



# The Gusford Gazette

Please remember we break up for half term on Friday 20th October and return after the holiday on Monday 30th October.

Issue 237

Friday 20th October 2023

Circulation: 540

## Year 5 Girls Football Champions

On Wednesday afternoon, our Year 5 Girls team played brilliantly to win the Ipswich Schools' Football Festival.

## Parents' Evenings

It was great to see so many families at our Parents' Evenings' this week. When we work together there are no problems that can't be solved. Thank you for your support.

## Toilet Training

We would like to invite our EYFS parents to this engaging workshop about toilet training including advice, tips and tricks to support your child to confidently use the toilet. This will be led by a health visitor and is on Tuesday 31<sup>st</sup> October 9:00 -10.00am. Please come to the school office if you would like to attend.

## New Lunchtime Menu

After the October half-term, there will be a new lunchtime menu (still a three week cycle). Please see the attached. It has been updated. It still looks great. We start on week 1 on Monday 30th October

## MS Day

Thank you for supporting our Multiple Sclerosis Day. In total we raised £301.50. This is brilliant.

## Attendance Matters

Our attendance this week was 94.4%. 3RS were the highest attenders with 98.7%. Quite simply if the children are in school they are much more likely to be successful in their learning. Thank you.

## Awareness Days and Whole School Diary Dates

**Pumpkin Carving Competition**-Tuesday 31st October. Bring pumpkins to school in the morning and take them home at the end of the day.

Wednesday 1st November-**Attendance Celebration** (for all those children with 96% attendance and above). 10.30am.

We are holding an **Open Evening** on Thursday 2nd November 6.00-8.00pm in the school hall. You can phone up and book in or just turn up on the night. You are also welcome to ring the school at anytime and the Headteacher will show you around while the children are at work.

Friday 10th November-**Remembrance Day Service** 10.45am,. We will also be sending a small group of children to the British Legion's Schools' Service at Ipswich Cemetery.

Friday 17th November-**Snowwhite LIVE!** In the school hall. £1.00 donation please.

Friday 1st - Sunday 3rd December. St. Francis Church **Christmas Tree Festival** which will take place over the weekend. Look out for our tree

## Nursery/Reception Christmas Performances

Two performances, 7th and 8th December starting at 2.00pm.

## Tuesday 12th December- School Disco

Reception 2.30-3.00pm

Y1/2/3 3.30-4.30pm

Y4/5/6 5.00-6.30pm

Wednesday 13th December-**School Christmas Lunch and Christmas Jumper Day**

## Year 1/2 Christmas Performances

Two performances, 18th and 19th December starting at 2.00pm

Friday 15th December-**Ipswich Town Day** (money raised towards installation of a school flag pole £1.00 donation)

Friday 2nd February-**World Cancer Day** (Sunday 4th). Non-uniform £1.00 donation. All money raised to CRUK.

Thursday 7th March-**World Book Day** (dress up as your favourite book character. No donation just celebration)

Friday 21st June-**Suffolk County Day** (wear something connected to Suffolk). No donation just celebration.

## Sports Days

Nursery and Reception - Monday 1st July 10:15-11:45am

Years 5 and 6 - Tuesday 2nd July 1.30pm

Years 3 and 4 - Wednesday 3rd July 1.30pm

Years 1 and 2 - Thursday 4th July 1.30pm

## Pumpkin Carving Competition

Tuesday 31st October. Bring in your pumpkins in the morning, we'll put them on display outside the Year 3 classrooms, choose 3 winners and you can then take them home at the end of the day.

1. Classic pumpkin
2. Most intricate carving
3. Best decorated

## This Week's Challenge

Oscar in 4AB, Harrison in 4LB and Oliver in 1NG have worked out that there are 6 different ways to do up the three buttons on my coat. Perhaps I'll stick to a zip! Well done boys. Prize on its way to you.

## Holiday Challenge

Have a go at pumpkin carving and enter our competition on the Tuesday we get back.

## Ipswich Town FC in the Community

On Wednesday afternoon, ITFC teamed up with Suffolk County Council and visited our school to talk to the children about sustainable living. The children were fascinated. Thank you.



## Courage and Bravery

### A message from Mrs Howard-Kraft

Sunday evening, on the way home from a wonderful day at Legoland, the boys were in our car when it overheated and stopped dead in live traffic on a very busy M25. I managed to get the car over into the inside lane (we were in the fast lane at the time) and before we could reach an emergency stop bay the car died completely. We had to very quickly whip the boys from their car seats, out of the car, into the freezing cold temperature and run them up the grass bank. Our car still sat in live traffic. Now, of course, at first they were both very upset and scared but they listened to me and Chris while I called the police, they stayed calm and extremely brave.

We were eventually towed to the emergency stop bay by the highway officers but we were then left for 4.5 hours, in a car with no heating, where we all had to remain strapped in our seat belts, not knowing when or how we were getting home and quick frankly if the next vehicle was going to hit us. Mentally this took a toll on me so we are talking regularly with the boys to make sure they are ok. The Highway Officers provided us with foil blankets for warmth, even that visual to a child is very unusual, unnerving and scary. We are members of the AA and we kept getting told they would be with us in 40 minutes, unfortunately they kept adding another 40 on each time to deadline approached. The boys, at such a young age, were sat in this car, with lorries and cars speeding towards us every second. Not once, did they moan, complain, whinge or create any kind of fuss. I can't tell you how brave and proud of these boys we are. I was absolutely petrified, so how they held it together is beyond me.

## Our Year 2 Teachers



Miss Cook



Mrs Bond and Miss Bradley



Mr Webber



## WEEK ONE

30/10/2023  
20/11/2023  
11/12/2023  
15/01/2024  
05/02/2024  
04/03/2024  
25/03/2024

Option one

1 Cheese and Tomato Pizza with Pasta Salad

A choice of Burger (Beef & Bean or Vegan) with Toppings and Potato Wedges

Roast of the Day, Stuffing Roast Potatoes & Gravy

Spaghetti Bolognese with Garlic Bread

Fishfingers with Chips & Tomato Sauce

Option two

NEW Chef Mariam's Vegetable Couscous

Vegetables of the Day

Veg Wellington, Stuffing, Roast Potatoes & Gravy

Veggie Bolognese with Garlic Bread

Cheesy Bean Pasty with Chips & Tomato Sauce

Vegetables

Vegetables of the Day

Vegetables of the Day

Vegetables of the Day

Vegetables of the Day

Vegetables of the Day

Dessert

Mandarin and Cinnamon Cake

Fruit Jelly with Mandarins

NEW Melting Moment Biscuits

NEW Jam Sponge and Custard

Oaty Cookie



## Menu for after half-term

Autumn/ Winter 2023/ 2024	GUSFORD	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>WEEK ONE</b>  30/10/2023 20/11/2023 11/12/2023 15/01/2024 05/02/2024 04/03/2024 25/03/2024	Option one  Option two  Vegetables  Dessert	Cheese and Tomato Pizza with Pasta Salad  <b>NEW</b> Chef Mariam's Vegetable Couscous  Vegetables of the Day  Mandarin and Cinnamon Cake	A choice of Burger (Beef & Bean or Vegan) with Toppings and Potato Wedges  Vegetables of the Day  Fruit Jelly with Mandarins	Roast of the Day, Stuffing Roast Potatoes & Gravy  Veg Wellington, Stuffing, Roast Potatoes & Gravy  Vegetables of the Day  <b>NEW</b> Melling Moment Biscuits	Spaghetti Bolognaise with Garlic Bread  Veggie Bolognaise with Garlic Bread  Vegetables of the Day  <b>NEW</b> Jam Sponge and Custard	Fishfingers with Chips & Tomato Sauce  Cheesy Bean Pasty with Chips & Tomato Sauce  Vegetables of the Day  Oaty Cookie
<b>WEEK TWO</b>  06/11/2023 27/11/2023 18/12/2023 22/01/2024 19/02/2024 11/03/2024	Option one  Option two  Vegetables  Dessert	Tomato Pasta  Macaroni Cheese  Vegetables of the Day  Lemon Drizzle Cake	Sausage Roll with 1/2 Jacket Potato  Pho! Mexican Bean Roll with 1/2 Jacket  Vegetables of the Day  Apple Crumble with Custard	<b>CHICKEN SHACK</b> Roast Chicken, or Roasted Quorn Fillet Stuffing, Roast Potatoes and Gravy  Vegetables of the Day  Peaches and Ice Cream	Meatballs in a Tomato Sauce with Rice  Veggie Meatballs in Tomato Sauce with Rice  Vegetables of the Day  Chocolate Drizzle Cake with Chocolate Sauce	Fishfingers with Chips & Tomato Sauce  Quorn Burger with Chips & Tomato Sauce  Vegetables of the Day  Vanilla Shortbread
<b>WEEK THREE</b>  13/11/2023 04/12/2023 08/01/2024 29/01/2024 26/02/2024 18/03/2024	Option one  Option two  Vegetables  Dessert	<b>NEW</b> A choice of Tomato or Carbonara Pasta with Toppings  Vegetables of the Day  Iced Sponge	Mexican Beef with Rice  Vegetable Fajitas with Rice  Vegetables of the Day  <b>NEW</b> Chocolate Orange Cookie	Sausages, Onions and Gravy with Roast Potatoes  Veggie Sausages, Onions and Gravy with Roast Potatoes  Vegetables of the Day  Fruit Jelly with Pineapple	Chicken Pie with Mashed Potatoes  Creamy Vegetable Pie with Mashed Potatoes  Vegetables of the Day  Peach Upside Down Cake with Custard	Fishfingers or Salmon Fishcake with Chips & Tomato Sauce  BBQ Quorn Fillet with Chips  Vegetables of the Day  Cornflake Tart
<b>MENU KEY</b> Added Plant Power  Wholemeal  Vegan  Chef's Special  Available Daily: - Freshly cooked jacket potatoes with a choice of fillings - Bread freshly baked on site daily- Daily salad selection						
<b>ALLERGY INFORMATION:</b> If you would like to know about particular allergens in foods please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child. We use a large variety of ingredients in the preparation of our meals and due to the nature of our kitchens it is not possible to completely remove the risk of cross contamination.						
<b>caterlink</b> feeding the imagination						

## Gusford Primary School Homework Expectations

Year	Reading	Phonics/Spelling/Grammar	Maths
Nursery	10 minutes per day (5 days per week) Book change day is Monday	Phase 1 Phonics Activities These are in your child's bookbag.	EYFS Maths at Home This is in your child's bookbag.
Reception	10 minutes per day (5 days per week) Book change day is Thursday	Little Wandle Phonics Worksheets Given after each new sound is learnt/ recapped	Numbots
Year 1	10 minutes per day (5 days per week) Book change day is Thursday	Phase 5 Phonics Worksheets Given after each new sound is learnt/ recapped	Numbots
Year 2	10 minutes per day (5 days per week) Book change day is Thursday	Spellings (3 times per week) Set on Friday	Numbots/Times Table Rockstars (3 times per week)
Year 3	10 minutes per day (5 days per week) Book change day is Friday	Spellings (3 times per week) Set on Friday	Times Table Rockstars (3 times per week)
Year 4	10 minutes per day (5 days per week) Book change day is Wednesday	Spellings (3 times per week) Set on Friday	Times Table Rockstars (3 times per week)
Year 5	10 minutes per day (5 days per week) Book change day is Monday	1 grammar activity per week set on Learning by Questions Set on Friday	1 maths activity per week set on Learning by Questions Set on Friday
Year 6	10 minutes per day (5 days per week) Book change day is Tuesday	1 grammar activity per week set on Learning by Questions Set on Friday	1 maths activity per week set on Learning by Questions Set on Friday

Make sure you sign the reading diary every time your child reads as they will get a golden ticket for each read.

## Champions of Ipswich

Our Wednesday afternoon, our Year 5 Girls' Football Team won all 4 matches and did not concede a single goal. Working as a solid team they were on top form. Our best winning score was 10-0. Mr Garwood says they have worked so hard and deserved the trophy and he is sure there will be many more to come. Big thank you to the parents for their continued support.



The Year 3/4 Boys' Team played some amazing football too, only conceding 2 goals through all their matches. Unfortunately, they lost in the semis on penalties. An amazing group of boys who are sure to have some great wins to come. Massive thank you to Darren Prime for coaching the boys' team.







Education & Skills  
Funding Agency

# Learning in Families



Coming Next  
Term

to

Gusford Primary  
school

## Free Family Festival workshop

Suitable for parents, grandparents  
or carers and their children.

Come and share activities  
together!

### **WHEN:**

18<sup>th</sup> January 2024  
afternoon

### **WHERE:**

Gusford Primary school

### **HOW TO BOOK:**

Watch out for the  
letter of invitation  
from the school next  
term!

### IN PARTNERSHIP WITH:

Gusford Primary School





# What Parents & Carers Need to Know about EA SPORTS FC 24

After two decades of holding the official FIFA licence, EA Sports' phenomenally successful football video game series has embarked on a solo run at goal. This season's iteration marks the debut appearance of a new name and branding, but don't let those fool you – EA Sports FC 24 is still a very similar proposition to last year's FIFA 23. Popular features such as Ultimate Team remain a big focus, meaning that potentially costly in-game spending is still among the line-up of risks that parents and carers should be aware of.

## WHAT ARE THE RISKS?

### RECURRING RELEASES

EA Sports FC 24 effectively picks up the FIFA template – meaning that after a year, we can expect EA Sports FC 25 to hit the shelves. Updates between versions of the FIFA franchise tended to be minor, but young fans of the game are almost certain to want the new edition in around 12 months' time, so they can keep playing with updated team kits, players and squad lists.

### OFFENSIVE VOICE CHAT

FIFA 23 introduced cross-platform play, and EA Sports FC 24 goes a step further with Clubs, Seasons and Ultimate Team cooperative modes across PlayStation 5, Xbox Series X and S, and PC. There's exciting news for youngsters who love to play with friends online – but connecting a much wider audience does potentially open lines of communication between children and far older online gamers.

### IN-GAME PURCHASES

In FIFA, Ultimate Team proved to be a profitable innovation for developers Electronic Arts (EA), and is now found in many of their other titles. Players spend in-game currency to recruit better footballers for their team, but this process can take a frustratingly long time – so young fans may be tempted to skip the grind by paying real-world cash to unlock that coveted star midfielder.



### ULTIMATE TEAM SCAMMERS

Since the mode was introduced, Ultimate Team has been a target of scammers who attempt to coax players into buying or selling outside the terms of service from EA and console manufacturers. This shady practice can lead to accounts being banned and in-game items being lost. In some cases, young gamers have also been hoodwinked into handing over their payment details to the fraudsters.

### POTENTIAL FOR ADDICTION

Just like real-life football, EA Sports FC 24 offers a thrilling, dynamic blend of tactical awareness and skill that fans find absolutely engrossing. Among younger players in particular, this could lead to indicators of a gaming disorder as they plead for "just one more game" before bedtime or spend practically all weekend playing more matches to earn additional Ultimate Team packs.

## Advice for Parents & Carers

### CONTROL SPENDING

If your child enjoys Ultimate Team mode, check that your payment details aren't linked to their account. Bundles of FC Points (the game's currency) start at just £1, so multiple payments can easily slip under the radar. You could consider setting your child an in-game allowance, perhaps through a prepaid card, which will help them to realise that online spending has a real-world effect.

### DEFEND AGAINST SCAMMERS

EA does contact players via email (although not to ask for usernames or passwords, so watch out for that scam tactic), but never through the game itself – so be wary of incoming messages and consider blocking and reporting suspected spam. Your child should avoid buying coins (the in-game currency) from external sites: it could end with them losing their money and being banned from the game.

### AVOID EXTRA TIME

Many parents of young football-oriented gamers worry about their child playing too much EA Sports FC. There's now also a companion mobile app, which can also often provide another indicator that a child is struggling to disengage from the game. You could initiate discussions around set hours of play – or take stronger action by utilising the parental controls on their console or phone.

### SHOW TOXIC CHAT THE RED CARD

Playing EA Sports FC 24 with friends is highly enjoyable, but if competitive types start to turn toxic online, it can ruin everyone's fun. You could occasionally listen in on the voice chat of your child's game for any warning signs that things may be about to boil over. This goes double when playing online with strangers: voice contact with unknown players can be turned off in the game's settings.

### CELEBRATE THE VARIETY

Ultimate Team may be the game's 'star player', but there's plenty more to do in EA Sports FC 24 – including modes which allow access to all of football's big names without needing to spend money on packs to unlock them. This new version of the game includes even more women's teams, marking another step forward in representation: an important subject to discuss and celebrate with children.

### Meet Our Expert

Lloyd Coombes is Editor in Chief of gaming and esports site GGRecon and has worked in the gaming media for around four years. Always eager to test out the latest apps, games and online trends, he's also a parent who understands the importance of online safety. Writing mainly about tech and fitness, his articles have been published on influential sites including iGHT and TechRadar.



Source: <https://www.windowscentral.com/youngster-spends-over-8000-fifa-xbox-highlighting-predatory-game-design-qa> | <https://www.who.int/news-room/questions-and-answers/item/addictive-behaviours-gaming-disorder> | <https://www.eurogamer.net/18-european-countries-call-for-better-regulation-of-loot-boxes-following-new-report>

@natonlineafety

/NationalOnlineSafety

@nationalonlinesafety

@national\_online\_safety

Users of this guide do so at their own discretion. No liability is entered into. Current as of the date of release: 18.10.2023