

# MENU



## MONDAY

- 🌿 Pizza Swirl
- Pasta Twists
- Garden Peas
- Cornflake Cake

## TUESDAY

- 🌿 All Day Breakfast
- Hash Browns
- Baked Beans
- 🌿 Arctic Roll with Fruit

## WEDNESDAY

- Beef Grill or  
🌿 Veggie Burger
- Diced Potatoes
- Baked Beans
- Sweetcorn
- Chocolate Sponge with Custard

## THURSDAY

- Roast Chicken Fillet or  
🌿 Quorn Roast with Stuffing & Gravy
- Mashed Potatoes
- Carrots
- Raspberry Bun

## FRIDAY

- 🌿 Jumbo Fish Finger
- Chips
- Garden Peas
- 🌿 Blueberry Muffin

## AVAILABLE DAILY

Filled jacket potato or sandwich with veggie sticks or salad pot.  
Fresh fruit, 🍷 Geo Valley yogurt or Cheese & Crackers.  
A choice of fruit drink, water or milk available with every meal.

Week 3:  
19/9, 10/10, 7/11, 28/11, 2/1,  
23/1, 13/2, 13/3, 17/4, 8/5,  
5/6, 26/6, 17/7

- 🌿 Vegetarian
- 🍷 Organic
- 🐟 Oily fish
- 🌸 One of your 5-a-day
- 🍳 Not cooked in oil
- 🌿 50% fruit