



How one tiny baby sparked a big conversation about kindness

Listen to this video

<https://www.youtube.com/watch?v=sWrkWmA8xck>

- What I this a sound off?
- How does this make you feel?

A SURPRISE IN THE SKY

What Happened?

Passengers on a flight recently were very surprised! Before the plane took off, they weren't just given safety instructions—they were given a **gift**.

The Gift

Someone handed out little zip-lock bags to every single person. Inside the bags were **sweets and treats**.

But this wasn't from the airline. It was from a fellow passenger!



WHAT'S IN THE BAG?



Why would someone give out sweets to strangers on a plane before it even starts flying? What do you think the note inside might say?

WHAT'S IN THE BAG?



You might have said...

Maybe it is a birthday celebration!

Perhaps they are saying sorry for something before it happens.

They might just want to be extra kind to everyone on board.



THE MYSTERY NOTE

The note was written from the point of view of a **baby**! It said:

'It's my first flight... I might cry if I get scared or if my ears start to hurt. Here are some treats to make your flight enjoyable. Thank you for being patient with us!'

The parents wanted to make sure everyone was happy, just in case the baby was noisy during the long journey.

MIXED FEELINGS



Many people thought this was **lovely**. They felt the parent was being very kind and thoughtful by thinking of others.



But some people felt **sad** about it. They wondered why a parent should feel they have to give gifts just for having a baby!

THE PARENT'S PERSPECTIVE

Being a Parent is Hard Work!

Imagine getting ready for a flight. You have to pack nappies, clothes, toys, and milk.

Extra Stress

Some people felt it was unfair that this parent also spent late nights making 100 sweet bags just to keep strangers happy.

Should parents have to 'pay' strangers to be patient with their children?



IS IT NORMAL FOR BABIES TO CRY?

Babies cry because they are being naughty and want to annoy other passengers.



TRUE



FALSE

Now it's time to explain why...

IS IT NORMAL FOR BABIES TO CRY?

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Why is that?

- a) Babies cry to communicate because they can't talk yet, or because their ears hurt from the air pressure.
- b) Babies choose to cry because they know it makes adults feel frustrated.

Answers on the next slide...

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THE RIGHT TO BELONG

In our schools, we talk about '**No Outsiders**'. This means everyone is welcome and everyone belongs.



Does a crying baby count as an 'outsider'? Or do they have the right to be on a plane just like anyone else?

DIFFERENT POINTS OF VIEW

1



The Passenger

They may want to sleep. A crying baby is loud!

2



The Parent

They are stressed trying to keep their baby happy and comfortable.

3

The Baby

They don't understand where they are or why their ears feel funny!

BRITISH VALUES: LIBERTY

In Britain, we believe in Individual _____, which means we all have the right to travel and exist in public spaces, including _____.

Word bank 

Liberty, babies, Rules, sweets

Answers on the next slide...

BRITISH VALUES: LIBERTY



In Britain, we believe in Individual **Liberty**, which means we all have the right to travel and exist in public spaces, including **babies**.

Word bank 

Liberty, babies, Rules, sweets

HOW WOULD YOU REACT?



If you were on that plane and the baby cried, what would you do? Would sweets help, or would you be kind anyway?

HOW WOULD YOU REACT?



You might have said...

I would put on headphones and try to ignore the noise.

I would give the parent a kind smile to show I don't mind.

I would remember that babies can't help crying and try to be patient.

THE BETTER SOLUTION?



Some people said that instead of parents giving gifts to us, **we should give the gift of patience** to the parents.

A crying baby is usually more stressful for the parent than for the people listening! We can show kindness by not making them feel embarrassed.

A CARD OF KINDNESS

Instead of a gift bag for passengers, let's design a 'Support Card' for a new parent taking their baby on a plane. What encouraging words could you write to help them feel less nervous?

What you'll need: 🧠 ✎

Paper, Coloured pencils, Markers



LESSON SUMMARY

What we learned today:

- **Empathy:** Understanding how parents and babies feel in new situations.
- **No Outsiders:** Everyone, even a noisy baby, has a right to be included.
- **British Values:** We respect each other's rights and show tolerance.

Final Thought

You don't need to give sweets to deserve kindness. Being patient is a gift we can all give for free!

