



PE Long Term Plan 2025-2026

	AUTUMN 1	AUTUMN 2	SPRING 1	SPRING 2	SUMMER 1	SUMMER 2
Reception	Introduction to PE: Unit 2	Gymnastics: Unit 1	Dance: Unit 1	Fundamentals: Unit 2	Games: Unit 1	Ball Skills: Unit 1
	Forest School	Forest School	Forest School	Forest School	Forest School	Forest School
Year 1	Fundamentals	Fitness	Team Building	Athletics	Striking & Fielding Games	Swimming
	Gymnastics	Yoga	Dance	Ball Skills	Sending & Receiving	Net & Wall Games
Year 2	Dance	Gymnastics	Fitness	Target Games	Swimming	Striking & Fielding Games
	Fundamentals	Team Building	Ball Skills	Athletics	Net & Wall Games	Sending & Receiving

Year 3	Swimming	Dance	Gymnastics	Athletics	Football	Tennis
	OAA	Fitness	Fundamentals	Netball	Cricket	Hockey
Year 4	Dance	Yoga	Gymnastics	Athletics	Tennis	Football
	OAA	Fitness	Swimming	Hockey	Netball	Cricket
Year 5	Gymnastics	Dance	Athletics	Swimming	Tag Rugby	Cricket
	Fitness	OAA	Badminton	Football	Basketball	Netball
Year 6	Dance	Swimming	Gymnastics	Yoga	Tag Rugby	Football
	Badminton	Fitness	OAA	Netball	Athletics	Cricket