



NO OUTSIDERS

Celebrating Kindness and
Inclusion in Our School
Community

WHAT DO YOU NOTICE?

Look at the Picture

What do you see? What words or feelings come to mind?

Making Predictions

Based on the image, what do you think this story is about?

First Thoughts

Words hurt, but kind words help. What words do you hear daily?

AT&T 4:13 PM 33%

< Messages (1) 810-10 Contact

@werchange

Remind Updates: Thanks!
Please reply with your full
name so Mrs. McCoy
knows who you are.

Freq varies by user/mo.
Msg&data rates may apply.
Reply STOP to cancel

Robert Joseph Baker

Remind Updates: You've
been added to Mrs.
McCoy's class! Try the app
rmd.me

Freq varies by user/mo.
Reply HELP for help,
STOP to cancel. Msg&data
rates may apply



Text Message

Send

A SCHOOL WITH A PROBLEM

In South Carolina, USA

A high school observed students using unkind words, both at school and home. This negativity created an unhappy environment, with students focusing on problems. Teacher Miss Leila McCoy worried her students were becoming "complainers," constantly highlighting the bad.





“LIFE IS ABOUT PERSPECTIVE”

Miss McCoy's Advice

"Life is about perspective—find the good in everything," she taught.

What Does This Mean?

Even a rainy day offers good, like puddles to jump in!

Different Views

Can you find the good in tough situations?
Losing a pen might mean trying a new one!

A PLAN FOR POSITIVITY

1



Good Idea

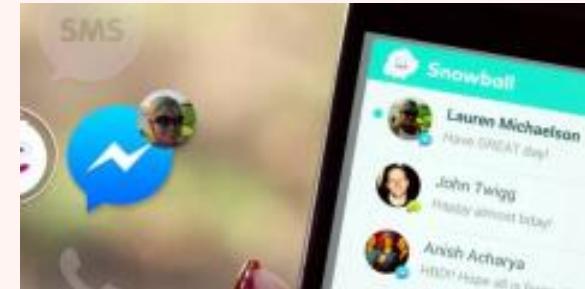
Miss McCoy wanted students to focus on kind, hopeful words.

2

New Group

She created a private social media group just for her students.

3



Only Kind Words

Agreed: only positive, motivational messages shared.

MESSAGES THAT MADE A DIFFERENCE

Every Morning

Students sent kind messages like 'You're amazing!' and 'Believe in yourself!'

Shared by Name

Messages came via Miss McCoy's phone, but students wrote the kind words.

Why Only Positive?

Focusing on good things makes us stronger, happier, and more connected.



A SCHOOL TRANSFORMED

Big Changes

The group became a huge success; students looked forward to kind words daily.

The Class Motto

They chose: *'Be the change you want to see.'*

What Does This Mean?

Want kindness? Be kind. Your words can make a difference.



HOW IT WORKED



Join Up

Students signed up and promised to send only kind messages.

Send Daily

Each morning, students sent one positive message to share.

Stay Positive

No one sent unkind words—everyone respected the rules.

KINDNESS ON SOCIAL MEDIA



Today's Social Media

Quick posts can lead to negativity, spreading fast and hurting others.



Miss McCoy's Way

Her group, a beacon of positivity, showed social media's power to unite, not divide.

KINDNESS WITHOUT TECHNOLOGY

Do We Need Phones?

No! We don't need social media to spread kindness.

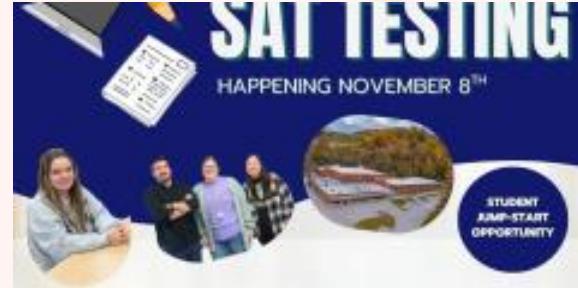
Real-Life Examples

A school in Birmingham, during Covid, slipped encouraging notes under classroom doors.

Simple messages like '*Have a nice day!
Love from Year 3*' made others smile.



CREATIVE KINDNESS



Lower a Basket

One class lowered a basket from their window with a note for the class below.

Send a Note

Inside: 'Hello from Year 4! Have a great day!'

Spread Joy

The surprise brought laughter and connection, even without seeing faces.



THE POWER OF WORDS

Words Are Powerful

Kind words uplift; hurtful words linger.

Your Choice

Every day, choose to build up with your words. Kindness is your choice—make it.

KINDNESS IN OUR SCHOOL



Notes

Leave sweet notes in books or on desks for others.



Compliments

Say kind things like 'I like your drawing!' or 'You're a great friend.'



Help Out

Offer help: a daily act of kindness.



Smile

A simple smile can make someone feel seen and welcome.

NO OUTSIDERS

Everyone Belongs

Kind words ensure no one feels like an 'outsider'. This aligns with British Values of *mutual respect* and *tolerance*, valuing everyone regardless of differences.



BE THE CHANGE

Your Words Matter

Make a difference today! A kind word, note, or smile can change someone's day and your whole school.



WHAT HAVE WE LEARNED?

Kindness Starts With Us

Spread positivity without technology.

Small Actions, Big Impact

A note, smile, or kind word can make someone's day.

No Outsiders

Kindness ensures everyone feels welcome, respected, and included.

