



# The Gusford Gazette

This week's attendance was 95.8%. Since September it is now 96.2%. We are getting there!

Issue 2445

Friday 4th October 2024

Circulation: 570

## Asda Cashpot for Schools

You have raised over £415 for the school by shopping at Asda. Thank you. All you have to do is download the Asda rewards app and scan it at the till. 56 days to go!

<https://groceries.asda.com/event/asda-rewards>

## Attendance

Great news! Our attendance this week was 95.8%. This is brilliant. We are aiming for 97% across the year. Thank you for your support.

## Fire Drill

Just to let you know, we held a fire evacuation drill on Friday afternoon, there wasn't an actual fire, the children left the building quickly and quietly and assembled on the school field.

## Birthday Books

Instead of bringing in sweets on your child's birthday, why not talk to your child, chose a favourite book and bring it into school. We will take a photo, glue in a special label, put it on FB and X and keep the book in your child's reading corner.

## Local Hero

The council's Community Safety Team are pleased to announce that Harrison Fisher has been selected as the winner of their **local hero** competition!

*The team believe Harrison is a deserved winner of the prize for his enthusiasm and dedication to making Ipswich a better place to live. Keeping Ipswich clean and tidy is important to make Ipswich a great place to live. Ipswich Borough Council (IBC) are pleased to hear Harrison used his own initiative to litter pick in his local area, as well as his taking on responsibilities in his own home as part of his Home Help Award.*

*IBC look forward to seeing his future projects and encourage him to keep bringing positivity to his community. Congratulations to Harrison for not only completing the 'Lucky 7' but also being chosen as winner to the council's Local Hero Competition! his achievements will be posted to the council's website and social media later this week*



## Reading

Reading with your child is the single most important thing you can do at home to ensure the children are successful in school. Please make time for it everyday. You can help with reading in lots of different ways:

1. Discuss what you think might happen next in a story
2. You read a sentence, paragraph or page then they read a sentence, paragraph or page (you can either read it first and get your child to re-read it or just take turns, you do a page, I do a page)
3. Read it at the same time
4. Compare the story to other stories
5. Ask questions about the book they have read (retrieval questions-Who ate Little Red Riding Hood? The answer to these are in the text. Or try questions which require inference-Why do you think the wolf was so angry? You have to use clues from the text and your experiences outside the story to answer these)

## Curriculum

Lots of our parents want to help with their children's learning in school. This is great. The class and curriculum pages on the school website contain lots of information about what the children will be learning this year and how best to support them.

<https://gusford-primary-school.schudio.com/curriculum>

## One Minute Parental Survey

Thank you for filling in the one minute survey. It was reassuring to see over 90% of the children feel safe, have a sense of belonging and understand our behaviour system. We do want some more feedback though and will send out a 'google form' next week but this time with space for comments (which was a comment about the last survey!)

## School Songs

Mrs Garner and Mrs Ingram are putting together a bank of school songs. This is what we have gone for so far:

One and a million  
My Lighthouse  
This is amazing Grace  
We will remember

## Awareness Days and Whole School Diary Dates

Thursday 10th October. **Mental Health Awareness Day.** Tie a yell ribbon to out front fencing.

Monday 7th October. **Individual photos.**

### Parents' Evenings (booking details to follow)

Monday 14th October 4pm-7.30pm

Wednesday 16th October 3.45pm -5.45pm

Friday 18th October. **Year 3 trip to the Owl Sanctuary.**

**Attendance Celebration.** Thursday 7th November. Invites to follow (this year we will be awarding bronze, silver and gold certificates).

**Remembrance Day Service in School and Bluey Children at Ipswich Cemetery.** Monday 11th November.

**Flu Vaccinations.** Monday 4th November and 'mop up' on Tuesday 10th December.

Sunday 17th November. **The Gusford Gambol** (community walk) to Chantry Park. Everyone welcome 10.00-12.30pm. Meet in the school car park.

Suffolk 1 present **'A Chorus Line'** (Teen edition) for **Year 6** Tuesday 19th November 1.30pm.

**School Christmas Fair.** Saturday 23rd November.

**Santa Fun Run** on School field. Sunday 8th December. Run, walk or jog. Everyone gets a Santa hat and a medal.

**Year 1 and Year 2 to theatre to see Pinocchio.** Tuesday 10th December.

### New Reception Open Evenings

Wednesday 23rd October 10.15am-11.15am

Tuesday 12th November 5pm-6pm

Thursday 12th December 3pm - 4pm

### Christmas Performances

Thursday 5th December EYFS 2pm

Friday 6th December EYFS 2pm

Monday 16th December Y1 and 2 2pm

Tuesday 17th December Y1 and 2 2pm

**Christmas Lunch.** Wednesday 11th December.

**Gusford Christmas Jumper Day.** Friday 13th December.

**Blue Christmas** (in support of ITFC). Come to school wearing blue. £1.00 donation. All money raised to the ITFC Foundation. Friday 20th December.

## Help Needed

Sunday 6th October. Instead of going to the gym, meet me at school on Sunday 2.00-4.00pm and help wheel barrow 4 tonnes of top soil into our EYFS planters (Tel: 07741460413).

DIAL LANE BOOKS AND IPSWICH CHILDREN'S BOOK GROUP  
INVITE YOU TO THE MAGICAL BOOK LAUNCH FOR

# WITCHSPARK

by DOMINIQUE VALENTE

Thursday 10th October, 5.30pm – 8:30pm

Dial Lane Books  
8 Dial Lane, Ipswich IP1 1DL

'Find your Witchspark superpower' activity, author Q&A and book reading,  
followed by refreshments and book signing

RSVP by 30.9.24 to: [fritha.lindqvist@usborne.co.uk](mailto:fritha.lindqvist@usborne.co.uk)

Dress code:  
Victoriana or a hint  
of purple or sparkle  
(or just come  
as you are!)



## Blue Peter Style Badges

A bit like a 'Blue Peter Badge', message the school and tell us about an activity you have undertaken and you could be awarded with a unique and stylish badge. The scheme ends after the October half-term, so get your parents to message the school, ideally with a photo and tell us all about something you have done under one of the following categories:

1. Performing arts (dance, learning a poem, debating)
2. Sport (being active)
3. Sustainability (looking after the environment)
4. Learning (reading, writing, science, maths, art)
5. Community (caring for others)
6. Music (singing, instruments)
7. Home Help (cooking, cleaning, gardening)
8. Lucky '7' if you earn all 7 badges



## Black History Month

Do you know who was Britain's first black woman MP?

## Contacting School

In an emergency you can contact your child's year group team:

[year2team@gusfordprimary.net](mailto:year2team@gusfordprimary.net)

(substitute your child's year group)

## Challenge

Did you know our Co-op will be closing for a bit but will be getting part of a £5 million makeover? How many supermarkets can you name in 30 seconds?

## World Mental Health Day

Thursday 10th October is World Mental Health Day. Why not tie a yellow ribbon, or indeed anything yellow, to out front fencing? We will be writing messages in school which we plan to tie to the fence too.





On Wednesday morning, we saw this rainbow over the school but what has this got to do with the man in the picture?



## **Halloween Trail**

Over the half-term holiday you can take part in a short Halloween trail in and around Gusford. Starting outside the school, visit the shops, the garage and the pub and collect the Halloween clues (letters) on display in their windows. Write them down and see if you can decipher the ghostly hidden word. Collect an entry form from the school office (available from 21.10.24) and message me your answer on our school FB or X pages. One lucky winner will receive a Halloween 'Baddie' Bag.

# What Parents & Educators Need to Know about IN-GAME CHAT

## WHAT ARE THE RISKS?

Video games are continuing to grow in popularity – including, of course, among children and young people – and the emergence of gaming communities has been accelerated by the inclusion of chat functionality across many different titles. While in-game chat isn't inherently a bad thing, it can create some concerns about online safety and the people that children might be interacting with.

## DIFFERENT TYPES OF CHAT

There are a number of ways that gamers commonly chat with one another online. As the name would suggest, in-game chat happens within the game itself. There's also party chat: a group voice conversation that console users can have with anyone on the same platform. This tends to be more commonly used by players who already know each other. Finally, many gamers – especially on PC – will chat via a third-party app such as Discord.

## CONTACT WITH STRANGERS

Whether it's text- or voice-based, in-game chat is frequently open to all players to use. Many games default to making it an opt-in function, but some don't, meaning a child could start seeing messages within the game from people they're playing with, regardless of whether they know those individuals or not. While most strangers won't necessarily have ill intent, there are some who may behave inappropriately when chatting to a child – intentionally or otherwise.

## DANGER OF GROOMING

It's been reported that some young gamers have encountered older players online who pretend to be a lower age to manipulate children, sending gifts in exchange for chatting and sending photos. Just as on any messaging platform, it's good to advise young people to avoid speaking to strangers; emphasise that they shouldn't accept gifts from anyone online that they don't know.

## BULLYING AND ABUSE

While some in-game chat can turn toxic because of how a match plays out, others turn that way because of people who engage in trolling – in essence, behaving in an offensive and abusive way simply to cause pain or get a rise out of whoever they're talking to. These 'trolls' often lean on racial slurs, anti-LGBT sentiment and other hateful rhetoric; they normally feel most confident prying on younger, more impressionable gamers.

## POTENTIAL FOR PRIVATE CHAT

If a player would like a re-match with a stranger after meeting them in the game, they can send a friend request, or use the party chat together in the future. For the most part, this is harmless – but it might lead to messages being exchanged in private. This could then escalate to the sharing of private information, and potentially attempts to manipulate or scam younger players.

## COMPETITIVE ATMOSPHERE

Certain games are very competitive, and players can sometimes get upset if they feel a teammate is underperforming, an opponent won unfairly, or they're just a bad loser. This can lead to unpleasant messages that stray away from playful 'trash talk' and wander into the territory of bullying. Some players have been known to get incredibly abusive in situations like this, and the impact of this on a young gamer's emotional wellbeing could be severe.

## Advice for Parents & Educators

### LOCK-DOWN IN-GAME CHAT

In-game chat can often be disabled in the game's settings. This allows children to play without risk of contact from strangers – but it will need to be done in each individual game. Text chat appears in the corner of the screen in many titles, so it's normally easy to take a quick glance and see what's being said. With voice chat, explain to children what behaviour is inappropriate, so they can spot the dangers themselves.

### REPORT POTENTIAL OFFENDERS

Most games offer a robust means of reporting other players, so you can flag an account as potentially harmful. This normally leads to the account not being matched with yours in the future and, if that person's conduct breaks any of the game's rules, they may be banned from playing entirely. This is done within the game itself, so each title has a slightly different process, but these tend to be designed for simplicity.

### CONSIDER OTHER CHAT OPTIONS

If a child wants to play with people they know, consider using party chat or a third-party service like Discord. This allows everyone involved to chat on a private server and even enjoy each other's company while playing different games. It's also far more secure, as anyone looking to join will need to request and be granted access – normally by whoever is hosting the chat.

### COMMUNICATION IS KEY

Make sure children understand the differences between being competitive and being abusive. Talk about what constitutes unusual or inappropriate behaviour from strangers online. Be clear that if anything ever concerns or worries them, they should tell a trusted adult as soon as possible. Empower children to identify the risks of in-game chat for themselves and reassure them they won't get in trouble for seeking help if anything goes wrong.

## Meet Our Expert

Lloyd Coombes is the Editor in Chief of GBGoon and has been working in the games media industry for five years. He's also a parent and therefore understands the importance of online safety. Writing mainly about tech and fitness, his work has been published at sites including IGN, TechRadar, and plenty more.



WakeUp  
Wednesday

The  
National  
College

Source: See full reference list on guide page at [nationalcollege.com/guides/in-game-chat](https://nationalcollege.com/guides/in-game-chat)

X @wake\_up\_weds

f /www.thenationalcollege

@wake.up.wednesday

@wake.up.weds

Users of this guide do so at their own discretion. No liability is entered into. Current as of the date of release: 02.10.2024

**Spring Summer 24 – Week One**  
**9 Sept, 30 Sept, 21 Oct**



| WEEK ONE             | MONDAY   | TUESDAY  | WEDNESDAY  | THURSDAY   | FRIDAY   |
|----------------------|--|--|--|--|--|
| Main Meal            | Wholemeal Cheese & Tomato Pizza served with Wholemeal Garlic Bread | Pork Sausage served with Baked Omelette, Country Diced Potatoes & Baked Beans or Sweetcorn     | Roast Chicken served with Skin on Roast Potatoes & Gravy   | Creamy Korma Style Chicken & Lentil Curry served with Rice | Friday Fish Fingers served with Chips & Tomato Ketchup |
| Vegetarian Main Meal | Creamy Vegetable Penne Pasta Carbonara                             | All Day Veggie Sausage Breakfast Served with Country Diced Potatoes & Baked Beans or Sweetcorn | Vegemince & Vegetable Pie (Ve) served with Mashed Potatoes | Cauliflower Cheese & Pasta Bake                            | Baked Bean & Cheese Panini with Chips                  |
| Filled Sandwiches    | Cheese   | Ham  | Tuna Mayonnaise  | Ham  | Cheese   |
| Jacket               | Available Daily with Cheese or Baked Bean                          |  |  |  |  |
| Vegetable Selection  | Selection of Daily Vegetables & Mixed Fresh Salad                  | Selection of Daily Vegetables & Mixed Fresh Salad  | Selection of Daily Vegetables & Mixed Fresh Salad          | Selection of Daily Vegetables & Mixed Fresh Salad          | Selection of Daily Vegetables & Mixed Fresh Salad      |
| Dessert              | Marble Sponge & Custard  | Chocolate Ice Cream  | Iced Banana Traybake                                       | Oat & Raisin Cookie (Ve) & Fresh Watermelon Slice          | Chocolate Shortbread Biscuits (Ve) & Fruit Slices      |

Available Daily: Fresh Bread, Fresh Fruit & Yoghurt

**Spring Summer 24 – Week Two**

|                            |                      |                               |           |           |
|----------------------------|----------------------|-------------------------------|-----------|-----------|
| Portion(s) of fruit or veg | Source of wholegrain | Contains plant-based proteins | 50% fruit | Oily fish |
|----------------------------|----------------------|-------------------------------|-----------|-----------|

Our desserts meet Public Health England's target for 'free sugar' intake for your child.

Recommended fruit and vegetable portion sizes are calculated using School Food Standards. On average, our desserts do not exceed a third of a child's recommended 'free sugar' intake.



**16 Sept, 7 Oct**



| WEEK TWO   | MONDAY  | TUESDAY   | WEDNESDAY  | THURSDAY  | FRIDAY   |
|--|---|---|--|---|--|
| Main Meal Option 1 (& Halal Equivalent where Required) | Macaroni Cheese   | Summer Hot Dog Baguette served with Freshly Made Coleslaw Salad                     | Roast Chicken served with Skin on Roast Potatoes & Gravy | Beef Bolognese & Penne Pasta                          | Friday Fish Fingers served with Chips & Tomato Ketchup             |
| Vegetarian Main Meal Option 1                          | Vegetable Enchiladas (Ve) Served with a portion of Sunny Vegetable Rice | Summer Veggie Sausage Hot Dog Baguette (Ve) Served with Freshly Made Coleslaw Salad | Vegemince Cottage Pie (Ve)                               | Veggie Mince Bolognese & Penne Pasta (Ve)             | Cheese & Onion Puff Pastry Roll Served with Chips & Tomato Ketchup |
| Filled Sandwiches                                      | Cheese  | Ham   | Tuna Mayonnaise  | Ham   | Cheese   |
| Jacket Potato  | Available Daily with Cheese or Baked Bean                               |   |  |   |  |
| Vegetable Selection                                    | Selection of Daily Vegetables & Mixed Fresh Salad                       | Selection of Daily Vegetables & Mixed Fresh Salad                                   | Selection of Daily Vegetables & Mixed Fresh Salad        | Selection of Daily Vegetables & Mixed Fresh Salad     | Selection of Daily Vegetables & Mixed Fresh Salad                  |
| Dessert  | Ginger & Mandarin Traybake  | Strawberry Jelly (Ve)   | Freshly Baked Chocolate Cookie (Ve)                      | Flapjack Finger With a fresh slice of Watermelon (Ve) | Homemade Shortbread Biscuits (Ve)                                  |

**Spring Summer 24 – Week Three**

|                            |                      |                               |           |           |
|----------------------------|----------------------|-------------------------------|-----------|-----------|
| Portion(s) of fruit or veg | Source of wholegrain | Contains plant-based proteins | 50% fruit | Oily fish |
|----------------------------|----------------------|-------------------------------|-----------|-----------|

Our desserts meet Public Health England's target for 'free sugar' intake for your child.

Recommended fruit and vegetable portion sizes are calculated using School Food Standards. On average, our desserts do not exceed a third of a child's recommended 'free sugar' intake.



2 Sept, 23 Sept, 14 Oct



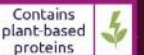
Eafiverse

| WEEK THREE  | MONDAY   | TUESDAY  | WEDNESDAY  | THURSDAY  | FRIDAY   |
|---|--|--|--|---|--|
| Main Meal Option 1<br>(& Halal Equivalent where Required) | Wholemeal Cheese & Tomato Pizza served with Wholemeal Garlic Bread | Farm Assured Pork Sausage Roll with Homemade Skin on Baked Potato Wedges         | Roast Chicken served with Skin on Roast Potatoes & Gravy                                 | BBQ Chicken & Vegetables served with Noodles      | Friday Fish Fingers served with Chips & Tomato Ketchup |
| Vegetarian Main Meal Option 1                             | Mildly Spiced Vegetable Chilli & Rice (Ve)                         | Cheese & Onion Puff Pastry Roll served with Homemade Skin on Baked Potato Wedges | Savoury Vegetable Mince & Gravy served with a Yorkshire Pudding & Skin on Roast Potatoes | BBQ Quorn, Vegetables & Noodles                   | Cheesy Beans Pitta Pocket                              |
| Filled Sandwiches   | Cheese   | Ham  | Tuna Mayonnaise  | Ham   | Cheese   |
| Jacket Potato   | Available Daily with Cheese or Baked Bean                          |  |  |   |  |
| Vegetable Selection                                       | Selection of Daily Vegetables & Mixed Fresh Salad                  | Selection of Daily Vegetables & Mixed Fresh Salad                                | Selection of Daily Vegetables & Mixed Fresh Salad  | Selection of Daily Vegetables & Mixed Fresh Salad | Selection of Daily Vegetables & Mixed Fresh Salad      |
| Dessert   | Baked Apple Sponge served with Custard                             | Tutti Frutti Jelly and Mandarins (Ve)  | Homemade Flapjack (Ve)   | Zesty Lemon & Blueberry Yoghurt Cake              | Freshly Baked Vanilla Cookie (Ve)                      |

Available Daily: Fresh Bread, Fresh Fruit & Yoghurt

Our desserts meet Public Health England's target for 'free sugar' intake for your child.

Recommended fruit and vegetable portion sizes are calculated using School Food Standards. On average, our desserts do not exceed a third of a child's recommended 'free sugar' intake.



## Development Squad

On Thursday, our boys development squad played 5 matches and won 3 of them. Matthew was given the fair play award for our team. Mr Garwood said they did really well for their first outing, learning in each game. Was amazing to watch them develop in such a short amount of time.



# WRAP AROUND CARE

## Monday to Friday

|                 |                      |            |
|-----------------|----------------------|------------|
| <b>Short</b>    | <b>3:15pm-4:15pm</b> | <b>£5</b>  |
| <b>Long</b>     | <b>3:15pm-5:00pm</b> | <b>£8</b>  |
| <b>Extra</b>    | <b>3:15pm-5:30pm</b> | <b>£10</b> |
| <b>Extended</b> | <b>3:15pm-6:00pm</b> | <b>£12</b> |

SCAN ME

**To book:**

[KICKSANDTRICKS.IPALBOOKINGS.COM](https://www.kicksandtricks.co.uk/ipalbookings.com)  
School Provision > Gusford Wraparound

For more information visit:  
[WWW.KICKSANDTRICKS.CO.UK](https://www.kicksandtricks.co.uk)  
CALL 07939501775 | INFO@KICKSANDTRICKS.CO.UK

We provide a light, healthy snack at a short and long session. A light tea at the extra and extended sessions.