**Life Skills**

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|  | Autumn | Spring | Summer |
| Year 1 | Basic self care-zips, getting changed, shoe laces. | Road safety | Morning routine-brushing teeth, washing face, making breakfast, getting dressed. |
| Year 2 | Stranger danger | Dialling 999 | Basic money management – count and give change-compare quality and prices basic |
| Year 3 | Basic DIY/gardening | Pitching a tent/camping | Typing skills, filling in forms, speaking on the phone, writing official letters |
| Year 4 | Cooking a basic meal – following recipe | Social etiquettes/table manners/manners etc | Cleaning up and using household appliances.-Folding clothes-Washing machine-Dishwasher-Washing up |
| Year 5 | Bikeability-looking after a bike-looking after a car (washing car, costs of running a car) | Cooking – café – people skills | Money management-savings-budgets-real life money management-compare quality and prices |
| Year 6 | Life saving | First Aid | Getting the bus |