



# Respect on the Pitch: Ramadan in Football

Learning about kindness and diversity through sport

# What is Ramadan?

## A Special Month

Ramadan is a holy month for Muslims. Many adults and older children do not eat or drink while the sun is up. This is called fasting.

## Why Fast?

It is a time for prayer, kindness, and thinking of those without food. When the sun goes down, families break the fast and eat together.





## A Match with a Difference

Recently, during a match between **Manchester City** and **Leeds United**, something special happened.

At the 26th minute, the sun began to set. Because some players were fasting for Ramadan, the referee stopped the game for **90 seconds**.

This allowed the players to run to the side of the pitch to have a quick drink and a bite to eat so they could keep playing with energy!

# A Sad Reaction

## What happened?

While the players were breaking their fast, some people in the crowd started to **boo** loudly.

## Why is this a problem?

Booing makes people feel unwelcome and disrespected. In our country, we think it is important to treat everyone with **respect**, no matter what their religion or beliefs are. This is one of our **British Values!**



# Let's Talk About It



If you were at the match and the person next to you started booing, what could you say to them (if you felt safe)?

# Let's Talk About It



**You might have said...**

We should respect everyone's religion.

They need energy to play!

Everyone belongs in football.

In our school, there are 'No Outsiders'.

# What the Managers Said



Pep Guardiola said we must 'respect the diversity' and that it is the rule of the Premier League.



Daniel Farke said he was 'disappointed' with the fans and that everyone needs to learn from it.

# Kick It Out!



## Education and Acceptance

A group called **Kick It Out** works to stop unfair treatment in football. They said it was 'massively disappointing' to hear the boos. They believe we need more **education** so people understand why these breaks happen. When we understand each other, it is easier to be kind!

# No Outsiders in Our School



## Respect

We treat everyone the way we want to be treated.



## Diversity

We celebrate that everyone is different and special.



## Community

Football and school are for everyone to enjoy together.

# Being a Team Player

## What Have We Learned?

- **Ramadan** is a special time for Muslims.
- Football matches can stop briefly to help players who are **fasting**.
- Being kind and **respecting others** makes the world a better place.

Remember: In our world, there are **No Outsiders!**

