



Autumn 1 RSHE curriculum



Dear parents / carers,

To keep you informed of the RSHE curriculum to be taught in Autumn 1, please see the overview below.

Year Group	Content
Year 1	<p>Who is my friend? Objectives:</p> <ul style="list-style-type: none"> Understand that there is a difference between close friends, friends, acquaintances and strangers.
Year 2	<p>How do we make a happy school? Objectives:</p> <ul style="list-style-type: none"> Understand why we have rules and how they help us learn and be happy. Understand how to behave appropriately and how to contribute to school life. Appreciate how important school is to them. Identify their special people in school. <p>Who lives in my neighbourhood? Objectives</p> <ul style="list-style-type: none"> Know what range of communities live near school. Appreciate that they should treat people with respect and kindness, regardless of difference. Understand what to do if they feel uncomfortable, either with strangers or with people they know. <p>Online strangers Objectives</p> <ul style="list-style-type: none"> Understand that people online are strangers if we don't know them in real life. Understand that we shouldn't share private and personal information with strangers.
Year 3	<p>What makes a good friend? Objectives:</p> <ul style="list-style-type: none"> Appreciate that we have responsibilities to our friends. Acknowledge that other people's emotions are important. Understand that our actions can affect other people's feelings. Learn what we can do to maintain healthy relationships. <p>Online strangers Objectives:</p> <ul style="list-style-type: none"> Understand that people on the internet are not always who they say they are, and may have malicious intentions. <p>Sharing online Objectives:</p> <ul style="list-style-type: none"> Understand that we must keep our personal information safe.

Year 4	<p>Are all friends the same? Objectives</p> <ul style="list-style-type: none"> • Understand that differences in gender, skin colour, religion, culture, sexuality and (dis)ability should not inhibit friendship or cause negative treatment. • Discuss the similarities differences between boys and girls, including basic ideas about gender vs. designated sex (male or female) and non-binary. <p>Are friendships always fun? Objectives:</p> <ul style="list-style-type: none"> • Understand that relationships come with a mixture of positive and negative emotions. • Appreciate that friendships are not always perfect. • Understand that it is normal to disagree with your friends. • Develop techniques to deal with conflict within friendships. • Understand when a relationship is unhealthy and support is required.
Year 5	<p>Why do some people get married? Objectives:</p> <ul style="list-style-type: none"> • Understand why some people get married. • Appreciate that not everyone wants to get married. • Know that forced marriage is illegal. <p>Are families ever perfect? Objectives:</p> <ul style="list-style-type: none"> • Identify the positive features that should be present in a family. • Learn how to disagree with respect. • Know the difference between secrets and surprises (when to break confidentially). • Understand the concept of consent. • Revisit that “My body belongs to me” [private parts, exceptions (doctors), FGM prevention] <p>Control and consent Objectives:</p> <ul style="list-style-type: none"> • Understand that social media comes with pressure. • Understand that we have a significant amount of control over our online lives. • Understand that our actions/lack of actions have an impact on ourselves and those around us. <p>Protecting our identity Objectives:</p> <ul style="list-style-type: none"> • Understand that our personal information is valuable, sensible and private to us. • Understand that giving away personal information can lead to both physical and emotional damage. • Understand that many small details can be pieced together to gain a much more comprehensive set of information about a person.

Year 6	<p>Bias</p> <p>Objectives:</p> <ul style="list-style-type: none"> • Understand that not everything they read is true or without bias. • Understand that bias can mislead readers, and that there are multiple perspectives to many stories. • Appreciate that everyone is at least a bit biased, so we have to be careful to balance our views and tolerate disagreement. <p>Echo chambers</p> <p>Objectives:</p> <ul style="list-style-type: none"> • Understand how different groups have their own motivations, often based around commercial or ideological reasons. • Understand how social media tends to limit the number of opposing views that we encounter. <p>What are stereotypes?</p> <p>Objectives:</p> <ul style="list-style-type: none"> • Understand what stereotypes are. • Critique media and identify stereotypes in the world around them. • Learn how to challenge stereotypes when they see them. <p>How can I accept my friends for who they are?</p> <p>Objectives:</p> <ul style="list-style-type: none"> • Accurately use language relating to gender, sexuality and identity. • Understand that trans and non-binary people may face discrimination. • Appreciate that we should treat everyone with respect, regardless of their physical appearance. <p>How do we reduce sexism?</p> <ul style="list-style-type: none"> • Analyse stereotypes around gender. • Analyse representation of gender in the media. • What does sexism look like today? • Understand the difference between an average and an essential difference. • Understand what it looks like to be an anti-sexist ally.
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Best wishes,

Mr. A Keeling

RSHE subject leader