

Autumn 1: Families and relationships

How does this link to my previous learning?

In EYFS, children focused on:

- · Identifying different feelings.
- · Relating feelings to colours.
- Learning coping strategies to help me when I am feeling sad/ angry.
- Exploring facial expressions.

National Curriculum Links:

In KS1, children need to explore how families are different to each other. Explore friendly behaviour. Recognise how other people show their feelings. Identify how we can care for others when they are sad.

How does this link to my future learning?

This year, pupils will:

- Understand that their families look after them.
- To know words to describe how people are related to us.
- To recognise characteristics of a positive friendship

What key vocabulary will I learn:

Behaviour	The way that somebody acts around other people.
Care	Looking after someone or something.
Emotions	The range of feelings that someone can have, such as happiness or anger.
Growth mindset	Understanding that you can keep learning new things if you never give up.
Feelings	Emotions that a person can have.
Friend	Someone you like and enjoy spending time with.
Friendly	Being nice or kind to someone.
Problem	A difficult situation.
Stereotype	A view or an idea about something or someone which is often untrue.

- · Understand that families can include a range of people.
- Understand who their friends are and what they can do together.
- Describe what people might look like when they are feeling different emotions.
- · Understand how to work in a group.
- · Understand that friendships will have problems.
- Begin to understand how other people's behaviour can affect you.



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- · Understanding that their families look after them.
- To know words to describe how people are related to us.
- · To recognise characteristics of a positive friendship

National Curriculum Links:

In KS1, children need to explore how families are different to each other.

Explore friendly behaviour. Recognise how other people show their feelings.

Identify how we can care for others when they are sad.

How does this link to my future learning?

This year, pupils will:

- Understand that families offer love and support.
- To begin to understand the range of families they may encounter now and in the future.
- To understand how other people may show emotions in different ways.

What key vocabulary will I learn:

Emotions	The range of feelings that someone can have, such as happiness or anger.
Family	A unit of people joined together by blood, marriage, or other means including adoption or a close social bond.
Feelings	Emotions that a person can have.
Friendship	A special bond between yourself and a friend.
Love	Feelings of affection and care.
Manners	A way of behaving that shows respect for other people.
Respect	A way of thinking about someone or behaving towards someone, in a kind and thoughtful way.
Stereotype	A view or idea about something, often someone, which is often untrue.

- · Families support and care for each other.
- Other people's families might be different to yours but that is OK.
- We can sometimes see how people are feeling due to their body language.
- If a friendship is making me unhappy, I need to know who I can talk to.
- We can decide what job we would like to do, being a boy or girl should not matter.
- · Good memories can make us feel better.



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How does this link to my previous learning?

In Year 2, children focused on:

- Understanding that families offer love and support.
- To begin to understand the range of families they may encounter now and in the future.
- To understand how other people may show emotions in different ways.

What key vocabulary will I learn:

Bullying	To cause repeated physical or emotional pain to somebody.
Communicate	To interact with other people through words or body language.
Empathy	To be considerate and understanding of other people's feelings.
Open questions	Questions that do not have simple one word answers.
Similar	Something that is nearly the same as another thing.
Solve	To find an answer to a problem.
Stereotype	A view or idea about something, often someone, which is often untrue.
Sympathy	Feeling sad for someone when something bad happens to them.
Trust	Relying on someone to do something for you, such as keeping a secret or keeping something safe for you.

National Curriculum Links:

In LKS2, children will learn that problems occur in all families and that there is help provided if needed. Children will know who their trusted adults are. Children will know that families will vary all around the world and we need to be respectful off this.

How does this link to my future learning?

This year, pupils will:

- Understand that all families are different.
- Know that families can offer support
 - Understand what bullying is.
 - Describe what a good listener is
- Understand how toys can reinforce stereotypes.

- Families help each other in different ways.
- · Listening is an important part of communication.
- Trust is an important part in a relationship.
- There are similarities and differences between people.
- · Stereotypes can have a negative impact on people.
- Bullying can be physical or emotional.
- Friendships have their ups and downs.
- · Families can sometimes experience problems.



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How does this link to my previous learning?

In Year 3, children focused on:

- Knowing that our family are here to support us.
- To understand that people can help us in various ways.
- To know that friendships will have their good and bad times and how we overcome these.
- To know that trust is important in a relationship.

National Curriculum Links:

In LKS2, Children are expected to discuss different families, explore friendships and how their actions can affect others emotionally and discuss bereavement and how we can help people in this difficult time.

How does this link to my future learning?

This year, pupils will:

- Explore their physical and emotional boundaries within friendships.
- They will learn how their actions and behaviours can affect others.
- They will discuss the various different families around the world.

What key vocabulary will I learn:

Act of kindness	Doing something nice for someone.
Authority	A person with high status and decision making power.
Bereavement	Mourning or grieving somebody who has died.
Bullying	To cause repeated physical or emotional pain to somebody.
Bystander	Someone who watches something happening without getting involved.
Manners	A way of behaving that shows respect for other people.
Permission	Allowing someone to do something once they have asked first.
Respect	Being thoughtful and polite towards other people.
Stereotype	A view or idea about something, often someone, which is often untrue.

- Different manners are needed in different situations.
- Everyone should be respected.
- Your body belongs to you and you should be the one to decide what happens to it.
- How we behave can have a positive or negative impact on other people.
- Families in different parts of the world have different ways of living.
- The ways we can help someone when someone they know has died.
- Gender stereotypes have an impact on how people see themselves.



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How does this link to my previous learning?

In Year 4, children focused on:

- Exploring their physical and emotional boundaries within friendships.
- Learning how their actions and behaviours can affect others.
- Discussing the various different families around the world.

National Curriculum Links:

In UKS2, children will learn how friendships can change over time. To recognise if a friendship (online or offline) is making them feel unsafe or unhappy. Strategies to help manage peer influence. The importance of seeking support when needed. What constitutes a positive relationship.

How does this link to my future learning?

This year, pupils will:

- Know that marriage is a legal commitment and people have a choice.
- Identifying ways in which families may make children feel unhappy.
 - Exploring the impact of bullying.
 - To understand stereotypes can be destructive.
 - To know discrimination is unfair.

What key vocabulary will I learn:

Attributes	Qualities or characteristics that make up someone's personality.
Bullying	To cause repeated physical or emotional pain to somebody.
Bystander	Someone who watches something happening without getting involved.
Cyberbullying	Bullying that occurs through the internet.
Marriage	The legal commitment of two people to each other which is intended to be lifelong.
Secret	Something which is not meant to be known or seen by anyone.
Wedding	The ceremony which celebrates the marriage of two people.

- People can decide if they want to get married or not.
- If we are worried about something we could talk to a trusted adult.
- Everyone is different and it is important to recognise different attributes.
- What we may feel when people bully us and how we can overcome this and why people bully others.
- Problems in friendships can be overcome and sometimes friendships are stronger after because of this.



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How does this link to my previous learning?

In Year 5, children focused on:

- Know that marriage is a legal commitment and people have a choice.
- Identifying ways in which families may make children feel unhappy.
 - Exploring the impact of bullying.
 - To understand stereotypes can be destructive.
 - To know discrimination is unfair.

What key vocabulary will I learn:

Authority	A person with high status and decision making power.
Conflict	A disagreement or argument.
Earn	To gain something like respect by showing others that you are a good, trustworthy person.
Conflict	Anticipating that something will happen a certain way.
Authority	Feelings of sadness experienced after someone's death.
Grieving	A period of sadness that someone experiences when someone close to them dies.
Resolve	To find a solution to a problem.
Respect	Being thoughtful and polite towards other people.
Stereotype	A view or idea about something, often someone, which is often untrue.

National Curriculum Links:

In UKS2, children will learn how friendships can change over time. To recognise if a friendship (online or offline) is making them feel unsafe or unhappy. Strategies to help manage peer influence. The importance of seeking support when needed. What constitutes a positive relationship.

How does this link to my future learning?

This year, pupils will:

- Understand that everyone can expect a level of respect and this can be lost.
 - Understand what respect is and how they should be respected.
 - Understand how stereotypes influence our ideas and opinions.
 - Understand strategies that can help resolve conflict.
 - Understand the term grief and describe some related emotions.

- Stereotyping can happen when some people have a limited amount of knowledge about a person or certain group of people.
- · Stereotypes can have negative consequences.
- Conflicts will happen between people but there are ways we can overcome this.
- Grief is a process we go through and it is different for everyone.
- · Respect is an important part of a relationship.