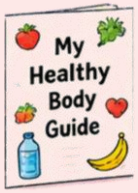
Home Learning – LKS2 Autumn 2

Pick your adventure! Choose one, try a few, or invent an idea of your own. These activities are optional and are all about exploring, creating and enjoying learning together.

Write

Create a Healthy Body Guide. Include tips about balanced food, water, exercise, sleep and looking after yourself. Use headings and pictures to make it clear and fun.

Bring in: your finished Healthy Body Guide.



Create



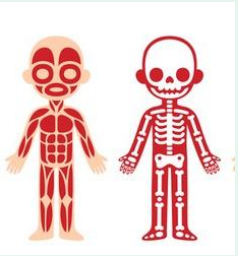
Create artwork showing the human body in motion. Draw, paint, collage or make a small sculpture of someone running, dancing, jumping or stretching. Think about shapes and lines that show movement.

Bring in: your finished artwork or sculpture.

Research

Choose a bone, joint or muscle to investigate. Find out where it is, what job it does and why it is important. Can you discover an amazing fact to surprise us?

Bring in: a fact file, poster, mini-book or labelled information display.



Make

Make a model showing how a skeleton helps us move. Try a moveable skeleton, bending arm or leg, or joint model using card, split pins, string, straws or recycled materials.

Bring in: your model.



Brilliant Bodies

OUR BIG QUESTION

How do our bodies work and how can we keep them healthy?

Investigate

Heartbeat Challenge! With an adult, feel your heartbeat while you are resting. Then try a short burst of safe activity such as marching, dancing or star jumps. What happens to your heartbeat? Try two or three activities and record what you notice.

Bring in: a results chart, investigation poster or mini science report.



Explore

X-Ray Artist! Create an X-ray-style picture of a hand, arm, leg or whole body. Use black paper or card and make the bones from white chalk, paper, cotton buds, string, pasta or anything you already have at home. Add labels if you can.

Bring in: your finished X-ray artwork.





Compare

Choose an animal and compare its skeleton with ours. What is similar or different? How do the skeletons help with support, protection and movement?

Bring in: a comparison poster, fold-out, mini-book or labelled diagram.

Your Idea



Surprise us! Invent your own way to explore Brilliant Bodies. You could create a body quiz, skeleton puzzle, healthy-living game, 3D model, information book or another idea.

Bring in: your finished creation, ready for our gallery.

BRING YOUR HOME LEARNING IN

Please return your home learning during the week commencing:
Monday 7th December.

HOME LEARNING GALLERY

Parents and carers are warmly invited to come in and celebrate the children's learning.
The Home Learning Gallery will take place on Wednesday 9th December straight after school.