



Summer 2 RSHE curriculum



Dear parents / carers,

To keep you informed of the RSHE curriculum to be taught in Summer 2, please see the overview below.

Year Group	Content
Foundation Stage	<p>Topic: Creatures Great and Small</p> <ul style="list-style-type: none"> • Show sensitivity to own and to others' feelings. • Display confidence to try new activities and show independence, resilience and perseverance in the faces of challenge. • Give focused attention to what the teacher says, responding appropriately even when engaged in activity. <p>Links to learning: Friendships In preparation for new classes, discussions around what makes a good friend.</p>
Year 1	<p>What makes me happy? Objectives:</p> <ul style="list-style-type: none"> • Understand the connection between their actions and the feelings of and others. • Discover how our choice of activities can affect our happiness. <p>Will I always be a child? Objectives:</p> <ul style="list-style-type: none"> • Recognise the 5 key stages of human life. • Understand how their bodies will change as they age. • Consider how their lives will change as they get older. • Appreciate how increasing independence presents new dangers, challenges, benefits and responsibilities.
Year 2	<p>What makes a boy or a girl? Objectives:</p> <ul style="list-style-type: none"> • Name their body parts, including external genitalia. • Discuss the similarities and differences between boys and girls, including ideas that challenge gender stereotypes. <p>How do I save to buy something? Objectives:</p> <ul style="list-style-type: none"> • Understand that money mainly comes from doing jobs. • Appreciate that different jobs are suitable for different people. • Understand how to make basic decisions about money (spending and saving). <p>Are all families the same? Objectives:</p> <ul style="list-style-type: none"> • Understand that families are highly varied; no family is the same.

Year 3	<p>Personal Information Objectives:</p> <ul style="list-style-type: none"> • Have a more thorough and sophisticated understanding of personal information. • Understand that websites store a lot of our information. <p>How do I stop getting ill? Objectives:</p> <ul style="list-style-type: none"> • Understand the importance of hygiene, especially hand washing. Understand how to keep our teeth healthy. • Understand the dangers of diseases caused by the sun how to stay safe from these.
Year 4	<p>Are boys and girls the same? Objectives:</p> <ul style="list-style-type: none"> • Understand that all people deserve respect, even if they are different to other people. • Appreciate that we all have different abilities and find different things challenging. <p>What is sexism? Objectives:</p> <ul style="list-style-type: none"> • Understand that all people deserve respect, equal opportunities and should be free from discrimination.
Year 5	<p>How are babies made? (Optional lesson on sexual reproduction) Objectives:</p> <ul style="list-style-type: none"> • To know the internal sex organs and how they are used to create a baby. • To know the basic facts about what happens during sex. • To know that the law states that people should not have sex until they are over 16 and consent is given by those involved. <p>How do I stay fit and healthy? Objectives:</p> <ul style="list-style-type: none"> • Understand how regular exercise and a balanced diet can keep our body healthy and make us less likely to become ill. • Know what a balanced diet looks like. <p>Can I avoid getting ill? Objectives:</p> <ul style="list-style-type: none"> • Understand why getting the right amount of sleep is important. • Know strategies to help them to sleep better. • Identify the ways to avoid damage caused by the sun. • Understand that many people have illnesses or disabilities that are not because of anything they have done. • Understand the importance of dental hygiene. <p>Who am I? Objectives:</p> <ul style="list-style-type: none"> • Learn to express our sense of identity. • Understand that our brains can get poorly and can be treated (just like our bodies). • Know that mental wellbeing varies and is not constant. <p>Is there such a thing as a normal family? Objectives:</p> <ul style="list-style-type: none"> • Understand the diversity of home lives. • Appreciate that many people have heritage from other countries and may have dual heritage. • Understand that the cultural differences between families do not make people better or worse and often present an opportunity for learning and fun.

Year 6	<p>Why are some people unkind?</p> <p>Objectives:</p> <ul style="list-style-type: none">• Identify the reasons why some children bully.• Understand that violence is always wrong, our body belongs to us.• Develop skills to avoid conflict and reconcile differences. <p>Analysing digital media.</p> <p>Objectives:</p> <ul style="list-style-type: none">• Become more digitally literate by being able to analyse digital content. <p>County lines</p> <p>Objectives:</p> <ul style="list-style-type: none">• Understand what county lines are, the impact on children, families and communities and to learn where to go and who to speak to if you have any concerns.• Understand what to do if you feel uncomfortable with something you see or hear.
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Best wishes,

Mr. A Keeling

RSHE subject leader