**Gusford Primary School**

**Personal, Social, Health and Economic Long Term Plan**

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|  | **Autumn 1** | **Autumn 2** | **Spring 1** | **Spring 2** | **Summer 1** | **Summer 2** |
| **Nursery** | Circle time linked to developing children's personal, social and emotional development | | | | | |
| **Reception** | My Family and Friends (Building Relationships) | Special Relationships (Building Relationships) | My Feelings (Self-Regulation) | Listening and Following Instructions (Self-Regulation) | My Wellbeing (Managing Self) | Taking on Challenges (Managing Self) |
| **Year 1** | Zones of Regulation and Setting Ground Rules for PSHE/RSE | Families and Relationships | Citizenship | Economic Wellbeing | Health and Wellbeing | Safety and the Changing Body |
| **Year 2** | Zones of Regulation and Setting Ground Rules for PSHE/RSE | Families and Relationships | Citizenship | Economic Wellbeing | Health and Wellbeing | Safety and the Changing Body |
| **Year 3** | Zones of Regulation and Setting Ground Rules for PSHE/RSE | Families and Relationships | Citizenship | Economic Wellbeing | Health and Wellbeing | Safety and the Changing Body |
| **Year 4** | Zones of Regulation and Setting Ground Rules for PSHE/RSE | Families and Relationships | Citizenship | Economic Wellbeing | Health and Wellbeing | Safety and the Changing Body |
| **Year 5** | Zones of Regulation and Setting Ground Rules for PSHE/RSE | Families and Relationships | Citizenship | Economic Wellbeing | Health and Wellbeing | Safety and the Changing Body |
| **Year 6** | Zones of Regulation and Setting Ground Rules for PSHE/RSE | Families and Relationships | Citizenship | Economic Wellbeing | Health and Wellbeing | Safety and the Changing Body |