



The Gusford Gazette

This week's attendance was 94.6%. Little Dragons AL had the highest attendance with 98.1%.

Issue 2418

Friday 19th January 2024

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Snow Days

We have enough staff who can walk to school to keep open almost whatever the weather. We aren't reliant on busing the children either; so unless our utility services break down, we will be able to cope with most snow days without closing (subject to advice from the Trust or outside agencies). If it snows, bring in wellington boots and a change of socks/gloves. If we do need to close, we will let you know by Parentmail, Twitter, Facebook, the school website and local radio.

Aliens in School

Miss Law says this week a UFO crashed in the reception playground. The children have been investigating planets and aliens!



Reading Books and Reading Diaries

Please remember to send in your child's reading book and reading diary everyday. Thank you.

School Attendance Fines

Please note that if your child has more than four days unauthorised absence then both parents will be issued with a £60 fine. It may appear a little harsh but our approach has to be clear and unequivocal. Thank you for your support in this matter.

Awareness Days and Whole School Diary Dates

Friday 2nd February. **World Cancer Day.**

Bikeability

5/2 and 6/2 - 5NT

7/2 and 8/2 - 5SI

12/2 and 13/2 - 5LP

14/2 and 15/2 - Year 6

Monday 5th February and Wednesday 7th February. **Parents' Evenings.** Please book an appointment via Parentmail.

Tuesday 6th February. **Safer Internet Day.**

Wednesday 7th February. **Our Big Schools' Birdwatch.**

Friday 9th February. **Gusford Performing Arts Festival.**

Tuesday 13th February. **Pancake Day (Shrove Tuesday).**

Wednesday 14th February. **Valentine's Day.**

End of Term. Friday 16th February.

Start of Term. Monday 26th February.

World Book Day. Thursday 7th March.

Mother's Day. Sunday 10th March.

Monday 11th March. Our **Choir** are performing at **Snape Maltings.**

Friday 15th March. **Year 5 Stargazing Sleepover.**

Monday 22nd April. **Bluey Club trip to Felixstowe.**

Tuesday 23rd April. **St George's Day.** Wear red and white (or club uniforms).

Week beginning Monday 13th May. **KS2 SATs.**

Friday 21st June-**Suffolk County Day** (wear something connected to Suffolk). No donation just celebration.

Sports Days

Nursery and Reception - Monday 1st July 1015-1145am

Years 5 and 6 - Tuesday 2nd July 1.30pm

Years 3 and 4 - Wednesday 3rd July 1.30pm

Years 1 and 2 - Thursday 4th July 1.30pm

Go-kart Festival. Saturday 13th July. 10.00am-12.00pm.

History Off The Page

History off the page are visiting next week. They are a very exciting group of history experts who bring hands-on artefacts into school. They will be working with Y6 on 'Ancient Greeks' on Tuesday, Year 2 and the 'Great Fire of London' on Wednesday and then our EYFS (Reception) and 'Toys through the ages' on Thursday.

Attendance Matters

Dear Parents/Carers,

Our school and other schools across Ipswich are working with an evaluation partner to better understand any barriers that are preventing pupils attending school. As part of this, they have asked a small number of schools in the area to get responses from their parent community. This survey will take around 5 minutes and will ask you questions about your child's attendance at school, including things about your understanding of the school's attendance policy. There is also an opportunity for you to share your views on how the school could further support pupil's attendance at school.

We would really appreciate it if you were able to complete this survey. All responses will remain anonymous and will be used by the school and the wider area to better understand how to support pupils and families in our local community.

This survey is currently available in four different languages. Please click below to access the survey in your chosen language:

English survey:

<https://impacted.typeform.com/lpswichEnglish>

Polish survey:

<https://impacted.typeform.com/lpswichPolish>

Latvian survey:

<https://impacted.typeform.com/lpswichLatvian>

Portuguese survey:

<https://impacted.typeform.com/lpswichPortug>

The window for this survey is open from **8th January** until **26th January**.

Christchurch Junior Parkrun

Why not join me at the Ipswich Junior Parkrun (Christchurch Park) on Sunday morning, 9.00am start. Register below then come and say hello in the morning. Walk, run or jog.

<https://parkrun.org.uk/register/?eventName=ipswich-juniors>

WALKING BUS to MINI-BUS

Chantry Academy, who are in the same Trust as us (ALT), have very kindly lent us one of their mini-buses, so that we can pick up a number of our children in the mornings. Thank you



Share Sessions:

Nursery - Monday 12th February 10:30 - 11:30am
Reception - Thursday 15th February 2:15 - 3:15pm
Year 1 - Wednesday 14th February 2:15 - 3:15pm
Year 2 - Tuesday 13th February 2:15 - 3:15pm

Seeing is Believing:

Year 3 and 4 - Tuesday 13th February 9:00 - 9:30am
Year 5 and 6 - Thursday 15th February 9:00 - 9:30am

Reading Cafes:

Monday 4th March 8:20 - 8:40am - Year 6 and 2
Tuesday 5th March 8:20 - 8:40am - Year 5 and 1
Weds 6th March 8:20 - 8:40am - Year 4 & Reception
Thursday 7th March 8:20 - 8:40am - Open to everyone!
Friday 8th March 8:20 - 8:40am - Year 3 and Nursery

WEEK TWO

06/11/2023
27/11/2023
18/12/2023
22/01/2024
19/02/2024
11/03/2024

Option one

Tomato Pasta

Sausage Roll with 1/2 Jacket Potato

CHICKEN SHACK

Roast Chicken, or Roasted Quorn Fillet Stuffing, Roast Potatoes and Gravy

Meatballs in a Tomato Sauce with Rice

Fishfingers with Chips & Tomato Sauce

Option two

Macaroni Cheese

Phat Mexican Bean Roll with 1/2 Jacket

Veggie Meatballs in Tomato Sauce with Rice

Quorn Burger with Chips & Tomato Sauce

Vegetables

Vegetables of the Day

Vegetables of the Day

Vegetables of the Day

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Vegetables of the Day

Dessert

Lemon Drizzle Cake

Apple Crumble with Custard

Peaches and Ice Cream

Chocolate Drizzle Cake with Chocolate Sauce

Vanilla Shortbread



IES Hockey Club Junior Section

Do you want to play hockey?



TRAINING

**SUNDAYS
9.30-11AM**

JUNIOR SECTION AGE GROUPS

- U8s - School years 1 to 3
- U10s - School years 4 and 5
- U12s - School years 6 and 7

School years 8 and above train on
Tuesday evenings, 7.30-9pm

**WE ARE BASED AT
IPSWICH SCHOOL SPORTS
CENTRE, RUSHMERE, IP5 1DE**

For more information
please visit :

www.ieshc.org

SMARTPHONE SAFETY TIPS

for young people

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You may have been lucky enough to have unwrapped a smartphone at Christmas, or you might be eagerly anticipating getting a new one at some point during this year. Whether it'll be your first ever phone or an upgrade on your old model, it's always useful to have a refresher about how to set it up and adjust the settings to keep yourself – and your valuable personal info – safe and secure. We've collected some expert tips to help you enjoy your smartphone in the healthiest way possible.

NEVER SHARE YOUR PASSCODE

Alongside face or fingerprint recognition, your passcode is crucial to unlocking your phone and accessing your apps and personal information. You shouldn't give it out, even to close friends – after all, you wouldn't hand them a key to your house and let them go in for a nosey around! If a friend wants to use your phone, ask them why and make sure you can see what they're doing with it.

RESPECT PARENTAL CONTROLS

If you're allowed to have a smartphone, it's because your parents or carers feel that you're mature and responsible enough to use it safely. They might set controls and boundaries on your device – not to spoil your fun but to help you avoid hazards like too much screen time or costly in-app purchases. Following these rules means you can enjoy using your phone while respecting their wishes.

TALK TO A TRUSTED ADULT

Whether it's to listen to music, play games, create content or chat with friends, using a smartphone should be fun. If you're ever feeling anxious, worried or scared about going on your phone, then something isn't right. It's important not to ignore these feelings; instead, talk to a trusted adult about what's happening and how it's making you feel.

STAY ALERT

Two words: look up. It might sound obvious, but it's so easy to get immersed in what we're looking at or listening to on our phones that we can become unaware of our surroundings – or who might be around us. People often walk with their head down, focusing on their phone, and forget to check for obstacles in their path, cars or other pedestrians coming towards them, which is clearly dangerous.

DEVELOP HEALTHY HABITS

Phones offer a vast amount of content and the chance to chat with friends whenever we feel like it, which can make it difficult to take time away from the screen. If that's something you struggle with, you could try setting time limits on certain apps. Putting our phones down for a while gives us more time to interact with others or do something physical that helps keep us fit and healthy.

IGNORE UNKNOWN NUMBERS

There are some scammers who might call or text asking you to share personal data or to click on a link and provide your details. Some may claim to be from a genuine company, but trustworthy businesses don't spontaneously call or message to ask for your information. It's safest to ignore calls or texts from unknown numbers, and never give your personal details out over the phone.

ONLY USE AGE-APPROPRIATE APPS

Before downloading a new app or game, check what age rating it has. Don't feel pressured into getting a particular game or app just because your friends are using it. If it's intended for older people, there's a definite risk that it could include content (which is violent or frightening, for instance) or language which isn't suitable and may leave you feeling upset or disturbed.

REMOVE TEMPTATION

A good night's sleep is so important for concentration, mood and overall health. Unwinding properly before going to bed – which means not staring at a screen late at night – can often improve sleep quality. Put your phone on charge overnight, but not in your room. This means you'll have a lot less temptation to check any notifications, reply to messages or get caught up scrolling on social media.

THINK ABOUT OTHERS

Watching videos, listening to music or calling someone can all help to pass the time while we're on the bus, waiting in a queue or walking down the street. It's important to remain mindful of other people, though: they might not want to hear your tunes or your conversation. Likewise, if you're calling from a public place then don't forget that anyone could overhear something personal about you.

SWITCH OFF GEOLOCATION

In your phone's settings, you'll be able to disable geolocation for individual apps and photos: this means that people online (including strangers) can't see information about where you are when you share or post a pic. On the subject of images, it's also important to ask permission before taking or sharing a photo of someone – and don't share embarrassing images of your friends with others.

Meet Our Expert

Dr Claire Sutherland is an online safety consultant, educator and researcher who has developed and implemented anti-bullying and cyber safety policies for schools. She has written various academic papers and carried out research for the Australian government comparing internet use and sexting behaviour of young people in the UK, USA and Australia.



The National College

NOS National Online Safety®
#WakeUpWednesday