

MENU



MONDAY

Hot Beef Bap
with Gravy

🌿 Pizza Swirl

Jacket Wedges
Pasta Twist

Garden Peas
Baked Beans

Cornflake Cake

TUESDAY

Sticky Chicken

🌿 All Day Breakfast

Noodles
Hash Browns

Stir Fried Vegetables
Baked Beans

🌿 Arctic Roll
with Fruit

WEDNESDAY

Beef Grill or
🌿 Veggie Burger

🌿 Vegetable Thai
Curry

Wholemeal
Spaghetti Hoops
Brown & White Rice

Sweetcorn

Chocolate Sponge
with Custard

THURSDAY

Roast Chicken Fillet
or
🌿 Quorn Roast
with Stuffing & Gravy

🌿 Cheese & Onion
Slice

Mashed Potatoes

Carrots
Broccoli

Drizzled Flapjack

FRIDAY

Jumbo Fish Finger

Tuna Pasta Bake
with Garlic Bread

Chips

Garden Peas

🌿 Blueberry Muffin

AVAILABLE DAILY

Filled jacket potato or sandwich with veggie sticks or salad pot.
Fresh fruit, 🍷 Geo Valley yogurt or Cheese & Crackers.
A choice of fruit drink, water or milk available with every meal.

Week 3:
19/9, 10/10, 7/11, 28/11, 2/1,
23/1, 13/2, 13/3, 17/4, 8/5,
5/6, 26/6, 17/7

🌿 Vegetarian
🍷 Organic
🐟 Oily fish
🌸 One of your 5-a-day
🍷 Not cooked in oil
🌿 50% fruit