



The Gusford Gazette

Q: Which month is black and feathery?
A: Crow-ember

Issue 2449

Friday 8th November 2024

Circulation: 570

Autumn Photography Competition

In this edition of the Gazette, you can find out who were the winners in our Autumn Photography Competition.

Asda Cashpot for Schools

You have raised over £705 for the school by shopping at Asda. Thank you. All you have to do is download the Asda rewards app and scan it at the till. 21 days to go!

<https://groceries.asda.com/event/asda-rewards>

School Santa Fun Run 8th December

Everyone who takes part in our 2K Santa Fun Run (Walk or Push) on the school field on Sunday 8th December 10.00am will receive a Santa hat before the run and a medal and bag of chocolate coins afterwards. No entry fee but you will need to complete an entry form below by 1st December.

<https://forms.gle/97D4ewp5UbwvjRTL8>

So far we have 45 entries!

Butterfly Garden

During the holiday Miss Knights organised a tidy up of our Butterfly Garden. It looks brilliant but what shall we call it? Miss Gooch and Miss Stawicka call it the COVID Garden, sometimes it's been called the Science Garden, the Sensory Garden and just 'the Garden'. Any suggestions welcome.

Christmas Card Competition

Last year Alfie's design was chosen for Tom Hunt's Constituent Christmas Card. If you want to design a card, this time for Jack Abbot (Ipswich MP) then have a go on the attached entry form.

On-line Safety Matters

You can follow us on FB and X for the latest on-line safety news.

Suffolk Safeguarding Partnership

If you are concerned about a child or an adult you can call Customer First on 0808 800 4005 (this is a freephone number).

Attendance

Our attendance since September is 96.1%. It dropped a little this week to 95.25% but we are still aiming for 97% across the year. Thank you for your support. On Thursday we held our celebration attendance assemblies. It was great to give out so many certificates to those children who have made it to 96% and above. It was also lovely to see so many parents attend.

Holiday Fines

All holidays in term time are subject to a fine. This is a national position and the fines go straight to Suffolk County Council. If children have a week off and tell us they have been on holiday but parents put a different reason on the absence form it puts the school in a very difficult position and breaks the level of trust between home and school. The issue is best solved by not booking holidays in term time. Thank you for your support in this matter.

ITFC Blue Christmas

We did have our 'Blue Christmas' dress up day booked in for the last day of the Autumn term (20.12.24) but it looks like ITFC will need our support before then; to demonstrate our unwavering loyalty to Mark Ashton, Kieran McKenna and the 'Boys in Blue' we have now moved it to what could be a 6 pointer at home to Crystal Palace on Tuesday 3rd December. You can come to school:

1. Dressed like Santa (Ho-Ho-Ho)
3. In your best Elvis gear (Uhhh-Huuhhh)
3. Wearing blue (Hooray!)

November Challenge

1. On Nov 5th 1605, what plot was arranged?
2. On 4th Nov 1922, whose tomb was found in Egypt?
3. What was the name given to Nov 11th in 1918?
4. Which important canal opened on 17th Nov 1869?
5. Which 'Iron Lady' resigned in Nov 1990?
6. Which Patron Saint's Day is on Nov 30th?
7. What famous sailing ship arrived in Cape Cod in America in November 1620?
8. Which Henry was crowned King of England on 6th Nov 1429?
9. Who wrote 'Kidnapped' & was born Nov 13th 1850?
10. Which English city, and its cathedral, was bombed on 14th-15th Nov 1940



Thomas Taylor (Author and Illustrator)

Thomas Taylor is visiting school Gusford on Monday 25th November.

<https://www.thomastaylor-author.com>

You can order one of his books and get it signed on the day. Dial Lane are willing to sell them at a discounted cost of £6.99 each:

The books in order are:

Malamander
Gargantis
Shadowghast
Festergimm
Mermedusa

You will receive an order form on Parentmail. Order by 15th November. He comes highly recommended.

Curriculum

Lots of our parents want to help with their children's learning in school. This is great. The class and curriculum pages on the school website contain lots of information about what the children will be learning this year and how best to support them.

<https://gusford-primary-school.schudio.com/curriculum>

Children in Need

Friday 15th November. Non-uniform £1.00 donation. Bring in your loose change to cover Pudsey. Don't forget the CIN community walk on Sunday 17th November.



Whole School Diary Dates

Flu Vaccinations. Monday 4th November and 'mop up' on Tuesday 10th December.

Remembrance Day Service in School and Bluey Children at Ipswich Cemetery. Monday 11th November.

Children in Need Day. Friday 15th November. Non-uniform £1.00 donation. Bring in your loose change to cover Pudsey.

Sunday 17th November. **The Gusford Gambol** (community walk) to Chantry Park. Everyone welcome 10.00-12.30pm. Meet in the school car park.

Suffolk 1 present **'A Chorus Line' (Teen edition) for Year 6** Tuesday 19th November 1.30pm.

School Christmas Fair. Saturday 23rd November. 11am-3.00pm.

Year 1 Town discovery walk. Monday 25th November.

Thomas Taylor Author visit. 11.00am Monday 25th November.

Year 6 Drone coding workshop. Wednesday 27th November.

Blue Christmas (in support of ITFC). Come to school wearing blue. £1.00 donation. All money raised to the ITFC Foundation. Tuesday 3rd December.

Santa Fun Run on School field. Sunday 8th December. Run, walk or jog. Everyone gets a Santa hat and a medal.

Year 1 and Year 2 to theatre to see Pinocchio. Tuesday 10th December.

New Reception Open Evenings

Wednesday 23rd October 10.15am-11.15am

Tuesday 12th November 5pm-6pm

Thursday 12th December 3pm - 4pm

Christmas Performances

Thursday 5th December EYFS 2pm

Friday 6th December EYFS 2pm

Monday 16th December Y1 and 2 2pm

Tuesday 17th December Y1 and 2 2pm

Christmas Lunch. Wednesday 11th December.

Gusford Christmas Jumper Day. Friday 13th December.

RSPB Big Schools' Birdwatch. Friday 10th January.

Last day of term is Friday 20th December. We start again on Monday 6th January.

Badge Scheme

Our Blue Peter style badge scheme has now finished. However we are going to launch a new scheme after half term. It will be similar in style to the Blue Peter scheme but linked to our key curriculum strands: Environment, Community, Health and Wellbeing, Finance and Careers, Performance and finally Adventure. More details to follow.



Jack Abbott's Christmas Card Competition

Entry form



Full name:

School:

School Year:

Please make sure the design fits in the box. Don't use any glitter. Thank you very much for taking part!

Jack Abbott
Member of Parliament for Ipswich



Education & Skills
Funding Agency

Learning in Families



LEARNING
IN FAMILY
COURSES ARE
FREE



Travel Together Through Books course

A free 4 week course for parents/grandparents/carers to help you support your children's reading skills

- What is phonics all about?
- How do we best help a child when they are stuck with reading?
- How do we support a child with understanding the text?
- How do we encourage a child to acquire the skills of inference and deduction?

Come and join our free and friendly group and use the opportunity to find the answers to these questions and also to meet and chat to other parents

WHEN:

Starting Tuesday 12th
November 12.45 - 3.10 pm

WHERE:

Gusford Primary School

HOW TO BOOK:

Email: Bernadette.white@realisefutures.org

or return this flyer to the school office with your name and your child's name and class written on the back

The workshop is free. In order to keep it at no cost to you or the school, our funders need us to ask you to complete some documentation, which is held securely in accordance with our 'Privacy Policy'. Please bear with us on this



Children in Need Ramble

The Gusford Gambol

Sunday 17th November

Leaving from the school car park: 10.00am

Walking to Chantry Park: 30 mins

Following the park route with a refreshment break: 1 hr 30 mins

Return to school: 30 mins (for 12.30pm)

Children must be accompanied by an adult.

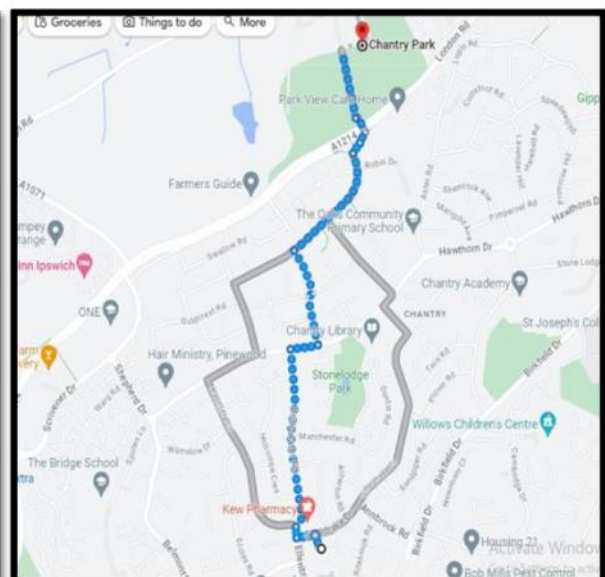
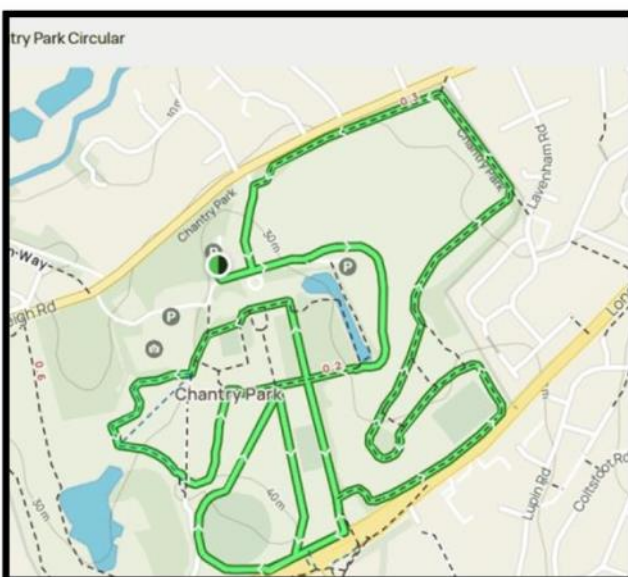
Dogs welcome.

We will go whatever the weather do please dress accordingly.

Please let the school office know if you want to join us.

You can donate via text to BBC Children in Need by texting the relevant key word to the relevant number (the “short code”). Each text message you send will result in a donation to BBC Children in Need and the amount donated will depend on the keyword stated in the sent message or the number texted. For example, by texting the word FIVE to 70701, you will donate £5.

Text messages cost the Donation Value, plus your standard network message charge (based on your service provider rates).





RECEPTION OPEN DAYS

A place your child will
discover, learn and love
every moment



Call our office to book
01473 682148



23 Oct
10.15am-
11.15am

12 Nov
5pm -
6pm

12 Dec
2pm -
3pm

<http://www.gusfordprimary.net>









































01473 682148

Autumn / Winter 2024/2025 - Week One

Dates: 11th Nov, 2nd Dec, 23rd Dec, 13th Jan, 1st Feb, 14th Feb, 17th Mar, 2nd Apr

Available Daily: Fresh Bread, Fresh Fruit & Yoghurt



WEEK ONE	GREEN EARTH MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Meal Option 1	Tomato, Baked Bean & Spiral Pasta Bake  	Red Tractor Pork Sausage Roll with Skin on Baked Potato Wedges	Roast Chicken with Gravy, Stuffing & Roast Potatoes	Beef Pasta Bolognese & Garlic Bread  	Fish Fingers & Chips
Main Meal Option 2	Cheese & Tomato Pizza with Tomato Pasta Salad  	Cheese & Onion Pastry Roll with Skin on Baked Wedges	Quorn Grill with Gravy, Stuffing & Roast Potatoes 	Plant-based Pasta Bolognese & Garlic Bread  	Crispy Vegetable Fingers & Chips
Filled Sandwich	Cheese	Ham	Tuna Mayonnaise	Ham	Cheese
Vegetables	Broccoli/Cauliflower & Carrots, Sweetcorn  	Red Tractor British Peas, Baked Beans  	Broccoli/Cauliflower & Carrots 	Broccoli, Carrots & Cauliflower Sweetcorn  	Baked Beans British Red Tractor Garden Peas  
Baked Jacket Potatoes	Jacket Potato with Cheese or Beans  	Jacket Potato with Cheese or Beans  	Jacket Potato with Cheese or Beans  	Jacket Potato with Cheese or Beans  	Jacket Potato with Cheese or Beans  
Dessert	Chocolate Mousse and Orange Smiles  	Homemade Jam Buns & Custard  	'Hidden Fruit' Chocolate, (Beetroot & Pear) Brownie  	Fruity Strawberry Jelly & Mandarin Segments  	Vanilla & Cherry Cookie Cup & Custard  

Our desserts meet Public Health England's target for 'free sugar' intake for your child.

Recommended fruit and vegetable portion sizes are calculated using School Food Standards. On average our desserts do not exceed a third of a child's recommended 'free sugar' intake.







































Portion(s) of fruit or veg   	Source of wholegrain 	Contains plant-based proteins 	50% fruit  	Oily fish 
---	---	--	--	--

Autumn / Winter 2024/2025 - Week Two

Dates: 18th Nov, 9th Dec, 30th Dec, 20th Jan, 10th Feb, 1st Mar, 14th Mar, 14th Apr

Available Daily: Fresh Bread, Fresh Fruit & Yoghurt



WEEK TWO	GREEN EARTH MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Meal Option 1	Cheese & Tomato Pizza with Tomato Pasta Salad  	Red Tractor Pork Sausage with Mashed Potatoes & Gravy	Roast Chicken with Gravy, Yorkshire Pudding & Roast Potatoes	Garlic & Tomato Chicken Pasta Spirals  	Fish Fingers & Chips
Main Meal Option 2	Potato, Spinach & Cheese Toasted Wrap with Tomato Salsa  	Plant Based Sausage with Mashed Potatoes & Gravy	Quorn Grill with Gravy, Yorkshire Pudding & Roast Potatoes	Garlic & Tomato Vegetable Pasta Spirals  	Crispy Vegetable Fingers & Chips
Filled Sandwich	Cheese	Ham	Tuna Mayonnaise	Ham	Cheese
Vegetables	Baked Beans or British Red Tractor Garden Peas  	Broccoli/Cauliflower & Carrots 	Broccoli/Cauliflower & Carrots, Sweetcorn 	Broccoli/Cauliflower & Carrots  	Baked Beans, British Red Tractor Garden Peas  
Baked Jacket Potatoes	Jacket Potato with Cheese or Beans  	Jacket Potato with Cheese or Beans  	Jacket Potato with Cheese or Beans  	Jacket Potato with Cheese or Beans  	Jacket Potato with Cheese or Beans  
Dessert	Apple & Sultana Crumble Bar with Custard  	Iced Carrot Cake & Orange Slices  	Chocolate Shortbread/ Pinwheels with Chocolate Sauce  	Toffee Cream Tart  	Chocolate Oaty Slice  

Our desserts meet Public Health England's target for 'free sugar' intake for your child.

Recommended fruit and vegetable portion sizes are calculated using School Food Standards. On average our desserts do not exceed a third of a child's recommended 'free sugar' intake.



Portion(s) of fruit or veg   	Source of wholegrain 	Contains plant-based proteins 	50% fruit  	Oily fish 
---	---	--	--	--

Reading Sheds

We are hoping to buy several reading sheds. If you have any good quality second hand books that you are happy to donate then please drop them off with a member of staff at one of the green gates. Thank you.



Autumn Photography Competition

Judged by <https://www.facebook.com/chrisbedwellphoto>

I have been through the images and it was a very close competition to judge. There are some great photographs in the set and everyone should be extremely proud with the work that they have produced for the competition. It is great to see such good work from the students, and they should really keep on with the photography if they enjoy it - I got into photography from a very young age too.

I have decided on the images, and my personal top 5 are as follows:

1st Place: Elijah - Owls class Year 1 - I love the angle and the colours. It looks like a painting (£20 [Dial Lane Books](#) Book voucher)

2nd Place: Emily - Cambridge Heron -great composition capturing the heron, the river and the cows (photography book)

3rd Place: Mason - Ash - nicely composed, great capture of the sunset. Very artistic - if it was cropped in from the right a little to cut out the pathway, it would enhance the picture and put more focus on to the person in the picture (something from the school's 200 golden ticket shelf)

4th Place: Harvey - Ash - (the house in the rural setting). Very nicely composed picture (something from the school's 200 golden ticket shelf)

5th Place - Tevarie - Kingfisher - water droplets on the yellow flower. Tevarie has done well to capture the droplets in this picture. There were a number of submissions from Tevarie and this was a standout one for me. He clearly has a passion for photography which is great to see. Keep going! (photography book)

<https://www.facebook.com/media/set/...>

10 Top Tips for Parents and Educators

ENCOURAGING CHILDREN TO CHOOSE RESPECT

Sometimes, differences between children can escalate into bullying, potentially impacting their mental health in a way that can persist into adulthood. While it's natural to disagree sometimes, teaching children the importance of respect is essential – especially in difficult situations. This guide provides strategies for encouraging considerate behaviour, even during a dispute, to foster a kinder, more inclusive environment for everyone.

1 LEAD BY EXAMPLE

As adults, we play a crucial role in modelling respectful behaviour for children: they observe and learn from our actions every day. Be mindful of the way you interact with others in front of children. Keep in mind that you should always approach others with an attitude of mutual respect, even if you disagree with them. Demonstrating this behaviour can influence young people and help them to handle their own conflicts in a healthy way.

2 AGREE TO DISAGREE

Make sure children know that it's fine to have differing opinions – and that disagreeing with someone doesn't mean you can't get along or respect each other's point of view. Help them understand that sometimes we can 'agree to disagree'. Using active listening skills when doing this can also help to build empathy and understanding of others.

3 PROMOTE ACTIVE LISTENING

Teach children about the importance of active listening: that is, making a genuine effort to listen to the other person's perspective without interrupting, before responding in a way that shows you understand their viewpoint, even (or perhaps especially) if you disagree with it. This makes people feel respected and allows for a better comprehension of their point of view, which in turn can make it easier for you to communicate your own opinions to them.

4 ENCOURAGE THE USE OF "I" STATEMENTS

If a child finds themselves in a disagreement with someone, it can be useful to encourage them to use "I" statements during the discussion. Framing their thoughts and feelings using statements like "I feel ..." or "I think ..." can help them avoid an accusatory tone and encourages them to take responsibility for their own emotions.

5 FOCUS ON BEHAVIOUR, NOT CHARACTER

When disagreements happen, encourage children to focus on critiquing and addressing the specific actions or behaviours that caused this upset, rather than attacking the person's character. For example, "I didn't like how you interrupted me" is better than "You're so rude". This can help children avoid hurting someone's feelings, which is likely to inflame the situation.

6 STAY CALM AND TAKE BREAKS

It's perfectly normal to feel upset during a disagreement – especially if it's getting heated. Remind children that if they feel overwhelmed, they should try to take deep breaths or even go for a short break to help them stay composed. If a conversation becomes too intense, remind them it's OK to suggest continuing it later or in a different setting. This can prevent things getting out of hand, allowing cooler heads to prevail.

7 START CONVERSATIONS ABOUT RESPECT

Talk openly to children about what respect means – to you and to them. Discuss how they might show respect to each other, to friends, to strangers and even to people we might disagree with. You could use examples of considerate or inconsiderate behaviour in books, films or TV to open discussions about the importance of giving others due regard.

8 SEEK COMMON GROUND

When a disagreement has occurred between children, they may find it hard to move past it. You can support them in finding a more positive way forward by helping identify areas of agreement or common ground with the other party. This can help to build bridges between differing opinions and foster a more cooperative atmosphere, as well as preventing those involved from demonising each other.

9 AVOID MAKING THINGS PERSONAL

It's important that we make it clear to children they must avoid name-calling, swearing or derogatory remarks in a disagreement with others. Respectful language sets a positive tone and helps keep the conversation productive. Reminding children to stay calm and take breaks – as mentioned previously – can help them avoid getting too emotional and saying or doing something hurtful.

10 REFLECT AND LEARN

After a child has had a disagreement, encourage them to reflect on the experience and think about what they can learn from it. What did they handle well? How might they improve their communication skills to handle conflicts more effectively in the future? You could use role play, writing and drawing pictures, or hypothetical examples to further develop their skills in showing respect during a disagreement.

Meet Our Expert

The Anti-Bullying Alliance (ABA) co-ordinate Anti-Bullying Week each year. ABA is a unique coalition of organisations and individuals, working together to achieve their vision to stop bullying and create safer environments in which children and young people can live, grow, play and learn. They welcome membership from any organisation or individual that supports this vision and support a free network of thousands of schools and colleges.



#WakeUpWednesday

The National College

Source: See full reference list on guide page at: <https://nationalcollege.com/guides/choose-respect>

X @wake_up_weds

f /www.thenationalcollege

@wake.up.wednesday

@wake.up.weds

Users of this guide do so at their own discretion. No liability is entered into. Current as of the date of release: 08.11.2024