

PE KO
Spring 2



Hanslope Primary School

Spring 2

PE Knowledge Organiser

Year 1: Send and Return 2 and Gymnastics 2

How does this link to my previous learning?

- Builds upon the foundational concepts learnt in EYFS

National Curriculum Links:

- Master basic movements including running, jumping, throwing and catching, as well as developing balance, agility and co-ordination, and begin to apply these in a range of activities
- Participate in team games, developing simple tactics for attacking and defending
- Perform dances using simple movement patterns.

How does this link to my future learning?

- Provides the foundation skills for send and return 2 and Gymnastics in Y2.

What key vocabulary will I learn:

- Magic chair
- Rock
- Point balances
- Unison
- Canon
- Quarter turn
- Half turn
- Track and stop
- Spot space
- Accurate

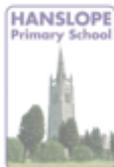
Gymnastics 2:

What will I know by the end of this unit:

- Be able to move on, off and over apparatus and use the 'Magic Chair' landing.
- Be able to rock on different parts of the body and rock using shape.
- Be able to perform specific point balances such as 'h' and 'y' balances.
- Be able to perform actions at the same time as others (unison).
- Be able to perform actions one person after the other (canon).
- Be able to turn and jump and quarter and half turn.

Send and Return 2:

- Be able to send the ball over a net to our partner.
- Be able to track and stop a moving object using both hands.
- Be able to send balls accurately from different positions, e.g. kneeling or sitting.
- Be able to spot space in the playing area and hit the ball there.
- Be able to play a game with a partner



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Year 2: Gymnastics 2 and Send and Receive 2

How does this link to my previous learning?

- Gymnastics and send and receive in Year 1

National Curriculum Links:

- Master basic movements including running, jumping, throwing and catching, as well as developing balance, agility and co-ordination, and begin to apply these in a range of activities
- Participate in team games, developing simple tactics for attacking and defending
- Perform dances using simple movement patterns.

How does this link to my future learning?

- Links to gymnastics in Year 3 and puts foundations in for specific sports

What key vocabulary will I learn:

- Releve
- Dish
- Arch
- Crab
- L sit
- Rhythm
- Consistency
- Feed
- Overarm
- Competition

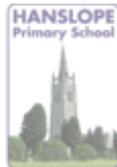
Gymnastics 2:

What will I know by the end of this unit:

- Be able to use a relevé walk in a sequence.
- Be able to perform a dish and arch shape moving smoothly from one to the other.
- Be able to show strength in back support and crab.
- Be able to frog jump and leap frog.
- Be able to hold an L-sit with a straight back.
- Be able to bring rhythm and flow to their sequence.

Send and receive 2:

- Be able to feed a ball to a partner with consistency.
- Be able to send the ball to different parts of the court.
- Be able to throw and catch in a seated position.
- Be able to accurately serve the ball to different parts of the court.
- Be able to use overarm attacking shots in a game.
- Be able to organise and manage themselves within a competition.



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Year 3: Badminton and Netball

How does this link to my previous learning?

- Attack and defend in Year 2 and builds upon the skills in Send and Receive 1

National Curriculum Links:

- Develop and apply control and balance in different ways.
- Enjoy communicating, collaborating and competing with each other.
- Compare their performance with previous ones and demonstrate improvement to achieve their personal best.
- Apply and develop a broader range of skills, learning how to use them in different ways and to link them to make actions and sequences of movement.
- Develop an understanding of how to improve in different physical activities and sports and learn how to evaluate and recognise their own success.

How does this link to my future learning?

- Badminton and Netball in Year 4

What key vocabulary will I learn:

- Shuttle
- Rally
- Self-feed
- Underarm
- Boundaries
- Forehand
- Serve
- Chest pass
- Dodge
- Shoulder pass
- Goal shooter
- Opponent

Badminton:

- Be able to use hard and soft hits.
- Be able to move to return the shuttle from the different areas of the court.
- Be able to rally with a partner over the net.
- Be able to self-feed underarm.
- Be able to serve forehand.
- Be able to play within the boundaries of the court.

Netball:

- Be able to catch a netball.
- Be able to perform quick, accurate chest passes.
- Be able to use dodging to get free from our opponent.
- Be able to use a bounce pass to feed the goal shooter
- Be able to throw for distance using a shoulder pass.
- Be able to collect a loose ball.

What will I know by the end of this unit:



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Year 4: Badminton and Netball

How does this link to my previous learning?

- Builds on badminton and netball in Year 3

What key vocabulary will I learn:

- Underarm
- Forehand
- Backhand
- Shuttle
- Trick shot
- Overhead clear
- One on one marking
- Pivot
- Preliminary
- Protect
- Collaborate

National Curriculum Links:

- Develop and apply control and balance in different ways.
- Enjoy communicating, collaborating and competing with each other.
- Compare their performance with previous ones and demonstrate improvement to achieve their personal best.
- Apply and develop a broader range of skills, learning how to use them in different ways and to link them to make actions and sequences of movement.
- Develop an understanding of how to improve in different physical activities and sports and learn how to evaluate and recognise their own success.

How does this link to my future learning?

- Provides concepts for and more competitive games in Year 5

Badminton:

- Be able to use an underarm forehand shot
- Be able to hit an overhead clear
- Be able to hit a backhand shot with control and accuracy
- Be able to play 'Trick' shots and interesting ways of hitting the shuttle
- Be able to work collaboratively to score points in different scenarios
- Be able to use forehand and backhand shots in a singles game

Netball:

- Be able to protect the ball once we have caught it.
- Be able to use basic shooting techniques in a game.
- Be able to perform one-to-one marking.
- Be able to pivot once we have caught the ball.
- Be able to use quick feet.
- Be able to use preliminary moves.

What will I know by the end of this unit:



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Year 5: Badminton and Netball

How does this link to my previous learning?

- Badminton and Netball in Year 4

National Curriculum Links:

- Develop and apply control and balance in different ways.
- Enjoy communicating, collaborating and competing with each other.
- Compare their performance with previous ones and demonstrate improvement to achieve their personal best.
- Apply and develop a broader range of skills, learning how to use them in different ways and to link them to make actions and sequences of movement.
- Develop an understanding of how to improve in different physical activities and sports and learn how to evaluate and recognise their own success.

How does this link to my future learning?

- Badminton and Netball in Year 6

What key vocabulary will I learn:

- Opponent
- Court positions
- Net shot
- Lunging
- Competition
- Outwit
- Pivoting
- Isolation
- Techniques

Badminton:

Be able to make it difficult for their opponent to score points.
Be able to apply basic court positions in singles play.
Be able to accurately hit both long and short serves.
Be able to use close control, including net shots.
Be able to use footwork to recover after lunging and moving after shots.
Be able to apply a range of movements and shots in competition.

Netball:

- Be able to choose the appropriate pass for different scenarios.
- Be able to find space to receive in a game.
- Be able to use different dodging techniques to outwit a defender and get free.
- Be able to practice and perform pivoting and quick turns.
- Be able to get into closer shooting positions.
- Be able to react and move quickly in isolation and games.

What will I know by the end of this unit:



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Year 6: Badminton and Netball

How does this link to my previous learning?

- Builds on badminton and netball from Year 5

National Curriculum Links:

- Develop and apply control and balance in different ways.
- Enjoy communicating, collaborating and competing with each other.
- Compare their performance with previous ones and demonstrate improvement to achieve their personal best.
- Apply and develop a broader range of skills, learning how to use them in different ways and to link them to make actions and sequences of movement.
- Develop an understanding of how to improve in different physical activities and sports and learn how to evaluate and recognise their own success.

How does this link to my future learning?

- Prepares children for secondary school

What key vocabulary will I learn:

- Smash shot
- Reaction time
- Doubles
- Formations
- Semi-circle
- Positions
- Rebounding
- Intercept
- Onside
- Offside
- Zones of play

Badminton:

What will I know by the end of this unit:

- Be able to use the smash shot in a doubles game.
- Be able to hit a drop shot using the correct technique to outwit an opponent.
- Be able to develop reaction time to hit shots when close to the net
- Be able to communicate with a partner in a double match to make sure court positioning is correct.
- Be able to use defensive formations in a doubles game to prevent opponents from scoring

Netball:

- Be able to improve our coordination.
- Be able to mark the pass or the shot.
- Be able to organise themselves in and around the semi-circle.
- Be able to compete to win the rebounding ball.
- Be able to stay active to intercept a pass.
- Be able to stay onside in games depending on the position being played.