



Hanslope Primary School Summer 1

PE Knowledge Organiser

Year 1: net and ball games / physical games

How does this link to my previous learning?

- Links to creative learning
- Previous years of net and ball games – building on fundamental skills

National Curriculum Links:

- Develop basic movements including running, jumping, throwing and catching, as well as developing balance, agility and coordination, and begin to apply these in a range of activities, individually and with others.
- Engage in activities in a range of increasingly challenging situations.
- Engage in competitive (both against self and against others) and cooperative physical activities.

How does this link to my future learning?

- Links to next year's physical skills
- Provides the key skills needed to progress into more complex games

What key vocabulary will I learn:

- Single
- Range
- Backswing
- Ready position
- Follow through
- Steady
- Dropped
- Send
- Receive
- Hitting
- Striking

Physical:

What will I know by the end of this unit:

- I can send with good accuracy and weight.
- I can get in a good position to receive.
- I can collect the ball safely.
- I can slow down with control after catching.

Net and ball:

- I can hit a ball with a bat or racquet.
- I can use hitting skills in a game.
- I can practise basic striking, sending and receiving.
- I can move safely around the space and equipment.
- I can travel in different ways, including, sideways and backwards.



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Year 2: net and ball games / physical games

How does this link to my previous learning?

- Links to creative learning
- Previous years of net and ball games – building on fundamental skills

What key vocabulary will I learn:

- Level
- Direction
- Speed
- Catch
- Rally
- Strike
- Pushing
- Bounce
- Travelling
- Striking
- Pathways
- Sending
- Receiving

National Curriculum Links:

- Master basic movements including running, jumping, throwing and catching, as well as extending balance, agility and coordination, and begin to apply these in a range of activities, individually and with others.
- Engage in activities in a range of increasingly challenging situations.
- Engage in competitive (both against self and against others) and cooperative physical activities.

How does this link to my future learning?

- Links to Y3 physical skills
- Provides the key skills needed to progress into more complex games

Physical skills:

- I can send with good accuracy and weight.
- I can get in a good position to receive.
- I can collect the ball safely.
- I can react and move quickly.
- I can catch the ball consistently.
- I can slow down with control after catching.

Team games:

- I can use different ways of travelling at different speeds and following different pathways, directions or courses.
- I can change speed and direction whilst running.
- I can begin to choose and use the best space in a game.
- I can position the body to strike a ball/ shuttlecock.

What will I know by the end of this unit:



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Year 3: physical skills and badminton

How does this link to my previous learning?

- Y2 net and ball games
- Previous physical skills learning

What key vocabulary will I learn:

- Sequences
- Apply
- Extend
- Gradually
- Mini back support
- Correct
- Hitting
- Racquet
- Directions
- Pathways
- Sending
- Receiving
- Direction
- Position
- Possession

National Curriculum Links:

- Develop and apply control and balance in different ways.
- Learn how to use skills in different ways and to link them to make actions and sequences of movement.
- Enjoy communicating, collaborating and competing with each other.
- Compare their performances with previous ones and demonstrate improvement to achieve their personal best.

How does this link to my future learning?

- Basis of key skills to build upon in Y4
- Further understand their ability in physical skills

Physical skills:

- I can maintain balance throughout.
- I can balance and hold the correct position, for example, back straight.
- I can balance with control when changing balance/position.
- I can react and move quickly.
- I can catch the ball consistently.
- I can slow down with control after catching

Badminton:

- I can strike or hit a ball /shuttlecock with increasing control.
- I can position the body to strike a ball/ shuttlecock
- I can demonstrate successful hitting and striking skills.
- I can practise the correct technique and use it in a game.
- I can strike the ball/ shuttlecock for distance.
- I can begin to choose and use the best space in a game.

What will I know by the end of this unit:



Year 4: physical and badminton

How does this link to my previous learning?

- Builds upon physical skills learnt in Y3
- Builds upon basic badminton knowledge learnt in Y3

What key vocabulary will I learn:

- Perform
- Body tension
- Accelerate
- Feet apart
- Stretched out
- Front support
- Receiving
- Direction
- Position
- Rally
- Hand eye coordination
- Stationary serve
- Stationary
- Possession
- Fluency

National Curriculum Links:

- Develop and apply control and balance in different ways.
- Learn how to use skills in different ways and to link them to make actions and sequences of movement.
- Enjoy communicating, collaborating and competing with each other.
- Compare their performances with previous ones and demonstrate improvement to achieve their personal best.

How does this link to my future learning?

- Builds to Y5 physical skills
- Build upon badminton skills ready to play more games in Y5

What will I know by the end of this unit:

Physical skills:

- I can react and move quickly.
- I can catch the ball consistently.
- I can slow down with control after catching.
- I can maintain balance throughout.
- I can balance and hold the correct position, for example, back straight.
- I can balance with control when changing balance/position.

Badminton:

- I can accurately serve underarm.
- I can build a rally with a partner.
- I can use at least two different shots in a game situation.
- I can use hand-eye coordination to strike a moving and a stationary ball/ shuttlecock
- I can make the best use of space to pass and receive the ball/ shuttlecock



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Year 5: physical and badminton

How does this link to my previous learning?

- Links to physical skills taught in Y4
- Builds upon badminton skills learnt in Y4

What key vocabulary will I learn:

- Pathways
- Sending
- Receiving
- Direction
- Position
- Rally
- Hand eye coordination
- Stationary serve
- Stationary
- Possession
- Accuracy

National Curriculum Links:

- Enjoy communicating, collaborating and competing with each other and develop an understanding of how to improve in an activity.
- Develop strength, control and balance, and technique.
- Play competitive games, modified where appropriate, and apply basic principles suitable for attacking and defending.

How does this link to my future learning?

- Prepares for more games in Y6
- Builds upon physical skills ready for consolidation in Y6

Physical skills:

What will I know by the end of this unit:

- I can achieve good take off and height.
- I can land with balance and control.
- I can land softly and quietly.
- I can balance with minimum wobble (control).
- I can balance and move with smooth, controlled movements.
- I can balance with non-standing foot off the floor.

Hockey:

- I can identify and apply techniques for hitting a shuttlecock
- I can explore when different shots are best used.
- I can develop a backhand technique and use it in a game.
- I can practise techniques for all strokes.
- I can make the best use of space to pass and receive the ball/ shuttlecock
- I can demonstrate an increasing awareness of space.



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Year 6: physical skills and badminton

How does this link to my previous learning?

- Build upon Y5 badminton and physical skills

National Curriculum Links:

- Enjoy communicating, collaborating and competing with each other and develop an understanding of how to improve in an activity.
- Develop strength, control and balance, and technique.
- Play competitive games, modified where appropriate, and apply basic principles suitable for attacking and defending.

How does this link to my future learning?

- Prepares you for secondary school PE
- Consolidation of all prior learning

What key vocabulary will I learn:

- Combinations accurately
- Sport specific
- Vertical stance momentum
- Uneven
- Receiving
- Direction position
- Rally
- Hand eye
- Coordination stationary
- Serve stationary
- Possession
- Accuracy

Physical skills:

- I can achieve good take off and height.
- I can land with balance and control.
- I can land softly and quietly.
- I can balance with stability and control.
- I can balance and move with smooth, controlled movements.
- I can repeat balances with consistent performance.

What will I know by the end of this unit:

Badminton:

- I can explore when different shots are best used.
- I can develop a backhand technique and use it in a game.
- I can practise techniques for all strokes.
- I can understand how to serve in order to start a game.
- I can demonstrate a good awareness of space.