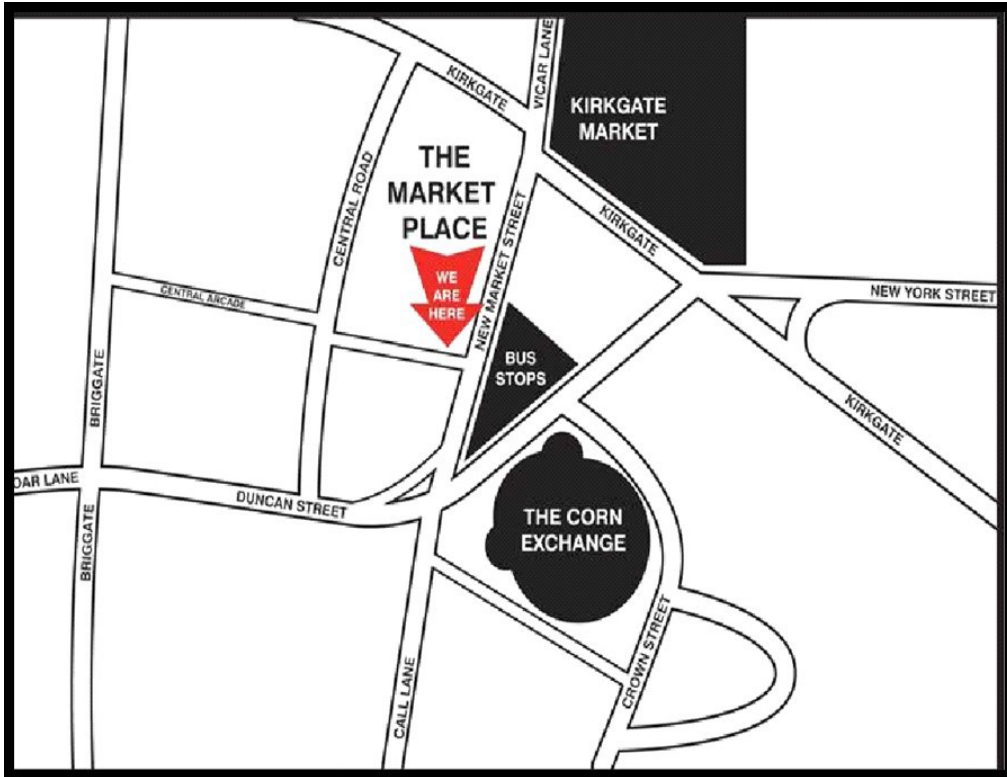
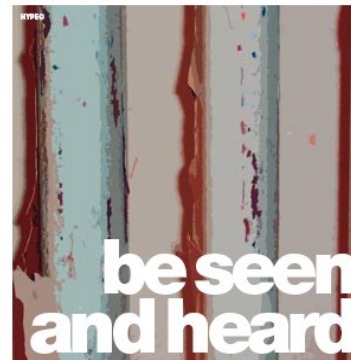


How to find us



The Market Place

here to listen, here to help today's young people



Services Include

Long-term Counselling: one to one support for 11-23 year olds for 6 months—12 months. A private and confidential space with someone who will listen and respect you and who will not judge. Including exploring historic issues or current or complex issues that have been present for some time. If you have been in Care or a Care leaver then we can provide priority access to our Counselling Service.

Short-term Counselling: 12 one to one sessions for ages 11-23. Priority for young people who have been in Care or a Care leaver. Support with a counsellor exploring issues including space to explore feelings that may be relatively recent.

Fast Access Counselling and Support: 4 sessions of one to one support for 11—25 year olds supporting with current issue preventing things getting worse or deteriorating.

Bereavement Counselling: 6 sessions for 11-19 year olds focusing on bereavement or living loss. Working with a counsellor who is trained and experienced in supporting young people who have experienced a bereavement or death of any kind. (If you are 11 or 12 years old then we will need consent from an adult in your life to be able to support you.)

My Plan: 8 sessions for 11-17 year olds with a youth worker providing practical and emotional support. One to one support—solution focused can be a mixture of practical and emotional support. Workers support you to make a plan which is individual to you and at your own pace. It offers a space to work in a practical way or just to talk.

Drop-in: The Drop-In is open to all young people 13-25 years old. We can offer you support which is informal, non-judgemental and confidential on any issues that you want to bring. We also provide free condom service, free pregnancy testing, and free chlamydia and gonorrhoea testing.

Workshops: We have 6 one-off workshops for 11-17 year olds exploring certain issues and offering coping strategies. Workshops are on either Exam Stress, Self-Harm, Healthy Relationships, Self-Esteem, Anger Management, or Anxiety.

Voice and Influence: We have two voice and influence groups. SHOUT for ages 11-14 and HYPE for ages 15-25. These groups meet every 2 weeks to have their voices heard, meet socially, and help improve young people's services.

Drop-In is open seven days a week

Monday 3pm—6pm	Tuesday 3pm - 6pm	Wednesday 3pm—6pm	Thursday 3pm—6pm	Friday 6pm—9pm
		Saturday 2pm—4pm	Sunday 2pm—4pm	

During Drop-In opening times we try and offer every young person 20-30 minutes of support.

Other things we do in drop-in:

Free condom service - you can register on the **c-card** scheme

Free pregnancy testing

Free Chlamydia and Gonorrhoea testing

If you have specific needs please contact us, as the Market Place aims to be as accessible as possible to all young people.

Counselling, Bereavement Support and My Plan is by appointment only.

Making Contact

Come see us during Drop-In hours for information and support at:

18A New Market Street, Leeds, LS1 6DG (above 'Hair City') or you can [contact us](#) using any of the following:

Call us: 0113 246 1659

Email us: admin@themarketplaceleeds.org.uk
youthwork@themarketplaceleeds.org.uk
counselling@themarketplaceleeds.org.uk

Click on: www.themarketplaceleeds.org.uk

Mail us : 18A New Market Street, Leeds, LS1 6DG



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