

Growth Mindset Statement Gusford Primary School 2024-2025

In the past, schools have had gifted and talented policies in which there was an implicit acceptance that children were born with an innate talent or gift either intellectually or physically. Although these policies were produced with the best intentions, they sometimes had a negative impact on a child's learning, not just those identified as G&T:

- 1. They focussed on the outcome and not the effort which often put high performing children off; in case they lost that gift or talent.
- 2. They also made other children feel like they would 'never get there' as they were 'no good' at maths, writing, running etc and there was nothing they could do about it.

Growth Mindset recognises that intelligence and skill at an activity can be developed. When children learn that they can "grow their brains" and increase their intellectual abilities or skill at a given task, they do better. This is the philosophy of 'I can' and 'I can't do it ...YET'.

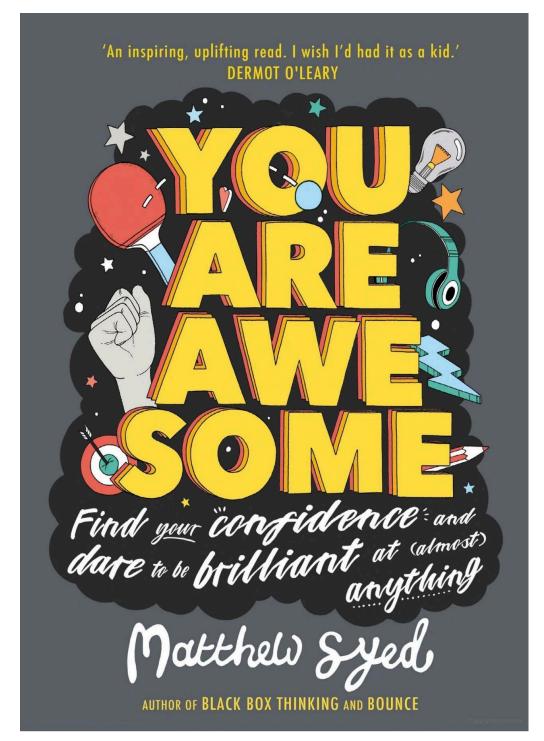
It has been found that by focusing on the process which leads to learning (such as concentrating, persevering and learning from mistakes), we can foster a growth mindset in our children.

A child's mindset influences how they perceive and respond to their world. In a growth mindset, children understand that challenges and failure framed as learning opportunities can help them to become 'smarter' or better at an activity. Struggling and working on a challenge or setback is good for the brain's neurological growth.

Gusford School is working with Dial Lane Bookshop in an effort to provide all Year 6 children in Ipswich with a copy of 'You Are Awesome' by Matthew Syed (appendix 1). You can buy a book and donate it to the primary school the shop is currently supplying.

Appendix 2 contains some further resources that will help develop a positive mindset.

Appendix 1



Appendix 2

https://www.youtube.com/watch?v=Dg-p0uTtULM The Magical Yet https://www.youtube.com/watch?v=EpmNXbkLu6c The Dot https://www.youtube.com/watch?v=3gAUhGmDAig The Girl who never made mistakes https://www.youtube.com/watch?v=cUUSxgVGOxk Beautiful Oops https://www.youtube.com/watch?v=ljirBli1kME Your fantastic elastic brain https://www.youtube.com/watch?v=gy3JCNBgb94 The most magnificent thing https://www.youtube.com/watch?v=B5qsJmESYsY Mistakes that worked

https://www.youtube.com/watch?v=ZbjgDn0rqFg Stuck

https://www.youtube.com/watch?v=oxtvhISKsR8 What do you do with an idea?

<u>https://biglifejournal.com/blogs/blog/top-growth-mindset-books-children-adults</u> - Top 85 books for growth mindset.

https://www.goodreads.com/genres/growth-mindset

https://www.booksfortopics.com/booklists/topics/pshe-emotional-literacy-citizenship/growth-mindset/