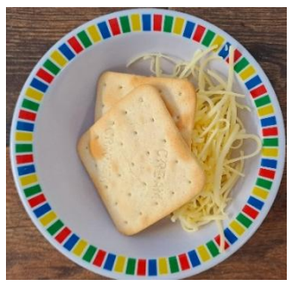
# WEEK ONE

| | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|---|---|---|---|---|
| OPTION 1 | Vegetarian Burger in a Bun with Potato Wedges  | Beef Lasagne with Garlic Bread  | Roast Chicken, Stuffing, Roast Potatoes & Gravy  | Chicken Tikka Masala with Rice  | Fish Fingers or Salmon Fish Fingers with Chips & Ketchup  |
| OPTION 2 | Macaroni Cheese  | Plant Balls in Tomato Sauce with Rice  | Vegetable Pasty, Roast Potatoes & Gravy  | Quorn and Lentil Tikka Masala with Rice  | Cheese & Bean Pasty with Chips & Tomato Ketchup  |
| DESSERT | Cheese and Crackers  | Apple Cake with Custard  | Fruit Medley  | Jelly with Mandarins  | Syrup Sponge with Custard  |

*VEGETABLES AND SIDES MAY DIFFER THAN THOSE SHOWN

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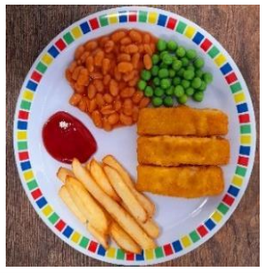
# WEEK TWO

| | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|---|---|---|---|---|
| **OPTION 1** | Cheese and Tomato Pizza with Wedges  | Spaghetti Bolognaise  | Roast Gammon With Roast Potatoes And Gravy  | Chicken and Sweetcorn Meatballs in Tomato Sauce with Rice  | Battered Fish with Chips & Tomato Ketchup  |
| **OPTION 2** | Five Bean Chilli and Rice  | Vegan Spaghetti Bolognaise  | Lemon and Herb Quorn, Seasoned Potatoes and Sweetcorn Salsa  | Creamy Chickpea Curry with Rice  | Cheese Whirl with Chips & Tomato Ketchup  |
| **DESSERT** | Gingerbread Cookie  | Chocolate and Beetroot Brownie with Chocolate Sauce  | Fruit Salad  | Sticky Toffee Apple Crumble with Custard  | Vanilla Shortbread  |

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# WEEK THREE

| | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|---|---|---|---|---|
| **OPTION 1** | Macaroni Cheese  | Chicken Enchilada Bake with Paprika Wedges  | Roasted Sausage, Roast Potatoes & Gravy  | Lemon and herb Chicken with Golden Rice  | Fish Fingers with Chips & Tomato Ketchup  |
| **OPTION 2** | Mexican Bean Roll with New Potatoes  | Tomato Pasta  | Vegan Sausages, Roasted Potatoes & Gravy  | Mixed bean Stew with Golden Rice  | Red Pepper Omlette with Chips & Tomato Ketchup  |
| **DESSERT** | Oaty Cookie  | Pear Crumble with Custard  | Fruit Salad  | Jamaican Ginger Cake with Custard  | Iced Sponge  |

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