

Summer 2 KO PE



# Hanslope Primary School Summer 2

## PE Knowledge Organiser

### Year 1: Health and Fitness/striking and fielding

#### How does this link to my previous learning?

- Fundamental skills learnt in EYFS

#### National Curriculum Links:

- Develop basic movements including running, jumping, throwing and catching, as well as developing balance, agility and coordination, and begin to apply these in a range of activities, individually and with others.
- Engage in activities in a range of increasingly challenging situations.
- Engage in competitive (both against self and against others) and cooperative physical activities.

#### How does this link to my future learning?

- Builds up to health and fitness in Y2
- Provides basic skills needed for more complex games
- 

#### What key vocabulary will I learn:

- Changes
- Health
- Balanced
- Quickly, in line
- Shoulders
- Hips
- Aim
- Throw
- Catch
- Striking
- Fielding
- Rules
- Control

#### What will I know by the end of this unit:

##### Health and Fitness:

- I can start and stop quickly.
- I can collect the ball with balance/control.
- I can maintain balance throughout.
- I can balance with control when changing balance/position.

##### Striking and fielding:

- Show control and accuracy for rolling, underarm throwing, striking and kicking a ball
- Show some different ways of hitting, throwing and striking a ball.
- Hit a ball or bean bag and move quickly to score a range of points
- Begin to follow some simple rules



# Hanslope Primary School

## Summer 2

### PE Knowledge Organiser

#### Year 2: Health and Fitness/Striking and Fielding

##### How does this link to my previous learning?

- Y1 Health and Fitness
- Y1 Striking and fielding

##### National Curriculum Links:

- Master basic movements including running, jumping, throwing and catching, as well as extending balance, agility and coordination, and begin to apply these in a range of activities, individually and with others.
- Engage in activities in a range of increasingly challenging situations.
- Engage in competitive (both against self and against others) and cooperative physical activities.

##### How does this link to my future learning?

- Y3 Health and Fitness
- Y3 applying the skills into game-based play

##### What key vocabulary will I learn:

- Equipment
- Appropriately
- Safely
- driving arms
- Aim
- Striking
- Fielding
- Fluently
- Speed
- Rules
- Control
- Accuracy
- Aiming
- Positions
- Bowler

##### Health and fitness:

##### What will I know by the end of this unit:

- I can start and stop quickly.
- I can arrive in the correct position to collect the ball (timing).
- I can collect the ball with balance/control.
- I can maintain balance throughout.
- I can balance and hold the correct position, for example, back straight.
- I can balance with control when changing balance/position.

##### Striking and fielding:

- Stop moving when the 'bowler' has the ball.
- Follow rules for a game (carry the bat, don't overtake, run around the outside of the hula hoops)
- Show a good awareness of others in running, chasing and avoiding games, making simple decisions about when and where to run.
- React to situations in a way that helps their partners and makes it difficult for their opponents.



# Hanslope Primary School Summer 2

## PE Knowledge Organiser

### Year 3: Health and Fitness/ Striking and fielding

#### How does this link to my previous learning?

- Y2 Health and Fitness
- Y2 striking and fielding techniques

#### National Curriculum Links:

- Develop and apply control and balance in different ways.
- Learn how to use skills in different ways and to link them to make actions and sequences of movement.
- Enjoy communicating, collaborating and competing with each other.
- Compare their performances with previous ones and demonstrate improvement to achieve their personal best.

#### How does this link to my future learning?

- Health and fitness in Y4
- Building upon striking and fielding in Y4

#### What key vocabulary will I learn:

- Warm up
- Cool down
- Timing
- Accelerate
- Raise
- Balls of feet
- Weight
- Control
- Technique
- Communication
- Speeds
- Directions
- Accuracy
- Competition

#### Health and Fitness:

#### What will I know by the end of this unit:

- I can start and stop quickly.
- I can arrive in the correct position to collect the ball (timing).
- I can collect the ball with balance/control.
- I can balance with both feet facing forwards.
- I can balance with feet still.
- I can balance with minimum wobble (control).

#### Striking and fielding:

- I can stand using the correct body position
- I can begin with throwing then striking ball (kicking / rackets / bats)
- I can intercept and stop the ball with consistency and sometimes catch the ball
- I can change my positioning whilst fielding, e.g. for different batters
- I can judge how far they can run to score points



# Hanslope Primary School

Summer 2

## PE Knowledge Organiser

### Year 4: Health and fitness/Striking and fielding

#### How does this link to my previous learning?

- Y3 Health and Fitness
- Y3 Striking and fielding

#### National Curriculum Links:

- Develop and apply control and balance in different ways.
- Learn how to use skills in different ways and to link them to make actions and sequences of movement.
- Enjoy communicating, collaborating and competing with each other.
- Compare their performances with previous ones and demonstrate improvement to achieve their personal best.

#### How does this link to my future learning?

- Y5 Health and fitness
- Y5 Striking and fielding

#### What key vocabulary will I learn:

- Warm up
- Cool down
- Timing
- Accelerate
- Raise
- Balls of feet
- Weight
- Control,
- Technique
- Communication
- Speeds
- Directions
- Accuracy
- Competition
- Safety

#### What will I know by the end of this unit:

##### Health and Fitness:

- I can start and stop quickly.
- I can arrive in the correct position to collect the ball (timing).
- I can collect the ball with balance/control.
- I can balance with both feet facing forwards.
- I can balance with feet still.
- I can balance with minimum wobble (control).

##### Striking and fielding:

- I can bat using different types of shot
- I can change & maintain positioning whilst fielding
- I can use different styles of bowling
- I can strike a ball with intent and throw it more accurately when bowling and/or fielding
- Choose and use batting or throwing skills to make the game hard for their opponents



# Hanslope Primary School

## Summer 2 PE Knowledge Organiser

### Year 5: Health and Fitness/Striking and fielding

#### How does this link to my previous learning?

- Y4 Striking and fielding
- Y4 Health and fitness

#### National Curriculum Links:

- Enjoy communicating, collaborating and competing with each other and develop an understanding of how to improve in an activity.
- Develop strength, control and balance, and technique.
- Play competitive games, modified where appropriate, and apply basic principles suitable for attacking and defending.

#### How does this link to my future learning?

- Y6 Health and fitness
- Y6 Striking and fielding

#### What key vocabulary will I learn:

- Fitness
- Components
- Identify
- Cross over
- Circuit
- Opposite
- Long barrier
- Relay
- Accuracy
- Competition
- Safety
- Tackle
- Pressure
- Pattern
- Pace

#### Health and Fitness:

#### What will I know by the end of this unit:

- I can send with good accuracy and weight.
- I can get in a good position to receive.
- I can send and receive with fluency/rhythm throughout.
- I can start and stop quickly.
- I can arrive in the correct position to collect the ball (timing).
- I can collect the ball with balance/control.

#### Striking and fielding:

- I can use a range of fielding skills, e.g. catching, throwing, intercepting, with growing control and consistency.
- I can bat effectively, using different types of shot from both sides of body
- I can throw overarm with accuracy and for a good distance
- I can use tactics which involve bowlers and fielders working together.
- I can identify what they need to improve in their performance and suggest how they could do this.



# Hanslope Primary School Summer 2

## PE Knowledge Organiser

### Year 6: Health and Fitness/Striking and fielding

#### How does this link to my previous learning?

- Y5 Health and fitness
- Y5 Striking and fielding

#### National Curriculum Links:

- Enjoy communicating, collaborating and competing with each other and develop an understanding of how to improve in an activity.
- Develop strength, control and balance, and technique.
- Play competitive games, modified where appropriate, and apply basic principles suitable for attacking and defending.

#### How does this link to my future learning?

- Prepares you for secondary school PE
- Consolidation of all prior learning

#### What key vocabulary will I learn:

- Accuracy
- Competition
- Safety
- Pressure
- Pattern
- Pace
- Power
- Possession
- Alternating
- Self-select
- Repeatable
- Accuracy
- Peripheral vision
- Bowler
- Fielder

#### Health and Fitness:

#### What will I know by the end of this unit:

- I can throw with good accuracy and weight.
- I can send and receive with fluency.
- I can perform with consistency (repeatable).
- I can turn over either shoulder to collect the ball.
- I can arrive in the correct position to collect the ball (timing).
- I can collect the ball with balance/control.

#### Striking and fielding:

- I can demonstrate and use an increasing range of skills in their practices and game with confidence, control and accuracy
- I can show awareness of which skills relate to different parts of a game, or to different roles in a game
- I can use skills effectively in different types of game
- Plan to outwit the opposition individually, as a pair or as a team, when they are batting, bowling and fielding