**Gusford Primary School**

**Physical Education Long Term Plan**

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|  | **Autumn 1** | **Autumn 2** | **Spring 1** | **Spring 2** | **Summer 1** | **Summer 2** |
| **Nursery** | Introduction to PE Unit 1 | Fundamentals Unit 1 | Ball Skills Unit 1 | Games Unit 1 | Dance Unit 1 | Gymnastics Unit 1 + Sports Day Practice |
| **Reception** | Introduction to PE Unit 2 | Fundamentals Unit 2 | Ball Skills Unit 2 | Games Unit 2 | Dance Unit 2 | Gymnastics Unit 2 + Sports Day Practice |
| **Year 1** | Ball Skills + Target Games | Sending and Receiving + Invasion Games | Striking and Fielding Games + Yoga | Net and Wall Games + Dance | Fitness + Team Building | Athletics + Sports Day Practice |
| **Year 2** | Target Games + Gymnastics | Invasion Games + Net and Wall Games | Striking and Fielding Games + Dance | Ball Skills + Yoga | Sending and Receiving + Fitness | Athletics + Sports Day Practice |
| **Year 3** | Netball + Golf | Hockey + Ball Skills Yr 3/4 | Dance + Basketball | Tag Rugby + Gymnastics | Cricket + Tennis | Football, Athletics + Sports Day Practice |
| **Year 4** | Basketball + Gymnastics | Tag Rugby + Dance | Hockey + Dodgeball | Cricket + Netball | Rounders + Football | Tennis, Athletics + Sports Day Practice |
| **Year 5** | Netball + Dance | Hockey + Tag Rugby | Gymnastics + Basketball | Cricket + Golf | Rounders + Football | Athletics, Tennis + Sports Day Practice |
| **Year 6** | Hockey + Football | Basketball + Gymnastics | Tag Rugby + Dance | Football + Netball | Tennis + Cricket | Rounders, Athletics + Sports Day Practice |