



PE Organiser – Y1

Autumn 2

I can play with others and take turns
sharing with help
I can work sensibly taking turns and
sharing independently



Vocabulary

Competitive

Cooperative

Balance

Forwards

Backwards

Sideways

Share

Sending and receiving

Attacking

Defending

Space



Static Balance

Seated



Dynamic Balance to Agility

Jumping and Landing



PE Organiser – Y2 Autumn 2

I can help, praise and encourage others in their learning



Static Balance

Seated



Dynamic Balance to Agility

Jumping and Landing

Vocabulary

Competitive

Freeze

Landing

Praise

Participate

Dribbling

Communication

Reflection

Sending and receiving

Attacking

Defending

Space



PE Organiser – Y3

Autumn 2



Vocabulary

Dish

Tuck jump

Patience Communicating

Collaborating

Competing

Following instructions

Evaluate

Dribbling

control

Team game

Fair

Marking

Attacking

Defending

Control

I can show patience and support others

I can listen carefully to others about our work

I am happy to show and tell them about my ideas



Static Balance

Seated

I can pick up a cone from one side and place it on the other side with the same hand

I can return it to the opposite side with the other hand

I can sit in a dish shape and hold it for five seconds



Dynamic Balance to Agility

Jumping and Landing

I can jump from two feet to two feet with 180* turn in either direction

I can complete a tuck jump

I can complete a tuck jump with 180* turn in either directions



PE Organiser – Y4 Autumn 2



I can show patience and support others
I can listen carefully to others about our work

I am happy to show and tell them about my ideas



Static Balance **Seated**

I can reach and pick up a cone an arms distance away
I can swap hands and place it on the other side
I can reach and pick up a cone at arms distance away and place it on the other side using the same hand
I can hold a V shape with straight arms and legs for 10 seconds



Dynamic Balance to Agility **Jumping and Landing**

I can jump two feet to two feet forwards, backwards and side to side
I can hop forward and backwards freezing on landing
I can jump one foot to the other, forwards and backwards, freezing on landing
I can hop sideways raising knee and freezing on landing
I can jump one foot to the other sideways, raising knee, freezing on landing

Vocabulary

Communicating

Collaboration

Competing

Sideways

V shape

Evaluate

Dribbling

Control

Marking

Attacking

Defending

Competitive

Fair

Team game



PE Organiser – Y5 Autumn 2

I can cooperate well with others and give helpful feedback
I help organise rolls and responsibilities
I can guide a small group through a task



Dynamic Balance On a Line

I can side step in both directions
I can stand sideways and complete continuous 180* front and back pivots
I can move sideways, stepping across the body – lateral step over
I can perform 'grapevines'
Complete above challenges with eyes closed



Counter Balance With a Partner

I can step onto bench facing partner, hold with both hands, feet side by side, lean back, hold and move back together
I can step onto bench facing partner, hold with both hands, and swap places whilst leaning back with straight arms

Vocabulary

- Communicating
- Collaborating
- Competing
- Lateral step
- Attacking
- Defending
- Pivot
- Balance
- Continuous
- Interceptions
- Control
- Marking
- Fair
- Evaluate



PE Organiser – Y6 Autumn 2

I can and receive sensitive feedback to improve myself and others

I can negotiate and collaborate appropriately

I can involve others and motivate those around me to perform better



Dynamic Balance On a Line

I can lunge walk backwards

I can lunge walk backwards with opposite elbow at 90*

I can lunge walk along curved pathway forwards then backwards with opposite elbow at 90*

I can perform all the above with eyes closed



Counter Balance With a Partner

I can stand on a line facing partner, hold with both hands, lean back then swap places whilst maintaining counter balance position

I can stand on a low beam facing partner, hold with both hands, lean back then swap places whilst maintaining counter balance position

Vocabulary

Communicating

Collaborating

Competing

Lateral step

Attacking

Defending

Pivot

Balance

Continuous

Interceptions

Control

Marking

Continuous

Curved pathway