

Spring 2 KO PE



Hanslope Primary School

Spring 2

PE Knowledge Organiser

Year 1: creative skills and team games

How does this link to my previous learning?

- Builds upon social skills
- Recaps and includes skills from last year

National Curriculum Links:

- Develop balance, agility and coordination and begin to apply these in a range of activities, individually and with others.
- Engage in activities in a range of increasingly challenging situations.
- Participate in team games, developing simple tactics for attacking and defending

How does this link to my future learning?

- Provides basic understanding for Year 2 learning
- Allows you to build upon physical skills

What key vocabulary will I learn:

- Observe
- Describe
- Upper body
- Around
- Touching
- Dribbling
- Left
- Right
- Hands
- Feet
- Smooth
- Successful

What will I know by the end of this unit:

Creative skills:

- I can maintain balance throughout.
- I can move smoothly and with control.
- I can coordinate movements with my partner.
- I can move the ball in both directions.

Team games:

- I can work well in small groups
- I can say when I have been successful
- I can explore dribbling with my hands and feet
- I can explore my right and left
- I can work well with a partner



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Year 2: creative skills and team games

How does this link to my previous learning?

- Year 1 creative skills from last year
- Team game skills from last year

National Curriculum Links:

- Extend balance, agility and coordination and begin to apply these in a range of activities, individually and with others.
- Engage in competitive and cooperative physical activities.
- Participate in team games, developing simple tactics for attacking and defending

How does this link to my future learning?

- Builds towards my physical skills
- Builds up to starting a sport in Y3

What key vocabulary will I learn:

- Compare
- Select
- Link
- Gradually
- Increase
- Partner
- Long base
- Improve
- Rules
- Collaborate

Creative skills:

- I can maintain balance throughout.
- I can move smoothly and with control.
- I can coordinate movements with my partner.
- I can move the ball in both directions.

What will I know by the end of this unit:

Team games:

- I can work well in a group and with a partner
- I can suggest ideas for different activities
- I can suggest areas to improve on
- I can explain what I am doing well
- I can follow clear rules



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Year 3: creative skills and tennis

How does this link to my previous learning?

- Y2 team games
- Previous creative skills learning

What key vocabulary will I learn:

- Dropfeed
- Backhand
- Forehand
- Control
- Racket
- Target
- Distance
- Strike
- Control
- Accuracy
- Consistency
- Variety

National Curriculum Links:

- Use throwing and catching in isolation and in combination and develop and apply control and balance in different ways.
- Learn how to use skills in different ways and to link them to make actions and sequences of movement.
- Enjoy communicating, collaborating and competing with each other.

How does this link to my future learning?

- Basis of key skills to build upon in Y4
- Further understand and ability in creative skills

What will I know by the end of this unit:

Creative skills:

- I can send with good accuracy and weight
- I can get in a good position to receive
- I can collect the ball safely
- I can maintain balance throughout
- I can move smoothly and with control
- I can coordinate movements with my partner

Tennis:

- I can move to catch a ball
- I can control a ball on racket when moving
- I can hit a ball across the floor with forehand position
- I can hit the ball across the floor using back hand position
- I can hit a ball into a target (with one bounce)



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Year 4: creative skills and tennis

How does this link to my previous learning?

- Builds upon creative skills learnt in Y3
- Builds upon basic tennis knowledge learnt in Y3

National Curriculum Links:

Use throwing and catching in isolation and in combination and develop and apply control and balance in different ways.

Learn how to use skills in different ways and to link them to make actions and sequences of movement.

Enjoy communicating, collaborating and competing with each other.

Compare their performance with previous ones and demonstrate improvement to achieve their personal best.

How does this link to my future learning?

- Builds to Y5 creative skills
- Build upon tennis skills ready to play more games in Y5

What key vocabulary will I learn:

- Dropfeed
- Backhand
- Forehand
- Control
- Racket
- Target
- Distance
- Strike
- Control
- Accuracy
- Consistency
- Variety

What will I know by the end of this unit:

Creative skills:

- I can send with good accuracy and weight.
- I can get in a good position to receive.
- I can send and receive with fluency/rhythm throughout.
- I can maintain balance throughout.
- I can move smoothly and with control.
- I can coordinate movements with my partner.

Tennis:

- I can move with balance and control to catch a ball
- I can hit/bounce ball on racket when moving
- I can hit ball in forehand position with drop feed
- I can hit a ball in backhand position with a dropfeed
- I can hit a ball into a target from a variety of distances with no bounce



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Year 5: creative skills and tennis

How does this link to my previous learning?

- Links to creative skills taught in Y4
- Builds upon tennis skills learnt in Y4

National Curriculum Links:

- Enjoy communicating, collaborating and competing with each other and develop an understanding of how to improve in an activity.
- Develop strength, control and balance, and technique.
- Play competitive games, modified where appropriate, and apply basic principles suitable for attacking and defending.

How does this link to my future learning?

- Prepares for more games in Y6
- Builds upon creative skills ready for consolidation in Y6

What key vocabulary will I learn:

- Dropfeed
- Backhand
- Forehand
- Control
- Racket
- Target
- Distance
- Under arm
- Over arm
- Serve
- Diagonally

Creative skills

What will I know by the end of this unit:

- I can balance with feet and hands off the floor throughout.
- I can balance with minimum wobble.
- I can maintain balance without strain.
- I can maintain balance throughout.
- I can balance and hold the correct position, for example, back straight.
- I can balance with control when changing balance/position.

Tennis:

- I can move to hit a ball with some control
- I can hit/ bounce a ball with control when moving
- I can move into position to hit a ball with forehand in skills practice and game
- I can move into position to hit a ball with backhand in skill practice and game
- I can serve diagonally with underarm/overarm throwing into target/game.
- I can begin to use with racket to serve into a target.



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Year 6: creative skills and tennis

How does this link to my previous learning?

- Build upon Y5 tennis and creative skills

National Curriculum Links:

- Enjoy communicating, collaborating and competing with each other and develop an understanding of how to improve in an activity.
- Develop strength, control and balance, and technique.
- Play competitive games, modified where appropriate, and apply basic principles suitable for attacking and defending.

How does this link to my future learning?

- Prepares you for secondary school PE
- Consolidation of all prior learning

What key vocabulary will I learn:

- Dropfeed
- Backhand
- Forehand
- Control
- Racket
- Target
- Distance
- Under arm
- Over arm
- Serve
- Diagonally

Creative skills:

What will I know by the end of this unit:

- I can maintain stability without strain.
- I can balance with hands and feet off the floor throughout.
- I can balance with repeatable performance.
- I can balance with good posture, for example, straight back.
- I can hold balance without strain.
- I can balance with control, for example, while transferring objects.

Tennis:

- I can move in a variety of directions when hitting a ball
- I can hit/bounce ball to a partner with control
- I can move to hit a ball in game in forehand position
- I can move into position to hit a ball with backhand.
- I can begin to choose which shot it best in a game.
- I can serve diagonally under/overarm in a game of mini tennis