

Physical Development – Moving and Handling Programme of study 2018 - 2019





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	16-26 22-36 months											30-50 months											40-60 months											ELG					
		moı																																					
	1	2	3	4	1	2	3	4	5	6	7	8	9	10	1	2			5	6	7	8	9	10	11	1	2	3	4	5	6	7	8	9	10	11	1	2	3
																	١		SER	Y																			
Who lives in						٧			٧	٧	٧	٧			٧	٧		٧	٧		٧	٧	٧	٧	٧														
my house?																																					<u> </u>		
Where does						٧		٧	٧			٧			٧	٧	٧	٧	٧	٧	٧	٧	٧	٧	٧			٧			٧								
the day go at																																							
night? Which						٧			٧	٧	_,							٧	٧		٧	٧						٧				٧							
colours make						V			V	V	٧							V	V		V	V						V				V							
you feel																																							
happy or																																							
sad?																																							
What would						٧	٧	٧	٧		٧		٧		٧						٧		٧	٧	٧	٧													
you find at																																							
the farm?																																							
Who goes to					٧	٧	٧		٧	٧	٧		٧	٧	٧	٧	٧	٧	٧	٧			٧	٧		٧	٧					٧							
the Ugly Bug																																							
Ball?					<u> </u>	<u> </u>			<u>.</u>	_			_		<u> </u>				_					<u> </u>	<u> </u>		<u> </u>												
What can I do with					٧	٧			٧	٧	٧		٧	٧	٧	٧	٧		٧					٧	٧		٧								٧	٧			
water?																																							
water:																	RI	FCFI	PTIO	N																			
What do I															П							П	П	T	Τ	V	V	٧	V	٧	٧	V	V	V	V	V	V	٧	٧
know about																																							
me?																																							
Why are															٧													٧	٧				٧		٧	٧	٧	٧	٧
there so																																							
many leaves																																							
on the																																							
ground?																																					<u> </u>		
Who are the																							٧			٧	٧					٧	٧	٧	٧	٧	٧	٧	٧
famous																																							



Physical Development - Moving and Handling Programme of study 2018 - 2019





																									and / No	
inside my books?																										
DOOKS?																										
Should															٧	٧	٧		٧		٧			٧	٧	٧
Goldilocks																										
say sorry?																										
Are all the														٧		٧		٧		٧		٧		٧	٧	٧
mini-beasts																										!
scary?																										
Who can I		•	·	·								٧				٧				٧	•		٧	٧	٧	٧
ask for help?																										

Early Years Foundation Stage Objectives

16-26 months

- 1. Walks upstairs holding hand of adult.
- 2. Comes downstairs backwards on knees (crawling).
- 3. Beginning to balance blocks to build a small tower.
- 4. Makes connections between their movement and the marks they make.

22-36 months

- 1. Runs safely on whole foot.
- 2. Squats with steadiness to rest or play with object on the ground, and rises to feet without using hands.
- 3. Climbs confidently and is beginning to pull themselves up on nursery play climbing equipment.
- 4. Can kick a large ball.
- 5. Turns pages in a book, sometimes several at once.
- 6. Shows control in holding and using jugs to pour, hammers, books and mark-making tools.
- 7. Beginning to use three fingers (tripod grip) to hold writing tools
- 8. Imitates drawing simple shapes such as circles and lines.
- 9. Walks upstairs or downstairs holding onto a rail two feet to a step.
- 10. May be beginning to show preference for dominant hand.

30-50 months

- 1. Moves freely and with pleasure and confidence in a range of ways, such as slithering, shuffling, rolling, crawling, walking, running, jumping, skipping, sliding and hopping.
- 2. Mounts stairs, steps or climbing equipment using alternate feet.
- 3. Walks downstairs, two feet to each step while carrying a small object.
- 4. Runs skilfully and negotiates space successfully, adjusting speed or direction to avoid obstacles.
- 5. Can stand momentarily on one foot when shown.
- 6. Can catch a large ball.



Physical Development - Moving and Handling Programme of study 2018 - 2019





- 7. Draws lines and circles using gross motor movements.
- 8. Uses one-handed tools and equipment, e.g. makes snips in paper with child scissors.
- 9. Holds pencil between thumb and two fingers, no longer using whole-hand grasp.
- 10. Holds pencil near point between first two fingers and thumb and uses it with good control.
- 11. Can copy some letters, e.g. letters from their name

40-60 months

- 1. Experiments with different ways of moving.
- 2. Jumps off an object and lands appropriately.
- 3. Negotiates space successfully when playing racing and chasing games with other children, adjusting speed or changing direction to avoid obstacles.
- 4. Travels with confidence and skill around, under, over and through balancing and climbing equipment.
- 5. Shows increasing control over an object in pushing, patting, throwing, catching or kicking it.
- 6. Uses simple tools to effect changes to materials.
- 7. Handles tools, objects, construction and malleable materials safely and with increasing control.
- 8. Shows a preference for a dominant hand.
- 9. Begins to use anticlockwise movement and retrace vertical lines.
- 10. Begins to form recognisable letters.
- 11. Uses a pencil and holds it effectively to form recognisable letters, most of which are correctly formed.

ELG

- 1. Children show good control and co-ordination in large and small movements.
- 2. They move confidently in a range of ways, safely negotiating space.
- 3. They handle equipment and tools effectively, including pencils for writing.