

Gusford

Autumn Menu 2021

feeding the imagination						
		Monday	Tuesday	Wednesday	Thursday	Friday
Week One	Option 1	Macaroni Cheese	Beef Burger with Potato Wedges	Roast Chicken with Stuffing, Roast Potatoes and Gravy	Beef Lasagne with Garlic Bread	MSC Fishfingers with Chips and Tomato Sauce
	Option 2	Tomato Pasta	Quorn Burger with Potato wedges	Vegetable Wellington with Roast Potatoes and Gravy	Vegetarian Lasagne with Garlic Bread	Cheese and Potato Whirl with Chips
	Vegetables	Green Beans Carrots	Coleslaw Sweetcorn	Cauliflower Broccoli	Roasted Mixed Vegetables	Baked Beans Garden Peas
	Dessert	Sticky Toffee Apple Crumble with Custard	Mandarin Jelly	Apple Cheese and Biscuits Fruit and Yoghurt	Lemon and Mixed Berry Cake	Oaty Cookie
Week Two	Option 1	Cheese and Tomato Pizza with New Potatoes	Macaroni Beef Pasta Bake	Roast Turkey with Roast Potatoes and Gravy	Mediterranean Chicken with Rice	MSC Fishfingers with Chips and Tomato Sauce
	Option 2	Cheese and Tomato Pizza with New Potatoes	Vegetable Curry with Rice	Roasted Quorn with Roast Potatoes and Gravy	Mediterranean Quorn with Rice	Mexican Bean Roll with Chips
	Vegetables	Green Beans Cauliflower	Peppers Garden Peas	Cabbage Carrots	Sweetcorn Broccoli	Baked Beans Garden Peas
	Dessert	Mandarins and Ice Cream	Chocolate Shortbread	Apple Flapjack Fruit and Yoghurt	Peach Upside Down Cake	Chocolate Shortbread
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Week Three	Option 1	Vegetarian Tortilla Stack with Rice	Sausage Roll with Wedges	Roast Beef with Roast Potatoes and Gravy	Chicken Pie with Mashed Potatoes	MSC Fishfingers with Chips and Tomato Sauce
	Option 2	Vegetable Pasta	Vegan Mexican Bean Roll with Wedges	Mixed Vegetable Loaf with Roast Potatoes and Gravy	Wholemeal Vegetable Pasta Bake	Quorn Burger with Chips
	Vegetables	Broccoli Sweetcorn	Garden Peas Carrots	Mixed Vegetables	Green Beans Cauliflower	Baked Beans Garden Peas
	Dessert	Rice Pudding with Mixed Berries	Chocolate Sponge with Chocolate Sauce	Oaty Cookie Fruit and Yoghurt	Iced Sponge	Orange and Lemon Shortbread



Added Plant Power



▶ Vegan



Available Daily:

- Freshly cooked jacket potatoes with a choice of fillings (where advertised)
- Bread freshly baked on site daily
- Daily salad selection

ALLERGY **INFORMATION:** If your child has an allergy or intolerance please ask a member of the

catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child.