



One Drop of Kindness

How one small act can change everything

One drop of kindness

<https://www.youtube.com/watch?v=MzKmnBQ8420&t=24s>



The illustration depicts a scene at MEAN School with a dark, moody atmosphere. A boy in a red shirt and a girl in a yellow dress are shown. The text below reads: "The illustration depicts a scene at MEAN School with a dark, moody atmosphere. One's embrace with kindness had the whole school talking. One began questioning things that he had truly wanted to bring about at MEAN school. Everyone began to call him 'Dad, The Kindness Kid,' and he took on this new role with heartfelt love! He finally began to understand the sweet ache that had been with him since he was a baby —

"One drop of kindness is all it takes to fill a heart with love."

Over the next few weeks, the school became an amazingly generous. One's embrace with kindness had the whole school talking. One began questioning things that he had truly wanted to bring about at MEAN school. Everyone began to call him 'Dad, The Kindness Kid,' and he took on this new role with heartfelt love! He finally began to understand the sweet ache that had been with him since he was a baby —

"One drop of kindness is all it takes to fill a heart with love."

Meet Gus

Life in Grey

In *One Drop of Kindness* by Jeff Kubiak, we meet Gus. He lives in a grey, lonely world. He isn't always kind because he hasn't experienced much kindness himself.

The Choice

Have you ever felt it was easier to be grumpy? Gus felt that way too. But everything was about to change with one small moment.



First Thoughts



What do you think happens to a person when they aren't treated with kindness for a long time?

First Thoughts



You might have said...

They might feel lonely or sad.

They might be mean to others.

They might stop trying to make friends.



The Ripple Effect

Tiny Actions, Big Changes

Gus learns that kindness is like a **single drop of water** hitting a pond.

Moving Outwards

When you do one kind thing, it doesn't just stop there. It creates a **ripple** that moves outwards, touching people you might not even know! One small 'hello' can make someone smile, and then they might be kind to the next person they see.

The Journey of a Drop

1 The Spark

It starts with one person choosing to be helpful or friendly.

2 The Spread

The person who received kindness feels better and shares that feeling.

3 The Surroundings

The whole atmosphere of a classroom or home starts to change.



Kindness Check

Answers on the next slide...

In the story, what does the 'drop' represent?

1. A rainy day at school
2. A small, simple act of kindness
3. Getting a drink of water
4. Cleaning up a spill

Kindness Check



In the story, what does the 'drop' represent?

1. A rainy day at school

2. **A small, simple act of kindness**



3. Getting a drink of water

4. Cleaning up a spill

Gus Begins to Change

A New Perspective

As Gus begins to receive and give 'drops' of kindness, his world stops being so grey. He starts to see the best in people and, more importantly, **the best in himself.**

Filling the Bucket

Every kind word Gus says is like adding a drop to his own bucket and everyone else's. Kindness makes us feel full and happy inside.



Kindness Vocabulary

1.

Compassion

a) Understanding how someone else feels

2.

Ripple

b) A movement that spreads out from a centre

3.

Interaction

c) Wanting to help someone who is hurting

4.

Empathy

d) Talking or doing things with other people

Kindness Vocabulary



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a) Understanding how someone else feels

Small vs Big Acts



Small drops like holding a door or a smile are easy to do every day.



Big drops like standing up for someone can take a lot of courage.

Does it Matter?

Small acts of kindness don't really change the world.



TRUE



FALSE

Now it's time to explain why...

Does it Matter?

Small acts of kindness don't really change the world.



Why is that?

- a) Small acts create ripples that inspire others to be kind too.
- b) Only world leaders can make a real difference in the world.

Answers on the next slide...

Does it Matter?



Small acts of kindness don't really change the world.



Why is that?

- a) Small acts create ripples that inspire others to be kind too.
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Classroom Ripples



Think about our classroom.
Where could we add a 'drop
of kindness' today?

Classroom Ripples



You might have said...

Helping someone tidy their desk.

Inviting someone new to play at break.

Saying 'thank you' to staff.

Cheering for a friend in PE.

Your Own Ripple

Draw a large water drop on your paper. Inside the drop, write or draw one kind thing you will do before the school day ends.

Around the outside, draw circles (ripples) showing how that act might make others feel.

What you'll need: 🧠 ✎

Paper, Coloured pencils, Pens



The Lesson of Gus

In the book, we learn that one _____ of kindness can create a _____ that changes everything for _____.

Word bank 🏠

drop, ripple, everyone, bucket, storm, nobody

Answers on the next slide...

The Lesson of Gus



In the book, we learn that one **drop** of kindness can create a **ripple** that changes everything for **everyone**.

Word bank 🏠

drop, ripple, everyone, bucket, storm, nobody

Be the Drop



Remember Gus

Gus showed us that no matter how 'grey' or grumpy we feel, we can always choose to start a ripple.

Your Challenge

As you leave today, look for opportunities to be kind. You don't need to do anything huge—just be the first drop in the pond.

Kindness is a superpower that we all have!