



Summer 1 RSHE curriculum



Dear parents / carers,

To keep you informed of the RSHE curriculum to be taught in Summer 1, please see the overview below.

Year Group	Content
Foundation Stage	<p>Topic: Once Upon a Time</p> <ul style="list-style-type: none"> • Think about the perspectives of others. • Manage their own needs. • Show understanding of own feelings and those of others and begin to regulate own behaviour accordingly. • To set and work towards simple goals. • Try new activities and be able to explore different ways of doing things. • Explain the reasons for rules and know right from wrong. <p>Links to learning: <i>How can my behaviour effect friendship (relationships)</i></p>
Year 1	<p>What makes a good friend? Objectives:</p> <ul style="list-style-type: none"> • Understand that friends do not always agree with each other, but we can resolve our differences kindly, and with mutual respect. • Understand that difference can be a positive thing in our relationship. <p>Should friends tell us what to do? Objectives:</p> <ul style="list-style-type: none"> • Understand that friends should treat each other well and be fair. • Understand that there is not an ideal number of friends [You can have as many as you like. • Understand that being controlling of other people is bad and that excluding other children is hurtful. • Understand that friends should not tell us what to do, although we should listen politely.

Year 2	<p>How can I stay safe? Objectives:</p> <ul style="list-style-type: none"> • Identify common dangers that they may encounter both at home and in the wider world: ➤ Chemicals and medicines ➤ Roads and cars ➤ Riding bicycles and scooters ➤ Environmental ➤ Railways ➤ Water ➤ Fires <p>Fake news Objectives:</p> <ul style="list-style-type: none"> • Understand that anybody can put things online. • Recognise the difference between truth and fiction. • Understand that things online are often not true. • Become more familiar with the term 'Fake News' <p>Who am I? Objectives:</p> <ul style="list-style-type: none"> • Understand that each of us has skills and talents that are valuable. • Understand that we are important, unique people who deserve kindness and respect. • Appreciate that other people are important, no matter how good they are at certain things.
Year 3	<p>Friendships online Objectives:</p> <ul style="list-style-type: none"> • Identify how to be kind in online social environments. • Understand that peer pressure can make us do inappropriate or unkind things. • Understand that friends should behave in a certain way, whether they are online or offline.
Year 4	<p>Digital Media Objectives:</p> <ul style="list-style-type: none"> • Become more digitally literate by being able to analyse digital content. <p>Verifying content and echo chambers Objectives:</p> <ul style="list-style-type: none"> • Understand that information online must be checked before it is believed. • Understand some of the motivations behind putting false things online
Year 5	<p>Meeting strangers online Objectives:</p> <ul style="list-style-type: none"> • Understand that there are dangers online for younger people. • Recognise some of the signs of online danger. <p>How do we decide what to share? Objectives:</p> <ul style="list-style-type: none"> • Understand that communicating online can be complex. • Identify common manipulation tactics. <p>Personal Information, terms and conditions Objectives:</p> <ul style="list-style-type: none"> • Understand that our personal information can be used to make money and target us with advertising. <p>Should we be happy all the time? Objectives:</p> <ul style="list-style-type: none"> • Explore how big events such as loss, separation, divorce and bereavement can affect our mental and emotional health. • Explore ways of coping with big and small life events. <p>Why do we argue? Objectives:</p> <ul style="list-style-type: none"> • Understand why it is better to demonstrate self-control and restraint in emotional situations, staying calm and making good choices, even when others are not. • Practise strategies for resolving conflict with peers.

Year 6	<p>Does the internet make us happy? Objectives:</p> <ul style="list-style-type: none"> • Appreciate that there is both positive and negative content online. • Understand that social media can exert pressure on us, by making us feel jealous or insecure about our own lives. • Understand that images and videos that we see online are not always a true reflection of reality. <p>What makes us feel like we belong? Objectives:</p> <ul style="list-style-type: none"> • Understand why some people must leave their countries. • Appreciate why some people choose to come to the U.K. • Know that most refugees stay near their country of origin. • Understand that some countries are affected by war, poverty and oppression, and this contributes to migration into this, and other, countries. • Appreciate that migrants are often the victims of discrimination and ill-treatment and that very few people are illegal immigrants (as opposed to legal immigrants and asylum seekers). <p>What does it mean to be British? Objectives:</p> <ul style="list-style-type: none"> • Discuss what it means to belong to a country. • Appreciate that people can have more than one nationality. • Understand that our country's culture is made up of all of the different immigrants that have come here over thousands of years.
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Best wishes,

Mr. A Keeling

RSHE subject leader