



# The Gusford Gazette

What does a cyclist ride in winter?  
An icicle.

Issue 2558

Friday 24th January 2024

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## Bikeability

The Local Transport Minister, Simon Lightfoot along with a number of other VIPs visited Gusford last week:

[Bikeability at Gusford](#)

## The Storytellers

On Thursday, we welcomed Max and Dan, two amazing storytellers, to school. They spent the day with our Year 5 children and then shared some of their work with the rest of the school in assembly. We are looking forward to their return next week.



## Gusford Community Pantry

The school are in the process of setting up a Community Pantry and Uniform Boutique. It is hoped that this will be up and running from late January/Early February and will give parents, who may be facing some financial difficulties, the opportunity to pick up essential food items, toiletries, cleaning products and uniform items at no cost (although donations will always be welcome). Local supermarkets will be helping to stock our Community Pantry, but, we also need to raise some funds to purchase additional items. In addition to this, donations of good quality, second-hand uniform, shoes, trainers and other essential school items would be gratefully received. For further information regarding the Community Pantry and Uniform Boutique, please contact the school office and ask to speak with Mrs Hockley (Parent Liaison Officer). Once the pantry and boutique are ready to open, we will send more information to all parents about how and when to access this.

## Spelling Bee

Elodie is the Gusford Spelling Bee Champion. Could you spell the words below?

1. requirement
2. deceitful
3. cheddar
4. awkwardness
5. genetics
6. cathedral

## Hopscotch Project

Following the success of Pigs Gone Wild, Elmer's Big Parade Suffolk and The Big Hoot Ipswich, we are delighted to be partnering with St Elizabeth Hospice for Hop To It! Suffolk 2025 sculpture art trail, coming in summer 2025. The project will feature ornately decorated hare sculptures and will be once again hosted in Ipswich as well as, for the first time, in neighbouring satellite locations including Beccles, Felixstowe, Lowestoft and Woodbridge. We have a hare and are working on the design.

### Why a knight in armour?

The school was built very close to an area known as Gusford Hall. This area was still marked on OS maps from the 1950s. The Ipswich Historical Society found out that the hamlet of Godlesford (later known as Gusford Hall) was given to a knight, Sir John Ravensworth, by King Henry VIII in 1540. Could this be why we have a logo of a knight on our uniform? The provenance of our armour is not clear (Mr. Tapley bought it from e-bay), however, the shape of the helmet resembles that of the helmet on the school logo.



## Henry VIII Non-uniform Day

On Tuesday 28th January we are commemorating the death of Henry VIII (the King most closely related to our school logo). The children will get a chance to see a knight on horseback, bearing the school flag, trotting round the school field. This should be fun. In this light we are suggesting the children can come to school in non-uniform, ideally dressed as a knight, a King or Queen. £1.00 donation all funds raised to the Hopscotch project (St Elizabeth's Hospice) above.



## Attendance

Please note if you go on holiday in term time both parents will be fined £80 for each of the children who are absent. No exceptions. Our attendance this week was 94%. Lots of illness. Our target is 97%.

## School Uniform

The children are allowed to wear black school shoes or completely black shoe style trainers. Trainers with any other colour (however small) are not allowed. Hoodies aren't part of the school uniform either. Thank you for your support in this matter.

## 'How to' videos

Visit our 'Youtube' channel to watch the second of our 'how to' videos (How to put a chain back on your bike).

## Hockey

If your child enjoyed hockey in school last term (Years 3, 5 and 6 did hockey) or is keen to give it a go, why not go along to the IES junior hockey sessions on Sundays? A welcoming and friendly club with great facilities.

## Family Concert

Come along to the Ipswich Symphony Orchestra's family concert on Sunday 2nd March. Film music and family favourites - all performed live! Tickets available from [www](http://www)

## Year 5 Stargazing Sleepover

Early warning... Our Year 5 Stargazing Sleepover is taking place on Friday 14th March. The children spend part of the evening outside (hopefully on a clear night) identifying stars, followed by a campfire and marshmallows. The children then warm up inside watch a film and then go to 'sleep' - girls in the big hall and boys in the small hall. Early pick up on Saturday morning. Please discuss this with the children. This is sometimes a good opportunity for a first sleepover (we can deal with all medical issues, sensitively manage any bedwetting and of course let you know if they are struggling so you can come and pick up).

## Year 6 GoOD for Us

Unfortunately, due to circumstances beyond our control, the GoOD for Us Adults' Wellbeing Group which was to be held at the Belstead Arms on Thursday mornings has had to be rearranged. We apologise for any inconvenience. The group will now start after half-term on Wednesday afternoons at the Gusford School Bungalow. More details to follow. For further information please contact

[sue.bridges@cofesuffolk.org](mailto:sue.bridges@cofesuffolk.org)

Mob: 07955 279982

## Bikes and Scooters in School

We love the fact that lots of our children cycle and scoot to school. We do encourage them to wear helmets we think it is important. Can you also remind them to push their bikes/scooters once they get inside the green fence. Lots of small children wait with their parents and aren't really expecting bikes to wheelie past them.

## Gusford Diary Dates

Tuesday 28th January. **Knight on horseback visiting school PM.**

**Christian Foley (Rapping Children's Poet).** Tuesday 28th January.

**Chapter 82 Storytelling** Thursday 30th January.

**Parents' Evening.** Monday 3rd February 3.45pm and Wednesday 5th February 4.00pm.

**World Cancer Awareness Day** (wear a hat to school-£1.00 donation). Tuesday 4th February.

**NED Yo-Yo Demonstration.** Thursday 6th February 2.00pm.

**NSPCC Number Day.** Friday 7th February.

**Valentines Window Dressing Competition.** Starts Monday 10th February.

**End of Term.** Friday 14th February (Valentine's Day).

**Start of Term.** Monday 24th February 2025.

**Performing Arts Public Speaking Competition.** Friday 28th February.

**Year 5 Stargazing Sleepover,** Friday 14th March.

## Anna Page

Anna James visited our Y4, Y5 and Y6 children on Monday morning. It was great to hear about her books and how she got started as an author. You can still buy a signed book from Dial Lane Book Shop in Ipswich.



## Contacting the School

[eyfsteam@gusfordprimary.net](mailto:eyfsteam@gusfordprimary.net)  
[y1team@gusfordprimary.net](mailto:y1team@gusfordprimary.net)  
[y2team@gusfordprimary.net](mailto:y2team@gusfordprimary.net)  
[y3team@gusfordprimary.net](mailto:y3team@gusfordprimary.net)  
[y4team@gusfordprimary.net](mailto:y4team@gusfordprimary.net)  
[y5team@gusfordprimary.net](mailto:y5team@gusfordprimary.net)  
[y6team@gusfordprimary.net](mailto:y6team@gusfordprimary.net)  
[admin@gusfordprimary.net](mailto:admin@gusfordprimary.net)

## Share Sessions

We have lots of maths share sessions arranged for you to visit school. Please see the date and times attached. All welcome.

Dear Year 6 Parent

**Re: Year 6 GoOD for Us**

We wanted to let you know about an opportunity for your child to grow their resilience and leadership skills in order to help them thrive as they transition to Secondary School. We are running a research project called GoOD for Us partnering with St Peter's Church, Stoke Park, which aims to find out whether Year 6 pupils can take responsibility for their own mental, spiritual and physical health and enable others to do the same.

As part of the GoOD for Us project a team from St Peter's are starting a Family Gathering after school once a month on Wednesdays in the school hall where children and parents/carers from the Gusford community will be exploring wellbeing practices which will help them to develop their resilience and general wellbeing. Together everyone will be having fun while looking at the Five Ways to Wellbeing (Connect with others, Get active, Give, Learn and Take Notice) through creative activities, indoor and outdoor fun, Bible stories, drama, and sharing food together.

We are hoping some Year 6 pupils will want to be involved on the planning team and help to lead the activities. This would involve being available for a planning meeting one Wednesday a month after school until 4.30pm and to attend the Family Gathering on another Wednesday from 3.20-4.45pm. This term's dates are as follows:

22 Jan: Team planning

29 Jan: Family Gathering

5 Feb: Team planning

12 Feb: Family Gathering

5 Mar: Team planning

12 Mar: Family Gathering

26 Mar: Team planning

2 Apr: Family Gathering

Please let your Classteacher of the Front Office know if you are interested in getting involved.

Thank you.



Foxhall Dental is now accepting new NHS  
children 12 years old and below

Please call our reception team on **01473 258396** for more information  
and schedule a dental check-up

49 Foxhall Road, Ipswich. IP3 8JU

[foxhalldentalsurgery@googlemail.com](mailto:foxhalldentalsurgery@googlemail.com)

We would like to invite parents and carers into school for maths share sessions so that you  
can see maths in action at Gusford!



Nursery - Monday 10<sup>th</sup> February 10:30 - 11:30am  
Reception - Monday 10<sup>th</sup> February 2:15 - 3:15pm  
Year 1 and 2 - Tuesday 11<sup>th</sup> February 2:15 - 3:15pm  
Year 3 and 4 - Wednesday 12<sup>th</sup> February 2:15 - 3:15pm  
Year 5 and 6 - Thursday 13<sup>th</sup> February 2:15 - 3:15pm



**Ipswich  
Symphony  
Orchestra**

**FAMILY CONCERT**  
**I'VE GOT RHYTHM**

**JOHN WILLIAMS**

**Extracts from E.T.**

**BIZET**

**Extracts from Carmen Suites No 1 & No 2**

**FALLA**

**Extracts from The Three-Cornered Hat**

**BERNSTEIN**

**Extracts from West Side Story**

**CHABRIER**

**Marche Joyeuse**

**GERSHWIN**

**I Got Rhythm**

**J STRAUSS**

**Tritsch-Tratsch-Polka**

**Conductor Adam Gatehouse**

**Leader Steve Browne**

**Featuring the choir from St John's Primary School**

**Sunday 2 March 2025 2.30pm**

**Corn Exchange, King Street, Ipswich IP1 1DH**

**TICKETS**

From £11 / £8 under 18s (incl booking fee)

[www.ipswichtheatres.co.uk](http://www.ipswichtheatres.co.uk), from orchestra members and on the door

**Box office 01473 433 100**

[www.ipswichsymphonyorchestra.org](http://www.ipswichsymphonyorchestra.org) Registered charity #276724





IES Hockey Club  
Junior Section

# Do you want to play hockey?



TRAINING

**SUNDAYS  
9.30-11AM**

## JUNIOR SECTION AGE GROUPS

- U8s - School years 1 to 3
- U10s - School years 4 and 5
- U12s - School years 6 and 7

School years 8 and above train on  
Tuesday evenings, 7.30-9pm

WE ARE BASED AT  
IPSWICH SCHOOL SPORTS  
CENTRE, RUSHMERE, IP5 1DE

For more information  
please visit :

**[www.ieshc.org](http://www.ieshc.org)**

13th Jan, 3rd Feb, 24th Feb, 17th March, 7th April

Autumn / Winter 2024/2025 - Week One

Dates: 11<sup>th</sup> Nov, 2<sup>nd</sup> Dec, 23<sup>rd</sup> Dec, 13<sup>th</sup> Jan, 1<sup>st</sup> Feb, 24<sup>th</sup> Feb, 17<sup>th</sup> Mar, 7<sup>th</sup> Apr  
Available Daily: Fresh Bread, Fresh Fruit & Yoghurt



WEEK ONE	GREEN EARTH MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Meal Option 1	Tomato, Baked Bean & Spiral Pasta Bake	Red Tractor Pork Sausage Roll with Skin on Baked Potato Wedges	Roast Chicken with Gravy, Stuffing & Roast Potatoes	Beef Pasta Bolognese & Garlic Bread	Fish Fingers & Chips
Main Meal Option 2	Cheese & Tomato Pizza with Tomato Pasta Salad	Cheese & Onion Pastry Roll with Skin on Baked Wedges	Quorn Grill with Gravy, Stuffing & Roast Potatoes	Plant-based Pasta Bolognese & Garlic Bread	Crispy Vegetable Fingers & Chips
Filled Sandwich	Cheese	Ham	Tuna Mayonnaise	Ham	Cheese
Vegetables	Broccoli/Cauliflower & Carrots, Sweetcorn	Red Tractor British Peas, Baked Beans	Broccoli/Cauliflower & Carrots	Broccoli, Carrots & Cauliflower Sweetcorn	Baked Beans British Red Tractor Garden Peas
Baked Jacket Potatoes	Jacket Potato with Cheese or Beans	Jacket Potato with Cheese or Beans	Jacket Potato with Cheese or Beans	Jacket Potato with Cheese or Beans	Jacket Potato with Cheese or Beans
Dessert	Chocolate Mousse and Orange Smiles	Homemade Jam Buns & Custard	'Hidden Fruit' Chocolate, (Beetroot & Pear) Brownie	Fruity Strawberry Jelly & Mandarin Segments	Vanilla & Cherry Cookie Cup & Custard

20th Jan, 10th Feb, 3rd March, 24th March, 14th April

Autumn / Winter 2024/2025 - Week Two

Dates: 18<sup>th</sup> Nov, 9<sup>th</sup> Dec, 30<sup>th</sup> Dec, 20<sup>th</sup> Jan, 10<sup>th</sup> Feb, 3<sup>rd</sup> Mar, 24<sup>th</sup> Mar, 14<sup>th</sup> Apr  
Available Daily: Fresh Bread, Fresh Fruit & Yoghurt



WEEK TWO	GREEN EARTH MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Meal Option 1	Cheese & Tomato Pizza with Tomato Pasta Salad	Red Tractor Pork Sausage with Mashed Potatoes & Gravy	Roast Chicken with Gravy, Yorkshire Pudding & Roast Potatoes	Garlic & Tomato Chicken Pasta Spirals	Fish Fingers & Chips
Main Meal Option 2	Potato, Spinach & Cheese Toasted Wrap with Tomato Salsa	Plant Based Sausage with Mashed Potatoes & Gravy	Quorn Grill with Gravy, Yorkshire Pudding & Roast Potatoes	Garlic & Tomato Vegetable Pasta Spirals	Crispy Vegetable Fingers & Chips
Filled Sandwich	Cheese	Ham	Tuna Mayonnaise	Ham	Cheese
Vegetables	Baked Beans or British Red Tractor Garden Peas	Broccoli/Cauliflower & Carrots	Broccoli/Cauliflower & Carrots, Sweetcorn	Broccoli/Cauliflower & Carrots	Baked Beans, British Red Tractor Garden Peas
Baked Jacket Potatoes	Jacket Potato with Cheese or Beans	Jacket Potato with Cheese or Beans	Jacket Potato with Cheese or Beans	Jacket Potato with Cheese or Beans	Jacket Potato with Cheese or Beans
Dessert	Apple & Sultana Crumble Bar with Custard	Iced Carrot Cake & Orange Slices	Chocolate Shortbread/ Pinwheels with Chocolate Sauce	Toffee Cream Tart	Chocolate Oaty Slice

6th Jan, 27th Jan, 17th Feb, 10th March, 31st March

Autumn / Winter 2024/2025 - Week Three

Dates: 4<sup>th</sup> Nov, 25<sup>th</sup> Nov, 16<sup>th</sup> Dec, 5<sup>th</sup> Jan, 25<sup>th</sup> Jan, 15<sup>th</sup> Feb, 10<sup>th</sup> Mar, 31<sup>st</sup> Mar  
Available Daily: Fresh Bread, Fresh Fruit & Yoghurt



WEEK THREE	GREEN EARTH MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Meal Option 1	Cheesy Pasta Spirals with Pizza Style Topping	Beef Lasagne with Garlic & Tomato Bread	Roast Chicken with Gravy, Yorkshire Pudding & Roast Potatoes	Barbeque Chicken & Rice	Fish Fingers & Chips
Main Meal Option 2	Beany Shepherd's Pie	Cheese & Tomato Pizza with Tomato Pasta Salad	Quorn Grill with Gravy, Stuffing & Roast Potatoes	Vegetable Meatballs, Tomato Sauce & Mixed Rice	Cheese & Onion Pastry Roll & Chips
Filled Sandwiches	Cheese	Ham	Tuna Mayonnaise	Ham	Cheese
Vegetables	Broccoli/Cauliflower & Carrots & Sweetcorn	Sweetcorn & Carrots	Broccoli/Cauliflower & Carrots	Baked Beans, British Red Tractor Garden Peas	Baked Beans, British Red Tractor Garden Peas
Baked Jacket Potatoes	Jacket Potato with Cheese or Beans	Jacket Potato with Cheese or Beans	Jacket Potato with Cheese or Beans	Jacket Potato with Cheese or Beans	Jacket Potato With Cheese or Beans
Dessert	Lemon Cupcake with Fruit Slices	Chocolate Cookie & Orange Wedges	Chocolate Crunch 'Concrete' & Chocolate Sauce or Pink Custard	Strawberry Mousse	Lemon Drizzle Cake with Custard