his parents at home to complete his character description about Paddington Bear. Lucas has listened and contributed within the live teaching sessions and has made a huge improvement with his handwriting style.

2D—[Narayan](#) For being such an absolute delight and working so hard. Narayan's smile brightens up every live lesson that we have. He works super hard, tries his best and puts all of his effort into his lessons. Well done Narayan.

3k—[Jeevan](#) is this weeks shining star. He consistently makes a positive contribution during all remote learning

3B—[Malik](#) has been selected for this weeks shining star as he is a fantastic role model for both his peers and the entire school!! He demonstrates our code of conduct to the highest standard 4A—[Archie](#)—having an incredible dedication to remote learning and always being one of the first to upload his work.

4A—[Jacob](#) Even though going into week 4 over remote learning has been challenging for Jacob, he has persevered showing such resilience as well as producing work of an exceptional standard going above and beyond to impress. Well done!

4H—[Arjun](#) For being such a wonderful, hardworking member of our year 4 bubble. He has been such an active part of all our lessons, sharing his thoughts and always being kind and helpful towards others. A true delight.

5MJ—[Emilia](#) For putting amazing effort in to all her home learning! Emilia always listens carefully to instructions and completes work to the best of her ability. She also uploads it promptly so I can see her fantastic work.

5M—[Kyvon](#) For working extremely hard with his remote learning and uploading work on time! Mrs Mansur is very impressed with how you have organised your yourself during this time!

Year 6 Remote learners—[Savannah](#) For always trying her best and taking part in discussions by adding interesting information and key points to further learning.

Year 6 school bubble—[Rishabh](#)—For tackling all work with great positivity and being extremely helpful to other children in class, checking they are ok and just generally being a lovely, caring young man

Times Table Rock Stars.

Each week, Mr Ahearn monitors Times Tables Rock stars to see who has been the most active users in each class. Well done do these children:

3K—[Rayhaan](#)

3B—[Jovan](#)

4A—[Amber](#)

4H—[Joanne](#)

5MJ—[Zach](#)

5M—[Georgia](#)

6H—[Ronnie](#)

6C—[Iga](#)

