

YEAR 5/6 Residential Meeting

Rhos y Gwaliau

Monday 13th April – Friday 17th April



- **Depart Hanslope: Monday 13th April 2026.** Please come to school at the normal time.
- **Depart Rhos y Gwaliau : Friday 17th April 2026** and arrive back at Hanslope at approx 2:15pm. We will keep you updated if this changes.

We will keep you informed via **WhatsApp**. Please ensure you have the school mobile phone number saved on your phone **(07516 199377)**

For the coach, children will need a packed lunch which is labelled in a disposable bag.



www.rygoutdoor.co.uk



Staff

- Mrs Lovegood (Assistant Headteacher, DSL, Year 5 Teacher)
- Mrs Bull (LKS2 Leader/Year 3 Teacher)
- Mrs Duffield (Year 5 Teacher)
- Miss Norris (Year 6 Teacher)
- Mrs Thomson (Y5/6 Teaching Assistant)

Where are we?



What We Do



We are passionate about outdoor education and what it can give to young people and adults alike.

We celebrate ALL success. Sometimes the smallest steps are the biggest!

Our Strengths

- **Staff** - Our instructors and teachers are experienced outdoor practitioners and qualified to a high standard, across all disciplines. For them it is a full time, long term career choice and a passion. Children visiting the centre are able to work with the same instructor throughout the course, building a rapport with them. We find this makes teaching more purposeful as activities can be tailored, and challenge or support given more effectively.
- **Quality** – RYG has been awarded The “Gold Standard” in outdoor education. This quality badge is awarded by the AHOEC (Association of Heads of Outdoor Education Centres) as recognition of the highest quality instruction and provision and the experience as a whole. This award also encompasses the “Learning Outside the Classroom” quality badge and the “Adventuremark”. RYG has a proven track record with the Adventurous Activities Licensing Authority (AALA) which focus on safety in the industry.

...and More

- **One school at a time** - We are committed to only having one school stay on site. So you are able to make the place your own, leave your things where you want them Set your own ethos, rules, boundaries etc. It also means we can tailor the course to your group's needs as opposed to a one size fits all approach.
- **The “real” outdoors”** – All of our activities take place off-site. The unique situations that this creates as well as the sense of freedom and adventure really emphasises the development of skills such as independence, self esteem, risk taking, resilience, confidence, perseverance and being part of a team, to list but a few. It also means we can choose a venue to suit the children.

The Staff Team at Rhos



Seren – Freelance Instructor



Amber – Full time Instructor



Ed Jones
Centre director/
instructor/Teacher



Andy – Full time Instructor

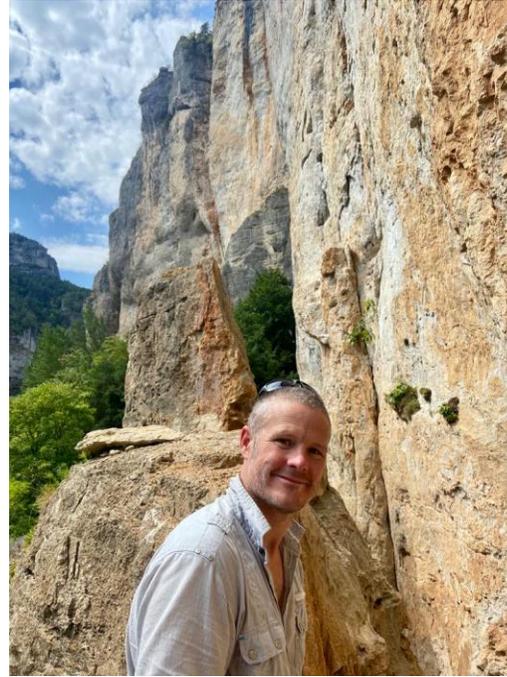


Warwick - Full time Instructor

The Staff Team ...cont.



Adam – Part time
Instructor/Teacher



Matt – Freelance
Instructor



Paul – Part-time Instructor /
Technical expert - Sailing



Lucy – Freelance
Instructor



Matt – Freelance Instructor /
Technical Expert - Climbing

Centre Staff



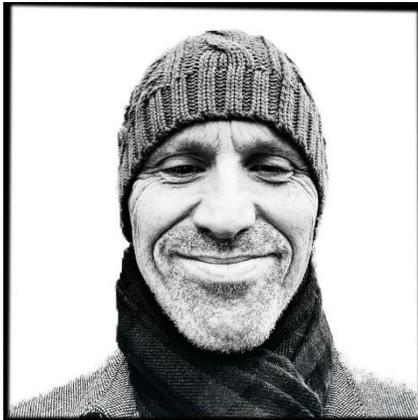
Sara – Centre
Manager/Teacher



Linda - Secretary



Clare – Office/Cleaning/
Kitchen



Tyler – Head Chef



Justine – Cook



Zuzanna – Kitchen
Assistant



Iona – Kitchen
Assistant

Travel



- The centre works with Tanat Valley Coaches to provide transport to and from schools
- Travel while at the centre is by mini bus

Healthy Eating



- The centre provides a range of popular, healthy and nutritionally balanced meals.
- We aim to use fresh and locally sourced produce as much as possible.
- We serve a 2/3 course, home cooked meal every day.
- Lunchbox snacks are freshly baked every day.
- There is always plenty of fruit, which children can help themselves to at any time.
- Special dietary requirements are well catered for.
- The RYG kitchen has continually received top marks for food hygiene.

A Typical Day

- 7.30am Get up, dormitory inspection
- 8.00am Breakfast / Make packed lunch
- 9.00am Duties
- 9.15am Morning meeting
- 9.30am Activities
- 4.30pm Showers / Free time
- 5.30pm Dinner
- 7.00pm Evening Session
- 9.00pm Supper
- 9.00pm Bedtime and lights out



Activities

- Mine exploration
- Canoeing
- Gorge walking
- Rock climbing
- Abseiling.



Evening activities

- Scavenger Hunt
- Chill time
- Football
- Quizzes
- Movie Night
- Talent Show

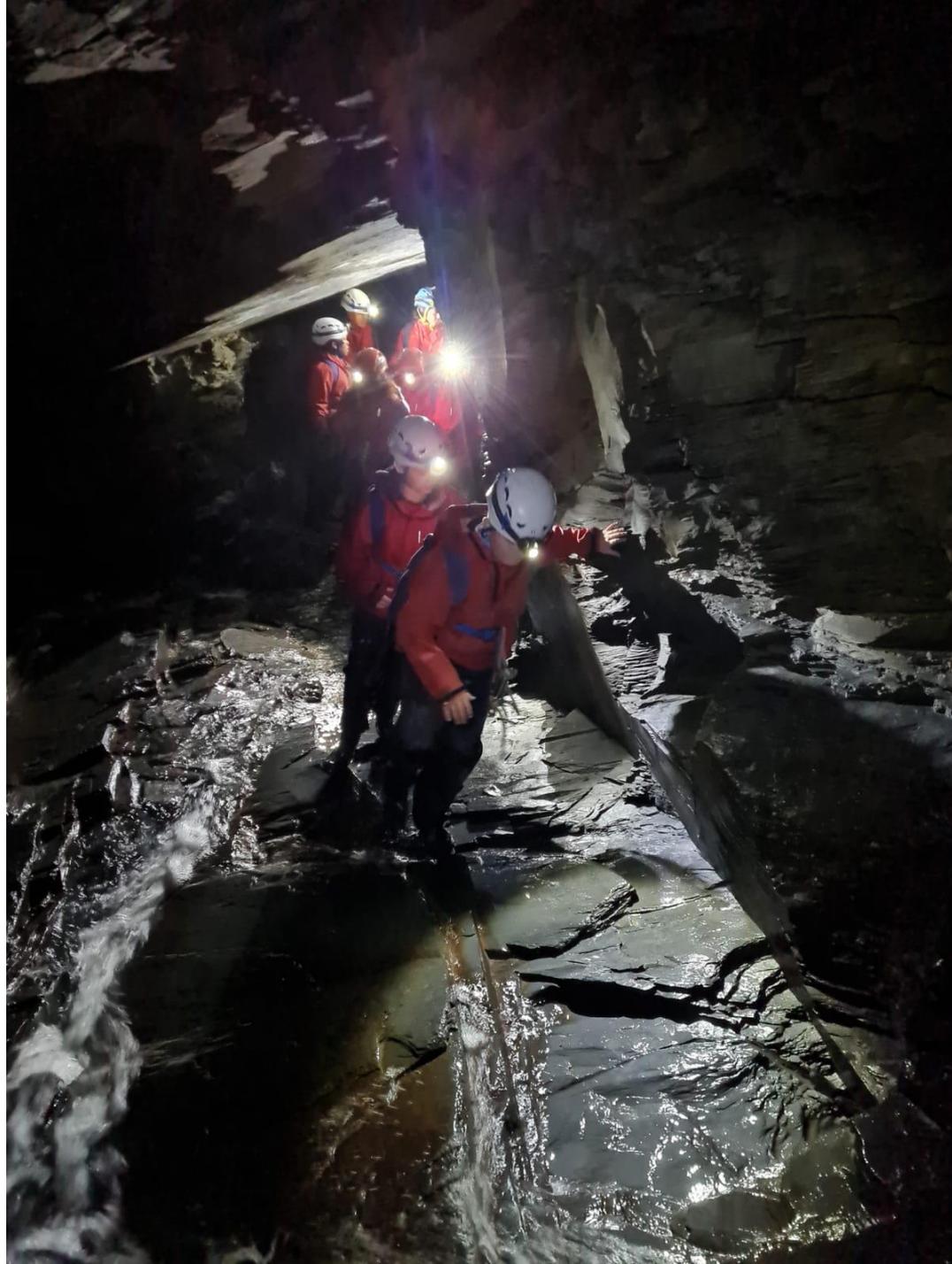


- Arranged by a mix of teachers and centre staff.



















Facilities











What to bring

- A kit list has been sent home with the children. But we have spares here if you need them. Please take one at the end.

PLEASE DO NOT BRING



Gift Shop

- Children can bring a small amount of money to spend at the gift shop.
- Leaders will look after their money until it is time to spend it.
- Please bring money in a purse/wallet. If not an envelope can be provided.

RYG Hoodie - Childs	£20.00	Vegan vanilla Lip balm	£1.50
RYG Hoodie - Adults	£25.00	SPF10 Recyled ABS Case	
RYG T Shirt - Childs	£10.00	Rainbow Notebook	£3.00
RYG T Shirt - Adults	£15.00	Eco Bendy Rainbow Eraser	£ 1.50
Adult Change Robe	£30.00	RYG Biro	£ 1.00
Junior Change Robe	£25.00	Pencils	£ 0.50
		Eco Fleur Highlighter	£ 2.00
Walking Socks 1 pair	£3.00		
Baseball Hat	£8.00		
RYG Beanie Hat	£6.50	Matchbox Wildflower Seedballs	£2.00
		Recycled Soft Toy-Highland Cow	£ 5.50
		Recycled Soft Toy-Polar Bear	£ 5.50
RYG Recycled Tote Bag	£3.00	Recycled Soft Toy-Monkey	£ 5.50
Dragon Tea Towels	£3.00	Recycled Soft Toy-Sheep	£ 4.50
RYG Mug	£3.50	Recycled Soft Toy- Hedgehog	£ 4.50
Metal Water Bottle	£5.00	Large Bear	£ 4.50
Flask	£10.00	Perygl (Dragon)	£ 4.50
RYG Stickers	£ 1.50	Animal Keyring PVC	£1.50
Cloth Badges	£2.00	Torch Keyring	£2.50
Pin Badges	£ 1.00	Dragon Magnets PVC	£1.50

Medication



Please bring in any medication from now and it must be in school by Friday 20th March. It needs to be clearly labelled in the prescribed box and with the correct form.

Forms are at the front if you need a new one.

Any questions?

