



Hambleton Primary Academy: PSHE Curriculum

PRIMARY ACADEMY	Hambleton Primary Academy: PSHE Curriculum				
	Being me in my World	Celebrating Differences	Dreams and Goals		
Nursery Links to EY curriculum	- I understand how it feels to belong and that we are similar and different- Develop their sense of responsibility and membership of a community - I understand how feeling happy and sad can be expressed -I can work together and consider others feelings- Show more confidence in new social situationsI can use gentle hands and understand that it is good to be kir -I am starting to understand children's rights and know that this means that we can all play together- Play with one or more other children, extending and elaborating play ideas Find solutions to conflicts and rivalries I am learning what being responsible means-Increasingly follow rules, understanding why they are important.	- I know how it feels to be proud of something I am good at - I can tell you one way I am special and unique - I know that all families are different - I know there are lots of different houses and homes - I can tell you how I could make new friends - I can use my words to stand up for myself- Develop appropriate ways of being assertive. Talk with others to solve conflicts. Talk about their feelings using words like 'happy', 'sad', 'angry' or 'worried'.	- I understand what a challenge means - I keep trying until I can do something - I can set a goal and work towards it Select and use activities and resources, with help when needed. This helps them to achieve a goal they have chosen, or one which is suggested to them I know some kind words to encourage people with - I can start to think about the jobs I might like to do when I'm older I can feel proud when I achieve my goal.		
Reception Links to EY curriculum	Remember rules without needing an adult to remind them. -I understand how it feels to belong and that we are all similar and different- See themselves as a valuable individual. - I can start to recognise and manage my feelings- Identify and moderate their own feelings socially and emotionally. - I enjoy working with others to make school a good place to be - I understand why it is good to be kind and use gentle hands - I am starting to understand children's rights and known that this means that we can all play together- Think about the perspectives of others I am learning what being responsible means ELG- Work and play cooperatively and take turns with others. Form positive attachments to adults and friendships with peers. Show sensitivity to their own and to others' needs.	- I can identify something I am good at and understand everyone is good at different things - I understand being different makes us all special - I know we are all different but the same in some ways - I can tell you why I think my home is special to me - I can tell you how to be a kind friends- Build constructive and respectful relationships. Express their feelings and consider the feelings of others I know which words to use to stand up for myself when someone says or does something unkind ELG- Show an understanding of their own feelings and those of others, and begin to regulate their behaviour accordingly. Set and work towards simple goals, being able to wait for what they want and control their immediate impulses when appropriate.	- I understand that if I persevere I can tackle challenges- Show resilience and perseverance in the face of challenge - I can tell you about a time I didn't give up until I achieved my goal I can set a goal and work towards it - I can use kind words to encourage people I understand the link between what I learn now and the job I might like to do when I am older I can say how I feel when I achieve a goal and know what it means to feel proud. ELG- Be confident to try new activities and show independence, resilience and perseverance in the face of challenge.		
Year 1	-I understand my rights and responsibilities as part of a class - I know how to make my class a safe place for everyone to learn - I know my views are valued and recognise how it feels to be proud of an achievement	- I can identify similarities between people in my class - I can identify differences between people in my class - I can tell you what bullying is and understand how bullying might feel	 I can set simple goals and tell you about a thing I do well. I can set a goal and work out how to achieve it. I can tell you how I learn best. I understand how to work well with a partner. I can celebrate achievement with my partner. 		

	- I recognise the choices I make and understand the consequences recognising the feelings I might face	- I know some people I could talk to if I felt unhappy or being bullied -I can be kind to children who are bullied - I know how to make new friends and how it feels to make new friends - I understand that differences make us special and unique	- I can tackle a new challenge and understand this might stretch my learning. I can identify how I feel when I am faced with a new challenge I can identify obstacles which make it more difficult to achieve my new challenge and can work out how to overcome them I can tell you how I feel when I succeeded in a new challenge and how I celebrated it.
Year 2	-I can identify my hopes and fears and I know who to ask for help when I feel worried. - I understand my rights and responsibilities being part of my class - I can help to make my class a safe and fair space - I can listen to other people and contribute my own ideas about rewards and consequences - I can work cooperatively - I can recognise the choices I make and understand the consequences	- I am starting to understand that sometimes people make assumptions about girls and boys (stereotypes) - I understand and accept some ways which girls and boys are different and feel good about this - I understand that bullying is sometimes about difference - I can tell you how someone who is bullied feels and can be kind to children who are bullied - I can recognise what is right and wrong and know how to look after myself. I know when and how to stand up for myself and others and know how to get help if I am being bullied I understand that it is ok to be different from other people and to be friends with them. I understand we shouldn't judge people if they are different I can tell you some ways I am different to my friends. I understand that these differences make us special and unique.	- I can choose a realistic goal and think about how to achieve it I carry on trying even when I find things difficult. I can tell you some of my strengths as a learner I can recognise who I work well with and who it is more difficult for me to work with. I can tell you how working with other people helps me learn I can work well in a group I can tell you some ways I worked well with my group I know how to share success with other people.
Year 3	 - I recognise my worth and can identify positive things about myself and my achievements. I can set personal goals. - I can face new challenges positively and ask for help when I need it. - I understand why rules are needed and how they relate to rights and responsibilities. - I understand that my actions affect myself and others and I care about other peoples feelings. - I understand that my behaviour brings rewards/consequences. - I can make responsible choices and take action - I can work cooperatively as part of a group. - I try to see things from another point of view. 	- I understand that everybody's family is different and important to them. I appreciate my family I understand that differences and conflicts sometimes happen among family members. I know how to calm myself down I know what it means to be a witness of bullying. I know ways of helping to make victims of bullying feel better I know that witnesses can make a situation better of worse by what they do. I can problem solve a bullying situation I recognise that some words are used in hurtful ways. I try hard to not use hurtful words I can tell you about a time when my words affected someone's feelings and what the consequences were.	- I can tell you about a person who has faced difficult challenges and achieved success. I respect and admire people who overcome obstacles and achieve their dreams and goals I can identify and ambition that is important to me. I can imagine how I feel when I achieve the ambition I enjoy facing new learning challenges and working out the best ways to achieve them. I can break down a goals into a number of steps and know how others could help me to achieve them I am motivated and enthusiastic about achieving our new challenge. I know that I am responsible for my own learning and can use my strengths as a learner to achieve the challenge.

		- I can give and receive compliments and know how this feels.	- I can recognise obstacles that might hinder my achievement and can take steps to overcome them. I can manage the feelings of frustration that may arise when obstacles occur I can evaluate my own learning process and identify how it can be better next time. I am confident in sharing my success with others.
Year 4	 - I know my attitudes and behaviour makes a difference to a class team - I know how good it feels to be included in a group and how it feels to be excluded. - I understand who is in my school community, taking a role in a group. - I understand how democracy works through the school council - I know that my actions affect myself and others. I care about other peoples feelings and try to empathise with them. - I understand how rewards and consequences can motivate behaviour. - I understand how groups come together to make decisions. I take on a role in a group to get the overall outcome. - I understand how having democracy and a voice benefits the school community. 	 I understand that sometimes we make assumptions about what people look like. I try to accept people for who they are. I understand what influences me to make assumptions based on how people look. I can question why I think what I do about other people. I know that sometimes bullying is hard to spot and I know what to do if I think it is going on but I am not sure. I know how it might feel to be a witness to and a target of bullying. I can tell you why witnesses sometimes join in with bullying and sometimes don't tell. I can problem solve a bullying situation. I can identify what is special about me and value the ways in which I am unique. I like and respect the unique features of my physical appearance. I can tell you a time when my first impression of someone changed when I got to know them. I can explain why it is good to accept people for who they are. 	 I can tell you about some of my hopes and dreams. I understand that sometimes hopes and dreams do not come true and that this can hurt. I know what disappointment feels and can identify when I have felt that way. I know that reflecting on positive and happy experiences can help me to counteract disappointment. I know how to cope with disappointment and can help others cope with theirs. I know how to make a new plan and set new goals even if I have been disappointed. I know what it means to be resilient and to have a positive attitude. I know how to work out the steps to achieve a goal and can do this successfully as part of a group. I can enjoy being part of a group challenge. I can identify the contributions made by myself and others to the groups achievements.
Year 5	 - I can face new challenges positively and know how to set personal goals. I know what I value most about my school and can identify my hopes for this school year. - I understand my rights and responsibilities as a citizen of my country and as a member of our school. I can empathise with people in this country whose lives are different to my own. - I can make choices about my own behaviour because I understand how rewards and consequences feel. I understand that my actions affect me and others. - I understand how an individuals behaviour can impact on a group. I can contribute to the group and understand how we function best as a whole. 	- I understand that cultural differences sometimes cause conflict. I am aware of my own culture I understand what racism is. I am aware of my attitude towards people from different races I understand how rumour spreading and name calling can be bullying behaviours. I can tell you a range of strategies for managing my feelings in bullying situations and for problem solving when I am part of one I can explain the difference between direct and indirect types of bullying. I know some ways to encourage children who use bullying behaviours to make other choices and know how to support children who are being bullied.	I understand that cultural differences sometimes cause conflict I understand what racism is I understand how rumour-spreading and name-calling can be bullying behaviours I can explain the difference between direct and indirect types of bullying I can compare my life with people in the developing world I can understand a different culture from my own I am aware of my own culture I am aware of my attitude towards people from different races

	- I understand how democracy and having a voice benefits the school community and know how to participate in this.	- I can compare my life with people who live in the developing world. I can appreciate the value of happiness regardless of wealth. - I can understand a different culture from my own. I respect my own and other peoples cultures.	I can tell you a range of strategies for managing my feelings in bullying situations and for problem-solving when I'm part of one I know some ways to encourage children who use bullying behaviours to make other choices and know how to support children who are being bullied I can appreciate the value of happiness regardless of material wealth I respect my own and other people's cultures
Year 6	- I can identify my goals for this year, understand my fears and worries about the future and know how to express them -I feel welcome and valued and know how to make others feel the same I know that there are universal rights for all children but for many children these rights are not met. I understand my own wants and needs and can compare these with children in different communities I understand that my actions affect other people locally and globally I can make choices about my own behaviour because I understand how rewards and consequences feel and I understand how these relate to my rights and responsibilitiesI understand that my actions affect myself and others; I care about other people's feelings and try to empathise with themI understand how an individual's behaviour can impact on a group. I can contribute to the group and understand how we can function best as a whole I understand how democracy and having a voice benefits the school community.	-I understand there are different perceptions about what normal means. I can empathise with people who are different. - I understand how being different can affect someone's life. I am aware of my attitude towards people who are different. - I can explain some of the ways in which one person or a group can have power over another. - I know how it can feel to be excluded or treated badly by being different in some way. - I know some of the reasons why people use bullying behaviours. I can tell you a range of strategies for managing my feelings in bullying situations and for problem solving when I'm part of one. - I can give examples of people with disabilities who lead amazing lives. I appreciate people for who they are. - I can explain ways in which difference can be a source of conflict and a cause for celebration. I can show empathy with people in either situation.	- I know my learning strengths and can set challenging but realistic goals for myself.I understand why it is important to stretch the boundaries of my current learning I can work out the learning steps I need to take to reach my goal and understand how to motivate myself to work on these. I can set success criteria so that I will know whether or not I have achieved my goal I can identify problems in the world that concern me and talk to other people about them. I recognise the emotions I am feeling when I consider people in the world who are living in difficult situations I can work with other people to help make the world a better place. I can empathise with people who are suffering or who are living in difficult situations I can describe some ways in which I can work with other people to help make the world a better place. I can identify why I am motivated to do this I know what some people in my class like or admire about me and can accept praise. I can give compliments and praise to other people when I recognise their achievements.