



# The Gusford Gazette

Don't forget to enter our Autumn Photography Competition, The winning photo will 'feature' in the Gazette and you will take home a £20 book voucher.

Issue 2446

Friday 11th October 2024

Circulation: 570

## World Mental Health Day

Thursday was World Mental Health Day. Did you see the ribbons on our fence?



## Asda Cashpot for Schools

You have raised over £473 for the school by shopping at Asda. Thank you. All you have to do is download the Asda rewards app and scan it at the till. 50 days to go!

<https://groceries.asda.com/event/asda-rewards>

## Attendance

Great news! Our attendance so far this week is 96.5%. This is brilliant. We are aiming for 97% across the year. Thank you for your support.

## Take Care at the Start and End of the Day

There are a number of taxis and mobility cars that drop off and pick up at the start and the end of the day. We ask the children to push their bikes and scooters until they get past the green fence but can you also ensure the children stay on the footpath and do not walk on the drive. Thank you.

## Autumn Photography Competition

Took a photo of anything related to Autumn, send it in (e-mail/FB/X) with your child's name and class and we will enter it into the competition. Winning entry will feature in our newsletter.

## Book Signing

On Thursday evening, Ava and Emily met Dominique Valente at Dial Lane Book shop.



## Black History Month

Black History Month happens every October. In the UK. It gives everyone the opportunity to share, celebrate and understand the impact of black heritage and culture. People from African and Caribbean backgrounds have been a fundamental part of British history for centuries. However, campaigners believe their contribution to society has often been overlooked or distorted. Black History is important all year round but it is particular focus at Gusford in October.

## Chantry Boys

Harrison recently won the Ipswich Borough Council 'Local Hero' award. Did you see the write up on their Facebook page?

<https://www.facebook.com/ipswichGov/posts/1014505347378950>

## Parents' Evening

Next week we are holding our Parents' Evenings on Monday and Wednesday. If you have time join me in the main hall and fill in an Ofsted parent view questionnaire.



## Reading

Reading with your child is the single most important thing you can do at home to ensure the children are successful in school. Please make time for it everyday. You can help with reading in lots of different ways:

1. Discuss what you think might happen next in a story
2. You read a sentence, paragraph or page then they read a sentence, paragraph or page (you can either read it first and get your child to re-read it or just take turns, you do a page, I do a page)
3. Read it at the same time
4. Compare the story to other stories
5. Ask questions about the book they have read (retrieval questions-Who ate Little Red Riding Hood? The answer to these are in the text. Or try questions which require inference-Why do you think the wolf was so angry? You have to use clues from the text and your experiences outside the story to answer these)

## Curriculum

Lots of our parents want to help with their children's learning in school. This is great. The class and curriculum pages on the school website contain lots of information about what the children will be learning this year and how best to support them.

<https://gusford-primary-school.schudio.com/curriculum>

## Reading Survey

Thank you for filling in the one minute survey. It was reassuring to see over 90% of the children generally feel safe, have a sense of belonging and understand our behaviour system. We do want some more feedback though and have included a link to a short reading survey:

<https://forms.gle/ciYS8Aias8g5hBvu6>

## Packed Lunches

Most pack ups include a combination of sandwich/wrap, crisps or equivalent, snack bar, fruit or possibly a yogurt and a drink. **No sweet style chocolate bars or nut based food please.** We know children can be quite particular but just snack bars or just crisps wouldn't be considered particularly healthy. I personally love Marmite sandwiches and grapes. What is your favourite pack up combo?

## Awareness Days and Whole School Diary Dates

### Parents' Evenings

Monday 14th October 4pm-7.30pm  
Wednesday 16th October 3.45pm -5.45pm

Friday 18th October. **Year 3 trip to the Owl Sanctuary.**

### Share Sessions

- Nursery - Monday 21st October 10:30 - 11:30am
- Reception - Monday 21st October 2:00 - 3:15pm
- Year 1 & 2 - Tuesday 22nd October 2:15 - 3:15pm
- Year 3 & 4 - Wednesday 23rd October 2:15 - 3:15pm
- Year 5 and 6 - Thursday 24th October 2:15 - 3:15pm

**Halloween Trail.** Week beginning 28th October.

**Flu Vaccinations.** Monday 4th November and 'mop up' on Tuesday 10th December.

**Year 2 to Foxburrow Farm.** Tuesday 5th November.

**Attendance Celebration.** Thursday 7th November. Invites to follow (this year we will be awarding bronze, silver and gold certificates).

**Rainbow Day.** Friday 8th November. Non-uniform for Rainbow Raffle donations (see poster attached).

**Remembrance Day Service in School and Bluey Children at Ipswich Cemetery.** Monday 11th November.

Sunday 17th November. **The Gusford Gambol** (community walk) to Chantry Park. Everyone welcome 10.00-12.30pm. Meet in the school car park.

Suffolk 1 present **'A Chorus Line' (Teen edition) for Year 6** Tuesday 19th November 1.30pm.

**School Christmas Fair.** Saturday 23rd November.11am-3.00pm.

**Year 1 Town discovery walk.** Monday 25th November.

**Year 6 Drone coding workshop.** Wednesday 27th November.

**Santa Fun Run** on School field. Sunday 8th December. Run, walk or jog. Everyone gets a Santa hat and a medal.

**Year 1 and Year 2 to theatre to see Pinocchio.** Tuesday 10th December.

### New Reception Open Evenings

Wednesday 23rd October 10.15am-11.15am  
Tuesday 12th November 5pm-6pm  
Thursday 12th December 3pm - 4pm

### Christmas Performances

Thursday 5th December EYFS 2pm  
Friday 6th December EYFS 2pm  
Monday 16th December Y1 and 2 2pm  
Tuesday 17th December Y1 and 2 2pm

**Christmas Lunch.** Wednesday 11th December.

**Gusford Christmas Jumper Day.** Friday 13th December.

**Blue Christmas** (in support of ITFC). Come to school wearing blue. £1.00 donation. All money raised to the ITFC Foundation. Friday 20th December.

# Halloween Trail

Over the half-term holiday, you can take part in a short Halloween trail in and around Gusford. Starting outside the school, visit the shops, the garage and the pub and collect the Halloween clues (letters) on display in the windows. Write them down and see if you can decipher the ghostly hidden word. Collect an entry form from the school office (available from Monday 21st October) and message me your answer on our school FB or X pages. One lucky winner will receive a Halloween 'Baddie' Bag.

Ghoul luck!!!

## Blue Peter Style Badges

A bit like a 'Blue Peter Badge', message the school and tell us about an activity you have undertaken and you could be awarded with a unique and stylish badge. The scheme ends after the October half-term, so get your parents to message the school, ideally with a photo and tell us all about something you have done under one of the following categories:

1. Performing arts (dance, learning a poem, debating)
2. Sport (being active)
3. Sustainability (looking after the environment)
4. Learning (reading, writing, science, maths, art)
5. Community (caring for others)
6. Music (singing, instruments)
7. Home Help (cooking, cleaning, gardening)
8. Lucky '7' if you earn all 7 badges

## Clocks and Cases

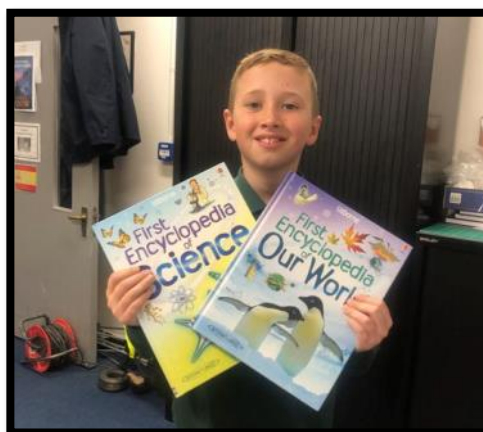
We are looking for 9 (broken) clocks and a couple of old suitcases for our EYFS area. We would be very grateful for any donations - they would help to make our learning environments even more purposeful.

## Individual Photos

The photographer took individual photos on Monday. You will be able to order them in time for the Christmas post.

## Book Donations

Thank you Riley for your kind donation.



## Earth Movers

Thank you volunteers for the brilliant job you all did last Sunday.





A safe, friendly group where you can make new friends,  
explore new topics & learn new life skills

# GIRLS GROUP

Every Thursday 4.30-6.30pm



YEAR 5  
to YEAR 6

Find us at:

14 Lower Brook St  
Ipswich IP4 1AP

01473 252607

[Youthteam@4yp.org.uk](mailto:Youthteam@4yp.org.uk)

[@4yp\\_hangout](#)





# 10 Top Tips for Parents and Educators TEACHING CHILDREN FIRE SAFETY

Fire safety is especially important around Bonfire Night, as fireworks, bonfires and sparklers add extra risks for families and young children. Every year in the UK, thousands of accidents occur due to improper handling of fireworks and neglecting fire safety measures. This guide offers practical tips for keeping children safe when handling everything from fireworks to space heaters.

## 1 BONFIRE NIGHT AWARENESS

Bonfire Night is exciting, but it comes with several inherent risks. Educate children about the dangers of fireworks and open flames. Teach them that only adults should handle fireworks and that bonfires should never be approached. Keep children at a safe distance (at least five metres away) from bonfires and explain why supervision is crucial during these events.

## 2 SUPERVISE FIREWORK USE

Fireworks should only be handled by responsible adults who are following UK laws and guidelines. Make sure to buy fireworks that meet British Standards and adhere to all instructions that come with them. Keep children a suitable distance from any firework activity and designate an adult to supervise the event. Ensure no one goes near fireworks after they've been lit.

## 3 SPARKLER SAFETY

Sparklers are often captivating for little ones, but they can burn at extremely high temperatures – over 1,000 °C! Only allow children over the age of five to use sparklers, and make sure they wear gloves. Teach them to hold sparklers at arm's length and never wave them near others. Once a sparkler has burned out, extinguish it fully in a bucket of water – which you should prepare beforehand and always keep nearby.

## 4 ORGANISED DISPLAYS ARE SAFER

If possible, families should attend an organised fireworks display rather than holding one at home. These tend to be far safer as they're run by professionals adhering to strict safety regulations. Organised displays also provide a controlled environment where children can enjoy the event from a safe distance, reducing the risk of accidents.

## 5 KEEP FIREWORKS AWAY FROM THE HOME

If you are hosting your own fireworks display, set them off well away from homes, sheds or fences to avoid starting accidental fires. Choose a wide-open space with no flammable materials nearby and keep a means of putting out fires to hand in case of emergency – such as a bucket of water, a hose or a fire extinguisher. Afterwards, ensure that all fireworks are fully extinguished and never attempt to relight one if it doesn't go off.

## 6 BONFIRE SAFETY

If you're building a bonfire, place it well away from trees, buildings, fences or anything else flammable. Make sure it's structurally sound and not at risk of collapsing. Only burn natural materials like wood and leaves, avoiding petrol or other accelerants. Children should be kept far away from the bonfire, and it should always be supervised by adults. Be sure to fully extinguish the bonfire before you leave it.

## 7 "STOP, DROP AND ROLL"

Ensure that children know what to do if their clothing catches fire. Teach them the simple "stop, drop and roll" technique, which can quickly extinguish flames. Practice this with them before events like Bonfire Night, so they feel confident if the need to use it arises. It can also be helpful to keep another means of putting out these kinds of fire on standby, just in case. An extinguisher or flame-retardant blanket are both sound choices.

## 8 SECURE CANDLES AND OPEN FLAMES

Beyond Bonfire Night, everyday fire safety is also crucial. Candles can be a common fire hazard, especially in homes with young children. Teach children not to touch any open flames, and ensure candles are placed in sturdy holders away from combustible materials. Never leave candles, incense burners or other such items unattended, and always extinguish them fully before leaving a room or going to bed.

## 9 EDUCATE ABOUT FIREWORKS HAZARDS

Make sure children understand the dangers of playing with fire or fireworks, and how to handle such things responsibly. Emphasise that fireworks are not toys and can cause serious injuries when improperly used. Demonstrate the importance of treating fire with respect and the consequences of misuse, which can help temper any curiosity and any resultant dangerous behaviour.

## 10 FIRST AID FOR BURNS

Even if you have the best possible precautions in place, accidents can still happen. Keep a first aid kit on hand. Ensure you know how to apply basic first aid to burns, so you can teach children these techniques too. If someone suffers a burn, run it under cool water for 20–30 minutes. Never use creams or ointments, as these retain heat and can cause further damage. Instead, seek medical help if the burn is serious.

## Meet Our Expert

James Whelan is an experienced health and safety expert who is a Chartered Member of the Institution of Occupational Safety and Health. He provides services to educational settings and many other industries, helping them to maintain a safe working environment.



#WakeUpWednesday

The National College

Source: See full reference list on guide page at: <https://nationalcollege.com/guides/fire-safety>

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2 Sept, 23 Sept, 14 Oct



Eativerse  
A UNIVERSE OF FOOD AND DRINK

WEEK THREE	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Meal Option 1 (& Halal Equivalent where Required)	Wholemeal Cheese & Tomato Pizza served with Wholemeal Garlic Bread	Farm Assured Pork Sausage Roll with Homemade Skin on Baked Potato Wedges	Roast Chicken served with Skin on Roast Potatoes & Gravy	BBQ Chicken & Vegetables served with Noodles	Friday Fish Fingers served with Chips & Tomato Ketchup
Vegetarian Main Meal Option 1	Mildly Spiced Vegetable Chilli & Rice (Ve)	Cheese & Onion Puff Pastry Roll served with Homemade Skin on Baked Potato Wedges	Savoury Vegetable Mince & Gravy served with a Yorkshire Pudding & Skin on Roast Potatoes	BBQ Quorn, Vegetables & Noodles	Cheesy Beans Pitta Pocket
Filled Sandwiches	Cheese	Ham	Tuna Mayonnaise	Ham	Cheese
Jacket Potato	Available Daily with Cheese or Baked Bean				
Vegetable Selection	Selection of Daily Vegetables & Mixed Fresh Salad	Selection of Daily Vegetables & Mixed Fresh Salad	Selection of Daily Vegetables & Mixed Fresh Salad	Selection of Daily Vegetables & Mixed Fresh Salad	Selection of Daily Vegetables & Mixed Fresh Salad
Dessert	Baked Apple Sponge served with Custard	Tutti Frutti Jelly and Mandarins (Ve)	Homemade Flapjack (Ve)	Zesty Lemon & Blueberry Yoghurt Cake	Freshly Baked Vanilla Cookie (Ve)

Available Daily: \*Fresh Bread, Fresh Fruit & Yoghurt

Portion(s) of fruit or veg	Source of wholegrain	Contains plant-based proteins	50% fruit	Oily fish
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Our desserts meet Public Health England's target for 'free sugar' intake for your child.

Recommended fruit and vegetable portion sizes are calculated using School Food Standards. On average our desserts do not exceed a third of a child's recommended 'free sugar' intake.



Spring Summer 24 - Week One  
9 Sept, 30 Sept, 21 Oct



Eativerse  
A UNIVERSE OF FOOD AND DRINK

WEEK ONE	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Meal	Wholemeal Cheese & Tomato Pizza served with Wholemeal Garlic Bread	Pork Sausage served with Baked Omelette, Country Diced Potatoes & Baked Beans or Sweetcorn	Roast Chicken served with Skin on Roast Potatoes & Gravy	Creamy Korma Style Chicken & Lentil Curry served with Rice	Friday Fish Fingers served with Chips & Tomato Ketchup
Vegetarian Main Meal	Creamy Vegetable Penne Pasta Carbonara	All Day Veggie Sausage Breakfast Served with Country Diced Potatoes & Baked Beans or Sweetcorn	Vegemince & Vegetable Pie (Ve) served with Mashed Potatoes	Cauliflower Cheese & Pasta Bake	Baked Bean & Cheese Panini with Chips
Filled Sandwiches	Cheese	Ham	Tuna Mayonnaise	Ham	Cheese
Jacket	Available Daily with Cheese or Baked Bean				
Vegetable Selection	Selection of Daily Vegetables & Mixed Fresh Salad	Selection of Daily Vegetables & Mixed Fresh Salad	Selection of Daily Vegetables & Mixed Fresh Salad	Selection of Daily Vegetables & Mixed Fresh Salad	Selection of Daily Vegetables & Mixed Fresh Salad
Dessert	Marble Sponge & Custard	Chocolate Ice Cream	Iced Banana Traybake	Oat & Raisin Cookie (Ve) & Fresh Watermelon Slice	Chocolate Shortbread Biscuits (Ve) & Fruit Slices

Available Daily: Fresh Bread, Fresh Fruit & Yoghurt

Spring Summer 24 - Week Two

Portion(s) of fruit or veg	Source of wholegrain	Contains plant-based proteins	50% fruit	Oily fish
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Our desserts meet Public Health England's target for 'free sugar' intake for your child.

Recommended fruit and vegetable portion sizes are calculated using School Food Standards. On average our desserts do not exceed a third of a child's recommended 'free sugar' intake.





**Tuesday's Boys' Compete Tournament.**

Some very close games, winning two. More great experience for them. Well done to Harry for receiving the fair play award for the Gusford team.

**Girls' Development Team.**

Great experience for the girls playing against some strong teams on Thursday. Great team work. Lots of energy on the pitch and lots of singing on the way home. Super effort.



**Non-Uniform Day for "Rainbow Raffle" Donations**



**Friday 8th November**

We will be running our very popular rainbow raffle at our Christmas market so are running a donation day to collect for this

- |                             |                        |
|-----------------------------|------------------------|
| <b>Nursery - Red</b>        | <b>Year 3 - Blue</b>   |
| <b>Reception - Orange</b>   | <b>Year 4 - Pink</b>   |
| <b>Year 1 - Yellow/Gold</b> | <b>Year 5 - Purple</b> |
| <b>Year 2 - Green</b>       | <b>Year 6 - White</b>  |
|                             | <b>Staff - Black</b>   |

Each year group has been given a colour, please bring in donations in your colour in exchange for a non uniform day. We will use the donations to make hampers in each colour as prizes.

Made with PosterMyWish.com



# WRAP AROUND CARE



**Monday to Friday**

<b>Short</b>	<b>3:15pm-4:15pm</b>	<b>£5</b>
<b>Long</b>	<b>3:15pm-5:00pm</b>	<b>£8</b>
<b>Extra</b>	<b>3:15pm-5:30pm</b>	<b>£10</b>
<b>Extended</b>	<b>3:15pm-6:00pm</b>	<b>£12</b>



SCAN ME



**To book:**

[KICKSANDTRICKS.IPALBOOKINGS.COM](https://www.kicksandtricks.co.uk)  
 School Provision > Gusford Wraparound

For more information visit:  
[WWW.KICKSANDTRICKS.CO.UK](http://www.kicksandtricks.co.uk)  
 CALL 07939501775 | INFO@KICKSANDTRICKS.CO.UK

We provide a light, healthy snack at a short and long session. A light tea at the extra and extended sessions.