

No Outsiders: Supporting Each Other

Learning about Inclusion and Kindness



Look at This Picture

What do you notice?

- What is happening in this picture?
- Who do you see?
- Is anything unusual going on?

Let's look closely and share our ideas!





A Special Wedding

Meet Lucy Edwards

Lucy got married to her partner this summer. During the ceremony, she asked all her guests to put on blindfolds.

Can you guess why everyone wore blindfolds at her wedding?





Why Blindfolds?

Lucy's Reason

Lucy is blind. She wanted her guests to experience what it feels like to be in her shoes. Wearing blindfolds helped everyone understand her world a little better.





A Touching Moment

Feeling the Dress

After the guests took off their blindfolds, Lucy's partner Cave kept his on. He wanted to feel the textures of Lucy's dress, just like Lucy did when she first wore it. This helped him understand why Lucy chose that special dress.





Seeing Without Sight

Lucy's Message

Lucy says, "You don't need eyesight to have vision. You don't need eyesight to have a lovely time or enjoy important moments."

We can all find ways to enjoy life and support each other, even if we do things differently.





Discuss! 🔁 🖺 💭



Lucy's Wedding Feelings

Imagine you were Lucy at her wedding when all her guests wore blindfolds. How do you think Lucy felt? And how would you feel if you were one of her guests trying this? Why do you think it was so important for her guests to experience this?

Discuss! 👺 🖺 🔎







You might have said...

Lucy might have felt happy that her friends and family were trying to understand her world.

I might have felt a bit scared or confused at first, but then I'd understand why it was important.

It helped them understand what it's like for Lucy every day, and how she experiences things.

How Is Lucy Different?

Understanding Differences

Lucy is blind, which means she cannot see. She uses her other senses, like touch and hearing, to experience the world. We all have things that make us unique!





Ways to Support Each Other

(1)



(3)







Be Kind

Always use kind words and actions to help others feel included.

Ask Questions

Curious about differences? Ask politely, then listen.

Work Together

Play and do activities together, so no one feels left out.

Get creative

Blindfolded Drawing Fun!

In pairs, one of you will wear a blindfold and try to draw a simple picture while your partner gives **gentle instructions**. Afterwards, swap roles and discuss how it felt and what helped most. Let's think about how we can **support each other!**

What you'll need: 😯 🖋 Paper, Crayons, Blindfolds

COLVOC





We Are All Welcome!

Remember

Everyone is different, and that's what makes us special. When we support each other and include everyone, we make our class a happy place where no one feels left out.