

# MENU



## MONDAY

-  Pizza Slice
-  Chickpea, Spinach and Sweet Potato Curry with Naan Bread
- Crispy Paprika Potatoes
- Brown & White Rice
- Sweetcorn Baked Beans
-  Chocolate Cookie with Orange Wedges


## TUESDAY

- Meat & Potato Pie
-  Quorn Nuggets
-  Herby Potatoes
- Pasta Twists
- Carrots
- Garden Peas
- Ice Cream Pot

## WEDNESDAY

- Chicken or Vegetable Korma with Naan Bread
- Cheese Whirl
- Brown & White Rice
- Jacket Wedges
- Baked Beans
- Lemon Drizzled Sponge with Custard


## THURSDAY

- Roast Pork or Quorn Roast, Stuffing & Gravy
-  Tomato & Basil Pasta with Garlic Bread
- Mashed Potato
- Broccoli Cauliflower
- Rainbow Cookie







## FRIDAY

- Battered Fish Fillet
- Quorn Fillet with Chip Shop Curry Sauce
- Chips
- Garden Peas
-  Sunshine Muffin

## AVAILABLE DAILY

Filled jacket potato or sandwich with veggie sticks or salad pot.  
Fresh fruit,  Geo Valley yogurt or Cheese & Crackers.  
A choice of fruit drink, water or milk available with every meal.

Week 2:  
12/9, 3/10, 31/10, 21/11,  
12/12, 16/1, 6/2, 6/3, 27/3,  
1/5, 22/5, 19/6, 10/7

-  Vegetarian
-  Organic
-  Oily fish
-  One of your 5-a-day
-  Not cooked in oil
-  50% fruit