



**Relationships, Sex and Health Education
Progression Document EYFS – Y6, including Diamonds.
Hallam Primary School 2024 -2025**

	EYFS	Y1	Y2	Y3	Y4	Y5	Y6	Diamonds
Autumn 1	<p>Topic: This is me and my community!</p> <ul style="list-style-type: none"> Know and understand how to listen carefully and why listening is important. Know and talk about the school rules and how they help to keep us happy and safe. Listen attentively and respond to what they hear with relevant questions, comments and actions. Know the school rules and be able to talk about how they help to keep them happy and safe. Talk about how to stay safe. See themselves as a valuable individual. Build constructive and respectful relationships. To know how to be a good friend <p><i>Links to learning: Family, homes and communities.</i></p>	<p>Relationships: Fr1) Who is my friend? Tier 1,2,3 vocab</p> <p>Summarising Task: Teacher's choice of activity</p>	<p>Living in the wider world: C1) How do we make a happy school? Tier 1,2,3 vocab</p> <p>Living in the wider world: C2) Who lives in my neighbourhood? Tier 1,2,3 vocab</p> <p>Living in the wider world: Os3) Online strangers [P1] Tier 1,2,3 vocab</p> <p>Summarising Task: Teacher's choice of activity</p>	<p>Relationships: Fr1) What makes a good friend? Tier 1,2,3 vocab</p> <p>Living in the wider world: Os1) Online strangers [P1] Tier 1,2,3 vocab</p> <p>Living in the wider world: Os2) Sharing Online [P2] Tier 1,2,3 vocab</p> <p>Summarising Task: Teacher's choice of activity</p>	<p>Relationships: Fr2) Are all friends the same? Tier 1,2,3 vocab</p> <p>Relationships: Fr3) Are friendships always fun? Tier 1,2,3 vocab</p> <p>Summarising Task: Teacher's choice of activity</p>	<p>Relationships: Fa1) Why do some people get married? Tier 1,2,3 vocab</p> <p>Relationships: Fa2) Are families ever perfect? Tier 1,2,3 vocab</p> <p>Living in the wider world: Os1) Control and consent [S1] Tier 1,2,3 vocab</p> <p>Living in the wider world: Os2) Protecting our identity [P1] Tier 1,2,3 vocab</p> <p>Summarising Task: Teacher's choice of activity</p>	<p>Living in the wider world: Os6) Bias [N2] Tier 1,2,3 vocab</p> <p>Living in the wider world: Os7) Echo Chambers [N5] Tier 1,2,3 vocab</p> <p>Relationships: Fr5) What are stereotypes? Tier 1,2,3 vocab</p> <p>Relationships: Fr6) How do I accept my friends for who they are? Tier 1,2,3 vocab</p> <p>Relationships: Fr7) How do we reduce sexism? Tier 1,2,3 vocab</p> <p>Summarising Task: Teacher's choice of activity</p>	<p>Relationships: (Focus: Family)</p> <p>Activity Choices: Fa1) Who's in my family? KS1 Tier 1,2,3 vocab</p> <p>Fa2) Do Families always stay the same? KS1 Tier 1,2,3 vocab</p> <p>Fa3) How should families treat each other? KS1 Tier 1,2,3 vocab</p> <p>Fa4) When should I say no? KS1 Tier 1,2,3 vocab</p> <p>Fa5) Who owns my body? I do! KS1 Tier 1,2,3 vocab</p> <p>Fa6) Are all families the same? KS1 Tier 1,2,3 vocab</p> <p>Fa1) Why do some people get married? UKS2 Tier 1,2,3 vocab</p> <p>Summarising Task: Teacher's choice of activity</p>

Topic: Let's Celebrate!

- Ask questions to find out more.
- Develop social phrases.
- Make comments about what they have heard and ask questions to clarify their understanding.
- Hold conversation when engaged in back-and-forth exchanges with their teacher and peers.
- To know vocabulary related to different celebrations and understand different ways people celebrate.
- To know what to do if they are feeling worried about something.
- Express feelings and consider the feelings of others.
- Manage own basic hygiene and personal needs.

Links to learning: Communities, celebrations, zones of regulation.

Health and wellbeing:

P1) How do I help my body stay healthy?

[Tier 1,2,3 vocab](#)

Summarising Task:

Teacher's choice of activity

Relationships:

Fr4) How do we stop bullying?

[Tier 1,2,3 vocab](#)

Living in the wider world:

Os2) Personal information [S1]

[Tier 1,2,3 vocab](#)

Summarising Task:

Teacher's choice of activity

Relationships:

Fa1) Do Families always stay the same?

[Tier 1,2,3 vocab](#)

Relationships:

Fa2) Are all families like mine?

[Tier 1,2,3 vocab](#)

Summarising Task:

Teacher's choice of activity

Health and wellbeing:

M2) Are we happy all the time?

[Tier 1,2,3 vocab](#)

Summarising Task:

Teacher's choice of activity

Relationships:

Fr1) What makes a close friend?

[Tier 1,2,3 vocab](#)

Health and wellbeing:

M1) Does everybody have the same feelings?

[Tier 1,2,3 vocab](#)

Summarising Task:

Teacher's choice of activity

Living in the wider world:

C1) What is prejudice?

[Tier 1,2,3 vocab](#)

Living in the wider world:

C2) What is the history of prejudice?

[Tier 1,2,3 vocab](#)

Living in the wider world:

C3) What should I do if I encounter prejudice?

[Tier 1,2,3 vocab](#)

Summarising Task:

Teacher's choice of activity

Relationships:

(Focus: Friends)

Activity Choices:

Fr1) Who is my friend? KS1

[Tier 1,2,3 vocab](#)

Fr2) What makes a good friend? KS1

[Tier 1,2,3 vocab](#)

Fr3) Should friends tell us what to do? KS1

[Tier 1,2,3 vocab](#)

Fr4) How do we stop bullying? KS1

[Tier 1,2,3 vocab](#)

Fr3) Are friendships always fun? LKS2

[Tier 1,2,3 vocab](#)

Fr5) What are stereotypes? UKS2

[Tier 1,2,3 vocab](#)

Summarising Task:

Teacher's choice of activity

Topic: Superhero School

- Articulate ideas and thoughts in well-formed sentences.
- Connect one idea or action to another using a range of connectives.
- Express ideas and feelings about experiences using full sentences.
- Show resilience and perseverance in the face of challenge.
- Identify and moderate own feelings socially and emotionally.
- Display confidence to try new activities.

Links to learning: Real life superheroes (NHS), challenges.

Health and wellbeing:

M1) Where do feelings come from?

[Tier 1,2,3 vocab](#)

Health and wellbeing:

P2) How do I decide what to eat?

[Tier 1,2,3 vocab](#)

Summarising Task:

Teacher's choice of activity

Relationships:

Fa2) Do Families always stay the same?

[Tier 1,2,3 vocab](#)

Relationships:

Fa3) How should families treat each other?

[Tier 1,2,3 vocab](#)

Health and wellbeing:

P3) How do we stop getting ill?

[Tier 1,2,3 vocab](#)

Summarising Task:

Teacher's choice of activity

Health and wellbeing:

M1) How do I manage my feelings?

[Tier 1,2,3 vocab](#)

Summarising Task:

Teacher's choice of activity

Living in the wider world:

C1) How do we make the world fair?

[Tier 1,2,3 vocab](#)

Living in the wider world:

C2) Where do you feel like you belong?

[Tier 1,2,3 vocab](#)

Summarising Task:

Teacher's choice of activity

Relationships:

Fr2) Can we be different and still be friends?

[Tier 1,2,3 vocab](#)

Relationships:

Fr3) Should friends tell us what to do?

[Tier 1,2,3 vocab](#)

Health and wellbeing:

P1) Is there such a thing as the perfect body?

[Tier 1,2,3 vocab](#)

Living in the wider world:

C4a) How can I be a great citizen?

[Tier 1,2,3 vocab](#)

Living in the wider world:

C4b) How can we make positive changes in the world?

[Tier 1,2,3 vocab](#)

Summarising Task:

Teacher's choice of activity

Living in the wider world:

C5a) Why is money important?

[Tier 1,2,3 vocab](#)

Living in the wider world:

C5b) How should we spend money?

[Tier 1,2,3 vocab](#)

Living in the wider world:

C5c) How can I earn money?

[Tier 1,2,3 vocab](#)

Living in the wider world:

C6) What makes us feel like we belong?

[Tier 1,2,3 vocab](#)

Summarising Task:

Teacher's choice of activity

Living in the wider world:

(Focus: Community)

Activity Choices:

C1) How do we make a happy school?

KS1

[Tier 1,2,3 vocab](#)

C2) Who lives in my neighbourhood? KS1

[Tier 1,2,3 vocab](#)

Os1) Screen time [L1] KS1

[Tier 1,2,3 vocab](#)

Os2) Personal information [S1] KS1

[Tier 1,2,3 vocab](#)

Os3) Online strangers [P1] KS1

[Tier 1,2,3 vocab](#)

Os4) Fake News [N1] KS1

[Tier 1,2,3 vocab](#)

Os6) Verifying content and echo chambers [N3] KS2

[Tier 1,2,3 vocab](#)

Summarising Task:

Teacher's choice of activity

Topic: Down on the Farm

- Describe events in detail
- Use talk to help work out problems and organise thinking and activities.
- Offer explanations for why things might happen.
- Participate in small group, class and one-to-one discussions, offering their own ideas, using recently introduced vocabulary.
- Show understanding of their own feelings and those of others and begin to regulate their behaviour accordingly.
- Set and work towards simple goals.
- Display confidence to try new activities.
- Explain the reasons for rules and know right from wrong.
- Manage own behaviour.
- Talk about what is fair and what is not fair.

Links to learning: Zones of Regulation. Healthy Eating – What comes from a farm?

Relationships:

Fa1) Who's in my family?

[Tier 1,2,3 vocab](#)

Living in the wider world:

Os1) Screen time [L1]

[Tier 1,2,3 vocab](#)

Summarising Task:

Teacher's choice of activity

Relationships:

Fa4) When should I say no?

[Tier 1,2,3 vocab](#)

Relationships:

Fa5) Who owns my body? I do!

[Tier 1,2,3 vocab](#)

Health and wellbeing:

G1) How bodies change as we get older (link with science)

[Tier 1,2,3 vocab](#)

Summarising Task:

Teacher's choice of activity

Health and wellbeing:

P1) How do I keep my body healthy?

[Tier 1,2,3 vocab](#)

Health and wellbeing:

P2) How do I get a healthy diet?

[Tier 1,2,3 vocab](#)

Summarising Task:

Teacher's choice of activity

Living in the wider world:

C3) How can we help the people around us?

[Tier 1,2,3 vocab](#)

Summarising Task:

Teacher's choice of activity

Health and wellbeing:

G1) How will my body change as I get older?

[Tier 1,2,3 vocab](#)

Health and wellbeing:

G2) How will my feelings change as I get older?

[Tier 1,2,3 vocab](#)

Health and wellbeing:

G3) How will I stay clean during puberty?

[Tier 1,2,3 vocab](#)

Health and wellbeing:

G4) What is Menstruation?

[Tier 1,2,3 vocab](#)

Summarising Task:

Teacher's choice of activity

Health and wellbeing:

P4) Why do some people take drugs?

[Tier 1,2,3 vocab](#)

Health and wellbeing:

P5) Where should I get my health information?

[Tier 1,2,3 vocab](#)

Health and wellbeing:

P6) How do I save a life?

[Tier 1,2,3 vocab](#)

Summarising Task:

Teacher's choice of activity

Health & wellbeing: (Focus: Mental Wellbeing)**Activity Choices:**

M1) Where do feelings come from?

KS1

[Tier 1,2,3 vocab](#)

M2) Who am I? KS1

[Tier 1,2,3 vocab](#)

M3) What helps me to be happy? KS1

[Tier 1,2,3 vocab](#)

M1) How do I manage my feelings? LKS2

[Tier 1,2,3 vocab](#)

M2) Are we happy all the time? LKS2

[Tier 1,2,3 vocab](#)

M1) Does everybody have the same feelings? UKS2

[Tier 1,2,3 vocab](#)

M3) Why do we argue? UKS2

[Tier 1,2,3 vocab](#)

Summarising Task:

Teacher's choice of activity

Topic: Once Upon a Time

- Think about the perspectives of others.
- Manage their own needs.
- Show understanding of own feelings and those of others and begin to regulate own behaviour accordingly.
- To set and work towards simple goals.
- Try new activities and be able to explore different ways of doing things.
- Explain the reasons for rules and know right from wrong.

Links to learning: How can my behaviour affect friendship (relationships)

Relationships:
Fr2) What makes a good friend?
Tier 1,2,3 vocab

Relationships:
Fr3) Should friends tell us what to do?
Tier 1,2,3 vocab

Summarising Task:
Teacher's choice of activity

Health and wellbeing:
P4) How can I stay safe?
Tier 1,2,3 vocab

Living in the wider world:
Os4) Fake News [N1]
Tier 1,2,3 vocab

Health and wellbeing:
M2) Who am I?
Tier 1,2,3 vocab

Summarising Task:
Teacher's choice of activity

Living in the wider world:
Os3) Friendship Online [S1]
Tier 1,2,3 vocab

Summarising Task:
Teacher's choice of activity

Living in the wider world:
Os5) Digital Media [N1]
Tier 1,2,3 vocab

Living in the wider world:
Os6) Verifying content and echo chambers [N3]
Tier 1,2,3 vocab

Summarising Task:
Teacher's choice of activity

Living in the wider world:
Os3a) Meeting strangers online [P4]
Tier 1,2,3 vocab

Living in the wider world:
Os3b) How do we decide what to share?
Tier 1,2,3 vocab

Living in the wider world:
Os4) Personal Information, terms and conditions [C2]
Tier 1,2,3 vocab

Health and wellbeing:
M2) Should we be happy all the time?
Tier 1,2,3 vocab

Health and wellbeing:
M3) Why do we argue?
Tier 1,2,3 vocab

Summarising Task:
Teacher's choice of activity

Living in the wider world:
Os8) Does the internet make us happy? [L1]
Tier 1,2,3 vocab

Living in the wider world:
C6) What makes us feel like we belong?
Tier 1,2,3 vocab

Living in the wider world:
C7) What does it mean to be British?
Tier 1,2,3 vocab

Summarising Task:
Teacher's choice of activity

Health & wellbeing: (Focus: Physical Health)

Activity Choices:

P1) How do I help my body stay healthy? **KS1**
Tier 1,2,3 vocab

P2) How do I get a healthy diet? **KS1**
Tier 1,2,3 vocab

P3) How do I stop getting ill? **KS1**
Tier 1,2,3 vocab

P4) How can I stay safe? **KS1**
Tier 1,2,3 vocab

P1) Is there such a thing as the perfect body? **UKS2**
Tier 1,2,3 vocab

P5) Where should I get my health information? **UKS2**
Tier 1,2,3 vocab

P6) How do I save a life? **UKS2**
Tier 1,2,3 vocab

Summarising Task:
Teacher's choice of activity

Topic: Creatures Great and Small

- Show sensitivity to own and to others' feelings.
- Display confidence to try new activities and show independence, resilience and perseverance in the faces of challenge.
- Give focused attention to what the teacher says, responding appropriately even when engaged in activity.

Links to learning: Friendships

- In preparation for new classes, discussions around what makes a good friend.

Health and wellbeing:

M3) What helps me to be happy?

[Tier 1,2,3 vocab](#)

Health and wellbeing:

G1) Will I always be a child?

[Tier 1,2,3 vocab](#)

Summarising Task:
Teacher's choice of activity

Living in the wider world:

C3) What makes a boy or a girl?

[Tier 1,2,3 vocab](#)

Living in the wider world:

C4) How do I save up to buy something?

[Tier 1,2,3 vocab](#)

Relationships:

Fa6) Are all families the same?

[Tier 1,2,3 vocab](#)

Summarising Task:
Teacher's choice of activity

Living in the wider world:

Os4) Personal Information [C2]

[Tier 1,2,3 vocab](#)

Health and wellbeing:

P3) How do I stop getting ill?

[Tier 1,2,3 vocab](#)

Summarising Task:
Teacher's choice of activity

Relationships:

Fa3) Are boys and girls the same?

[Tier 1,2,3 vocab](#)

Relationships:

Fa4) What is sexism?

[Tier 1,2,3 vocab](#)

Summarising Task:
Teacher's choice of activity

Health and wellbeing:

Sx2) Optional lesson on sexual reproduction (N.B. Not statutory)

[Tier 1,2,3 vocab](#)

Health and wellbeing:

P2) How can I stay fit and healthy?

[Tier 1,2,3 vocab](#)

Health and wellbeing:

P3) Can I avoid getting ill?

[Tier 1,2,3 vocab](#)

Health and wellbeing:

M4) Who am I?

[Tier 1,2,3 vocab](#)

Relationships:

Fa3) Is there such a thing as a normal family?

[Tier 1,2,3 vocab](#)

Summarising Task:
Teacher's choice of activity

Relationships:

Fr4) Why are some people unkind?

[Tier 1,2,3 vocab](#)

Living in the wider world:

Os5) Analysing Digital Media [N1]

[Tier 1,2,3 vocab](#)

Living in the wider world:

County Lines 1

(Can You See me? NOT Learn Sheffield)

[Tier 1,2,3 vocab](#)

Living in the wider world:

County Lines 2

(Can You See me? NOT Learn Sheffield)

Living in the wider world:

County Lines 3

(Can You See me? NOT Learn Sheffield)

Summarising Task:
Teacher's choice of activity

Health and wellbeing:

(Focus: Growing Up)

Activity Choices:

G1) How will my body change as I get older? UKS2

[Tier 1,2,3 vocab](#)

G2) How will my feelings change as I get older? UKS2

[Tier 1,2,3 vocab](#)

G3) How will I stay clean during puberty? UKS2

[Tier 1,2,3 vocab](#)

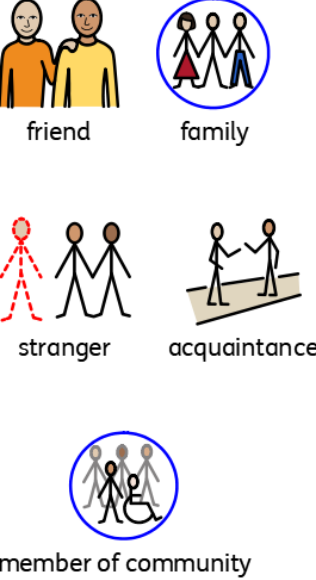
G4) What is Menstruation? UKS2

[Tier 1,2,3 vocab](#)

Summarising Task:
Teacher's choice of activity

Year 1

Year 1: Who is my friend?	
Tier 1	friend, family
Tier 2	stranger
Tier 3	acquaintance, member of my community




friend family

stranger acquaintance

member of community

Year 1: How do I help my body stay healthy?	
Tier 1	sleep, brushing, teeth
Tier 2	exercise
Tier 3	diet

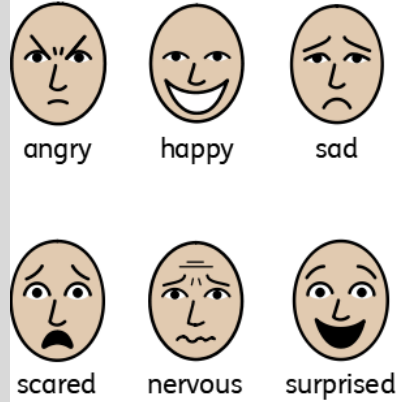


sleep brushing teeth

exercise diet

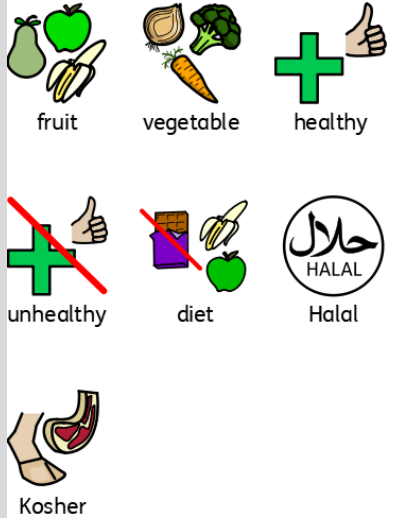
Year 1: Where do feelings come from?

Tier 1	angry, happy, sad, scared
Tier 2	calm, nervous, surprised
Tier 3	





Year 1: How do I decide what to eat?


Tier 1	fruit, vegetable
Tier 2	healthy, unhealthy, energy
Tier 3	diet, Halal, Kosher




Year 1: Who's in my family?	
Tier 1	people, change
Tier 2	roles, loss
Tier 3	



 people

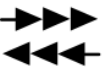

 change



 role



 loss

Year 1: Screen time	
Tier 1	screen
Tier 2	active, creative
Tier 3	connect


 screen


 active



 creative


 connect


Year 1: What makes a good friend?	
Tier 1	kind, sorry, feelings, thoughts
Tier 2	apologise, difference,

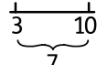

 kind



 sorry


 feelings





 thoughts






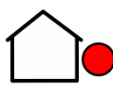





 apologise


 difference



 different


	different, team, perfect, opinions	
Tier 3		


Year 1: Should friends tell us what to do?		 listening  polite  include
Tier 1	listening, polite	
Tier 2	include, exclude, leave out, respect	 exclude  leave out  respect
Tier 3		

Year 1: What helps me to be happy?		 feelings  sleep  activities
Tier 1	feelings, sleep	
Tier 2	activities, hobbies, indoors, outdoors,	 hobbies  indoors  outdoors
Tier 3	online, offline, physical exercise	 online  offline  physical  exercise

Year 1: Will I always be a child?		
Tier 1	change	
Tier 2	age, baby, child	
Tier 3	teenager, adult, elderly	

Year 2: How do we make a happy school?		 right wrong rules
Tier 1	right, wrong	
Tier 2	rules	
Tier 3		


Year 2: Who lives in my neighbourhood?		 different community
Tier 1	different	
Tier 2		
Tier 3	community	

Year 2: Online strangers		 truth private personal information
Tier 1	truth	
Tier 2	private, personal, information	
Tier 3		


Year 2: How do we stop	
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bullying?	
Tier 1	group, bullying
Tier 2	physical, disability, emotional, minority
Tier 3	


Year 2: Personal information	
Tier 1	
Tier 2	private, personal, information
Tier 3	



private




personal




information


Year 2: Do families always stay the same?	
Tier 1	change, moving, forever, feelings
Tier 2	



change





moving



Tier 3	
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Year 2: How should families treat each other?




Tier 1	kindness
Tier 2	responsibility
Tier 3	


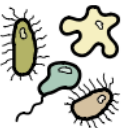

kindness responsibility

Year 2: How do we stop getting ill?

Tier 1	teeth, clean, wash, dentist
Tier 2	germs
Tier 3	disease



teeth clean wash

dentist germs disease




Year 2: When should I say no?

Tier 1	
Tier 2	private, permission
Tier 3	consent




















private permission consent

Year 2: Who owns my body? I do.

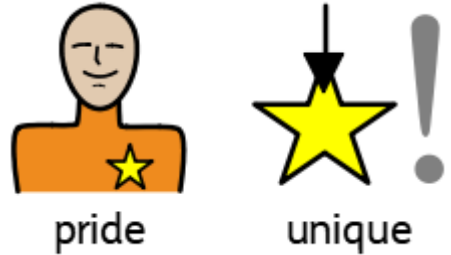
Tier 1	surprised, worried	
Tier 2	adult, secret	
Tier 3	trusted	

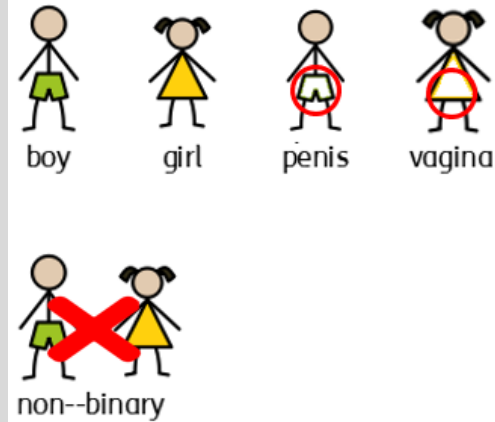
Year 2: How bodies change as we get older		  
Tier 1	change, age, baby, child	change age baby
Tier 2	teenager, adult, elderly	   
Tier 3		

Year 2: How can I stay safe?		  
Tier 1	police, fire brigade, ambulance	police fire brigade ambulance
Tier 2	needles, railway, emergency	  
Tier 3	chemical, medicine	
		 
		chemical medicine

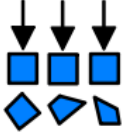




Year 2: Fake news		 
Tier 1	money	













Tier 2	Information, fake	
Tier 3	internet	



Year 2: Who am I?		
Tier 1		
Tier 2	pride, unique	
Tier 3		

Year 2: What makes a boy or a girl?		
Tier 1	boy, girl	
Tier 2		
Tier 3	penis, vagina, non-binary	

Year 2: How do I save up to buy something?		
Tier 1		
Tier 2	save, spend	
Tier 3	earn	

Year 2: Are all families the same?				
Tier 1	normal, different	normal	different	religion
Tier 2	religion			
Tier 3	culture, gender			
		culture	gender	

Year 3: What makes a good friend?				
Tier 1	happy, safe, trust,	happy	safe	trust
Tier 2	respect, honesty, kindness, interests, experiences, support, problems, welcome			
		respect	honesty	kindness
				
		interests	experiences	support
Tier 3	generosity			
		problems	welcome	generosity




Year 3: Online strangers			
Tier 1	strangers	strangers	
Tier 2	deception		deception




Tier 3	online, social media	
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Year 3: Sharing online			
Tier 1	information	information	personal
Tier 2	personal, privacy, trust		
Tier 3		privacy	trust



Year 3: Do families always stay the same?				
Tier 1	break-up, death, illness	break up	death	illness
Tier 2	divorce, grief, disability			
Tier 3	foster care, adoption	divorce	grief	disability
		foster care	adoption	

Year 3: Are all families like mine?	
Tier 1	religion, skin, colour
Tier 2	prayers, represent
Tier 3	Islam, Muslim, mosque, discrimination, same sex









































Year 3: How do I manage my feelings?	
Tier 1	anger, happiness, surprise, sadness
Tier 2	responsibility, nervousness, fear, blame, apologise
Tier 3	grief, guilt, ashamed, regret, stress



























Year 3: How do I keep my body healthy?		 healthy  food  sugar
Tier 1	healthy, food, sugar, fat	 fat  active  exercise
Tier 2	active, exercise, balance	 balance  nutrition  diet
Tier 3	nutrition, diet, protein, vitamins	 protein  vitamins


Year 3: How do I get a healthy diet?		 healthy  food  sugar
Tier 1	healthy, food, sugar, fat	 fat  balance  nutrition
Tier 2	balance	 diet  protein  vitamins
Tier 3	nutrition, diet, protein, vitamins	

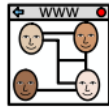
Year 3: Friendship online	
Tier 1	kindness, friendship
Tier 2	pressure, behaviour
Tier 3	social media, cyber-bullying



 kindness


 friendship



 pressure



 behaviour



 social media


 cyber-bullying

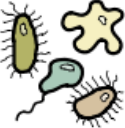
Year 3: Personal information	
Tier 1	
Tier 2	personal, information
Tier 3	identities

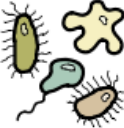

 personal



 information


 identities














Year 3: How do I stop getting ill?	
Tier 1	
Tier 2	germs




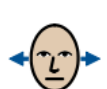

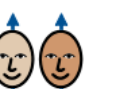

 germs


 bacteria





 virus




Tier 3	bacteria, virus, hygiene, infection	
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Year 4: Are all friends the same?		
Tier 1		 bullying  Ramadan  Islam
Tier 2	bullying	
Tier 3	Ramadan, Islam, Muslim, biological sex (male/female), same-sex, gay, straight, discrimination, non-binary, gender	 Muslim  biological sex  same sex  same sex  gay  gay  straight  discrimination  non-binary  gender


Year 4: Are friendships always fun?		
Tier 1	perfect	 perfect  disagreement  positive
Tier 2	disagreement, positive and negative emotions, compromise	 negative  emotions  compromise
Tier 3		

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Year 4: Are we happy all the time?		 feelings sadness anger
Tier 1	feelings, sadness, anger, happiness, love	 happiness love emotions
Tier 2	emotions	
Tier 3	depression, self-esteem	 depression self-esteem

Year 4: How do we make the world fair?		 rules laws police
Tier 1	rules, laws, police, fair	
Tier 2	government, vote, rights, equal	 fair government vote
Tier 3	equality	 rights equality

Year 4: Where do you feel like you belong?	
Tier 1	belong
Tier 2	support
Tier 3	community, citizen, adoption, same sex, gay, straight



belong support community

citizen adoption same sex


same sex gay gay straight

Year 4: How can we help the people around us?	
Tier 1	
Tier 2	responsibility, act of kindness
Tier 3	




responsibility act of kindness

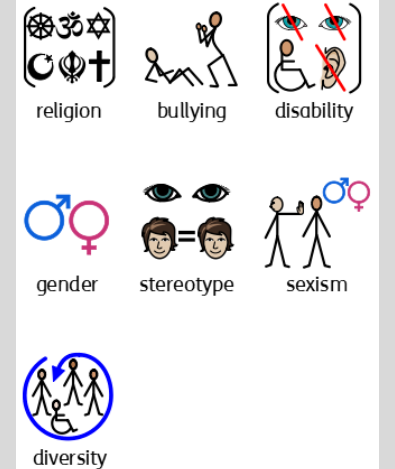
Year 4: Digital media	
Tier 1	listening, polite
Tier 2	include, exclude, leave out



listening polite include

Tier 3	respect
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Year 4: Verifying data and echo chambers		
Tier 1		
Tier 2	analyse, content, media, features	
Tier 3	digital literacy, headlines, tabloids, broadsheets	

Year 4: Are boys and girls the same?		
Tier 1	religion	
Tier 2	bullying, disability	
Tier 3	gender, stereotype, sexism, diversity	

Year 4: What is sexism?	
Tier 1	
Tier 2	
Tier 3	gender, stereotypes,

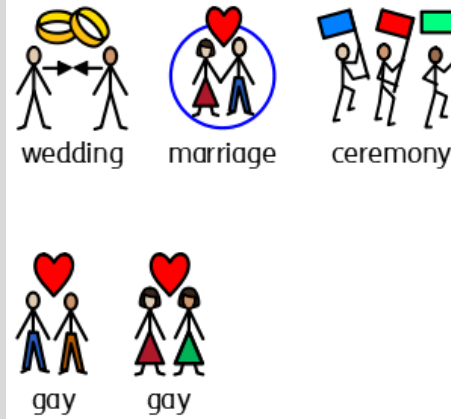
sexism, diversity

Year 5: Why do some people get married?

Tier 1 wedding

Tier 2 marriage, ceremony

Tier 3 gay

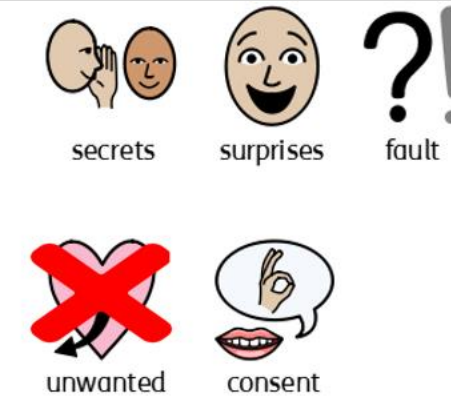


Year 5: Are families ever perfect?

Tier 1 secrets, surprises, fault

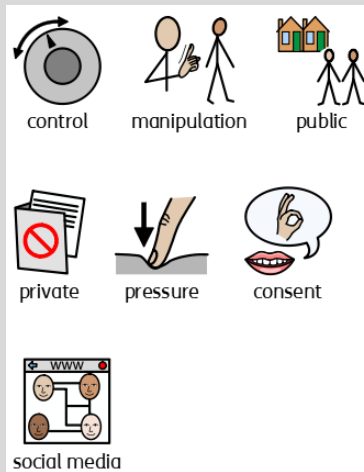
Tier 2 unwanted

Tier 3 consent



Year 5: Control and consent

Tier 1	
Tier 2	control, manipulation, public, private, pressure
Tier 3	consent, social media



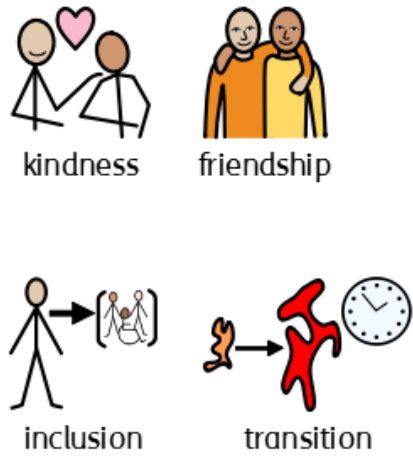
Year 5: Protecting our identity

Tier 1	personal, information, protect, privacy, valuable
Tier 2	identity, sensitive
Tier 3	



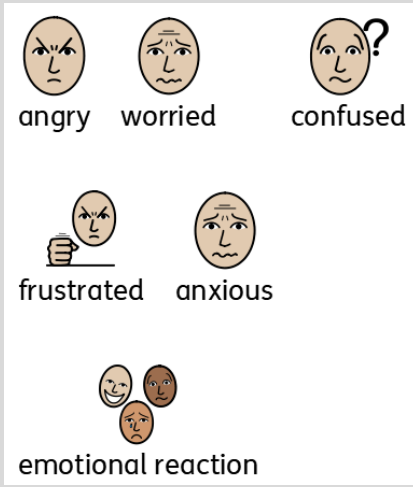
Year 5: What makes a close friend?

Tier 1	kindness, friendship
Tier 2	
Tier 3	inclusion, transition



Year 5: Does everybody have the same feelings?

Tier 1	angry, worried, confused, frustrated
Tier 2	anxious
Tier 3	emotional reaction



Year 5: Can we be different and still be friends?

Tier 1	different
Tier 2	jealousy, betrayal, excluding, including
Tier 3	

different jealousy betrayal

excluding including

Year 5: Should friends tell us what to do?

Tier 1	friendship, dares
Tier 2	boundaries, relationship, controlling
Tier 3	manipulation tactics, consent, peer pressure

friendship dares boundaries

relationship controlling

manipulation tactics consent

peer pressure

Year 5: Is there such a thing as a perfect body?

Tier 1	
Tier 2	unrealistic, expectations, insecurity
Tier 3	body-image, self-esteem

Year 5: How can I be a great citizen?

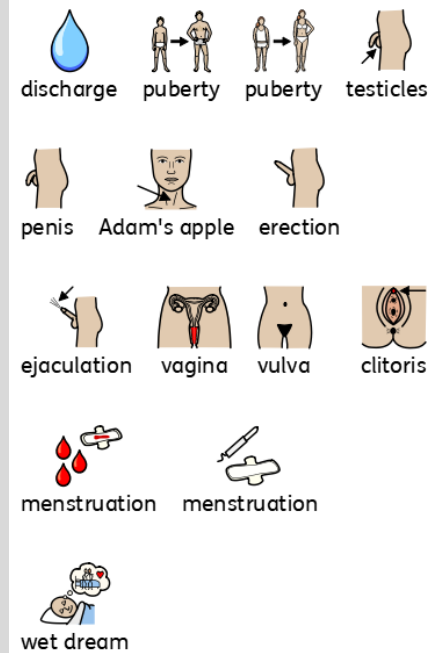
Tier 1	
Tier 2	disabled people, disabled, community
Tier 3	citizen, society, built environment

Year 5: How can I make great changes in the world?



Tier 1	
Tier 2	disabled people, disabled, community
Tier 3	citizen, society, built environment

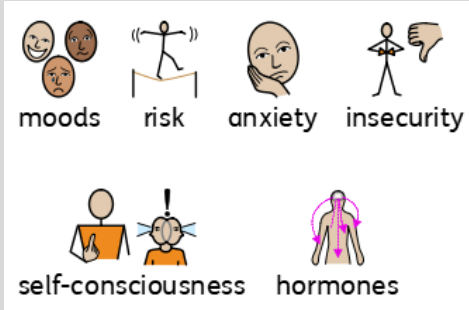
Year 5: How will my body change as I get older?



Tier 1	
Tier 2	discharge
Tier 3	puberty, testicles, penis, Adam's apple, erection, ejaculation, vagina, vulva, clitoris, menstruation, period, wet dream

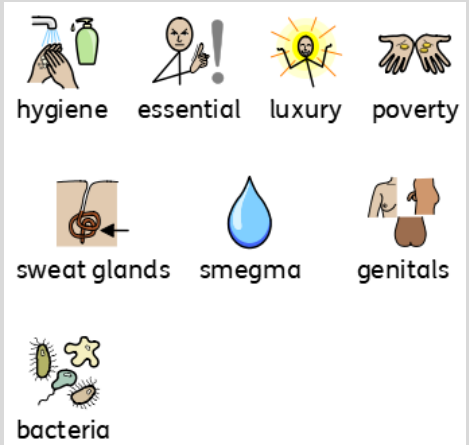
Year 5: Will my feelings change as I get older?

Tier 1	moods, risk
Tier 2	anxiety, insecurity, self-consciousness
Tier 3	hormones



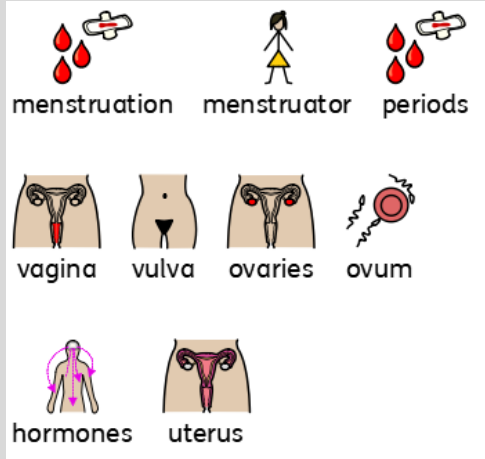
Year 5: How will I stay clean during puberty?

Tier 1	
Tier 2	hygiene , essential, luxury, poverty
Tier 3	sweat glands, smegma, genitals, bacteria



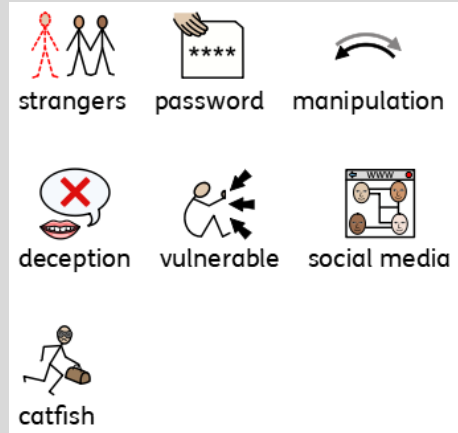
Year 5: What is menstruation?

Tier 1	
Tier 2	
Tier 3	menstruation, menstruator, periods, vagina, vulva, ovaries, ovum, hormones, uterus



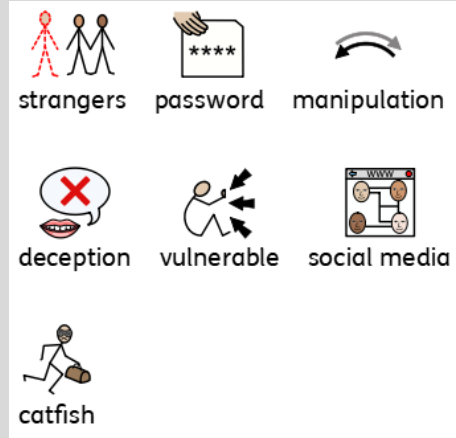
Year 5: Meeting strangers online

Tier 1	strangers, passwords
Tier 2	manipulation, deception, vulnerable
Tier 3	social media, catfish



Year 5: How do we decide what to share?

Tier 1	strangers, passwords
Tier 2	manipulation, deception, vulnerable
Tier 3	social media, catfish, flattery, blackmail, guilt-trip



Year 5: Personal information, terms and conditions

Tier 1	personal, information
Tier 2	advertisement
Tier 3	terms and conditions, social media



Year 5: Should we be happy all the time?

Tier 1
loss, separation, divorce, managing

Tier 2
bereavement, impulsivity, restraint, self-control

Tier 3



Year 5: Why do we argue?

Tier 1 listen, respond

Tier 2 impulsivity, restraint, self-control

Tier 3 conflict, resolve, resolution, trigger



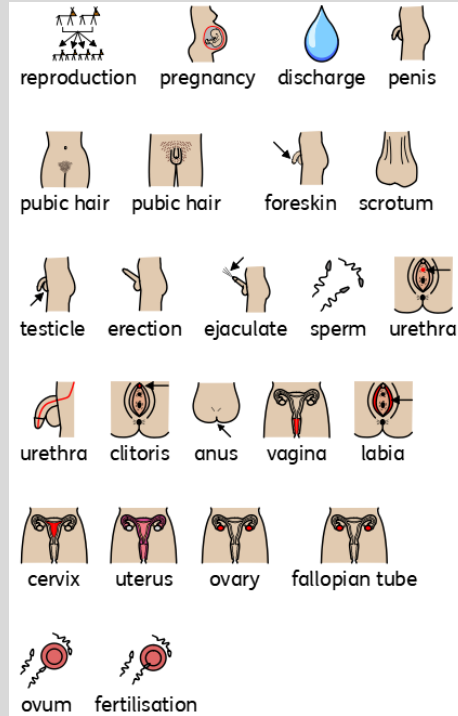
listen respond impulsivity

restraint self-control conflict

resolve resolution trigger

Year 5: **Optional** lesson on sexual reproduction

Tier 1	
Tier 2	reproduction, pregnancy, discharge
Tier 3	penis, pubic hair, foreskin, scrotum, testicle, erection, ejaculate, sperm, urethra, clitoris, anus, vagina, labia, cervix, uterus, ovary, fallopian tube, ovum, fertilisation



Year 5: How can I stay fit and healthy

Tier 1	healthy, food, sugar, fat
Tier 2	active, exercise, balance
Tier 3	nutrition, diet, protein, vitamins



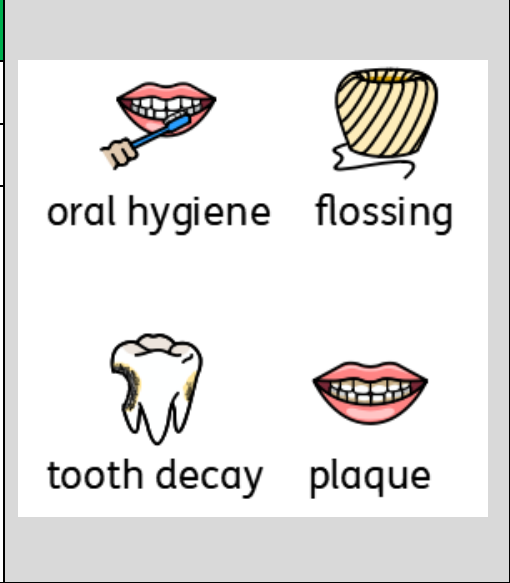
healthy food sugar fat

active exercise balance nutrition

diet protein vitamins

Year 5: Can I avoid getting ill?


Tier 1	
Tier 2	
Tier 3	oral hygiene, flossing, tooth decay, plaque




oral hygiene flossing

tooth decay plaque

Year 5: Who am I?	
Tier 1	emotions
Tier 2	identity
Tier 3	




emotions

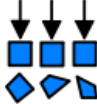


identity

Year 5: Is there such a thing as a 'normal' family?	
Tier 1	difference
Tier 2	conventional
Tier 3	




difference




conventional


Year 6: Bias	
Tier 1	groups
Tier 2	viewpoints
Tier 3	bias, propaganda




groups



viewpoints




bias




propaganda


Year 6: Echo chambers	
Tier 1	groups
Tier 2	viewpoints
Tier 3	echo chamber, bias, propaganda




groups




viewpoints



echo chamber




bias




propaganda


Year 6: What are stereotypes?	
Tier 1	man, woman
Tier 2	male, female
Tier 3	gender stereotypes, sexism




man




woman




male



female

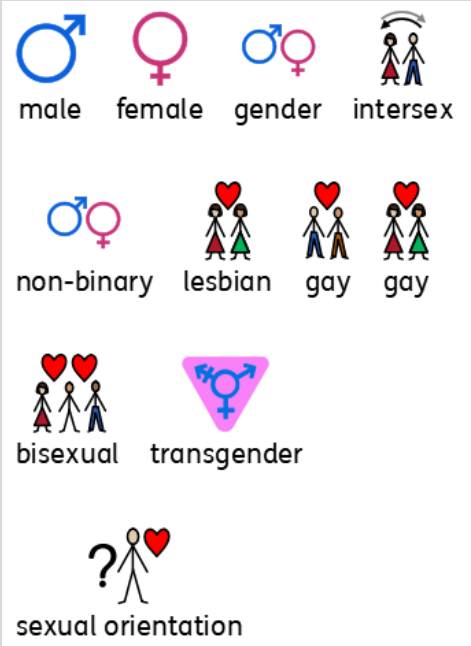


gender stereotype



sexism

Year 6: How do I accept my friends for who they are?	
Tier 1	
Tier 2	male, female
Tier 3	gender, intersex, non-binary, lesbian, gay, bisexual, transgender, sexual orientation



male female gender intersex

non-binary lesbian gay gay

bisexual transgender

sexual orientation

Year 6: How do we reduce sexism?	
Tier 1	general, essential, average
Tier 2	sexism, assumption
Tier 3	stereotype, bias, prejudice, discrimination


Year 6: What is prejudice?	
Tier 1	


Tier 2	race, racism	<p>race racism segregation</p> <p>discrimination prejudice equality act</p> <p>gender sexual orientation homophobic</p>
Tier 3	segregation, discrimination, prejudice, equality act, gender, sexual orientation, homophobic	


Year 6: What is the history of prejudice?		<p>race racism segregation</p> <p>discrimination prejudice equality act</p> <p>gender sexual orientation homophobic</p>
Tier 1		
Tier 2	race, racism	
Tier 3	segregation, discrimination, prejudice, equality act, gender, sexual orientation, homophobic	


Year 6: What should I do if I


encounter prejudice?	
Tier 1	
Tier 2	race, racism
Tier 3	segregation, discrimination, prejudice, equality act, gender, sexual orientation, homophobic



 race



 racism



 segregation



 discrimination


 prejudice


 equality act



 gender



 sexual orientation



 homophobic

Year 6: How do plants and animals reproduce?	
Tier 1	
Tier 2	This lesson is part of the science programme of study and is therefore outside the remit of this curriculum.
Tier 3	

Year 6: Why is money important?	
Tier 1	
Tier 2	privilege
Tier 3	poverty, inequality


 privilege


 poverty


 inequality


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Year 6: How should we spend money?		
Tier 1		
Tier 2	earn	
Tier 3	debt, salary, tax	


Year 6: How can I earn money?		
Tier 1		
Tier 2	earn	
Tier 3	debt, salary, tax	


Year 6: What makes us feel like we belong?		
Tier 1		
Tier 2	rights	
Tier 3	refugees, asylum seekers, immigration, immigrant	


Year 6: Why do some people take drugs?	
Tier 1	illegal, cigarettes
Tier 2	drugs, tobacco, alcohol
Tier 3	addictive, addiction



 illegal



 cigarettes


 drugs



 tobacco



 alcohol



 addictive



 addiction


Year 6: Where should I get my health information?	
Tier 1	
Tier 2	verify, genuine, accurate
Tier 3	misinformation, fake news, vaccination, 'anti-vax'



 verify



 genuine


 accurate



 misinformation


 fake news



 vaccination


 anti-vax


Year 6: How do I save a life?	
Tier 1	danger
Tier 2	hazard, environment
Tier 3	



danger




hazard




environment


Year 6: Does the internet make us happy?	
Tier 1	
Tier 2	anxiety, jealous, insecure, vulnerable, analyse
Tier 3	social media




anxiety




jealousy




insecure



vulnerable



analyse



social media

Year 6: What make us feel like we belong?	
Tier 1	rights
Tier 2	
Tier 3	refugees, asylum seekers, migration, immigrant



rights



refugees



asylum seekers



migration



immigrant

Year 6: What does it mean to be British?

Tier 1 religion, language

Tier 2

Tier 3 culture

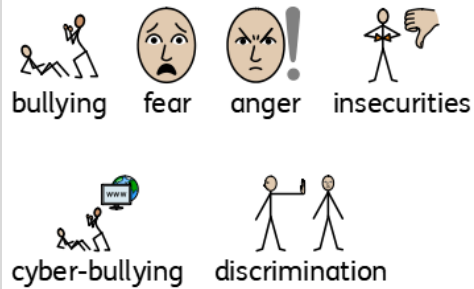


Year 6: Why are some people unkind?


Tier 1 bullying, fear, anger

Tier 2 insecurities


Tier 3 cyber-bullying, discrimination




Year 6: Analysing digital media	
Tier 1	compare
Tier 2	analyse, literacy, links
Tier 3	digital media, headline, broadsheet, tabloid, clickbait




compare




analyse




literacy




links




digital media




headline



broadsheet



tabloid



clickbait

Year 6: County Lines 1,2,3	
Tier 1	
Tier 2	
Tier 3	

