

WEEK 1	GREEN MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Meal	Vegetarian Burger Bun served with Corn Cobette & Homemade Coleslaw (GLUTEN, EGGS, SESAME, MILK)	Sausage served with Mashed Potato & Gravy (GLUTEN, SO2)	Roast Chicken and Stuffing served with Roast Potatoes and Gravy (GLUTEN, SO2)	Large Yorkshire Pudding filled with Savoury Turkey Mince served with Baby New Potatoes (EGGS, GLUTEN, MILK)	Traditional Fish Cake Or Salmon Fish Cake served with Chips. (FISH, GLUTEN)
Vegetarian Main Course	Jacket Potato with Beans,	Vegetable Curry served with 50/50 Rice (CELERY, EGG, GLUTEN, MILK, MUSTARD, SOYA)	Quorn Sausage served with Stuffing, roast Potatoes and Gravy (GLUTEN, SO2)	Spanish Vegetable Rice Bake (GLUTEN, EGGS, MILK, MUSTARD, SOYA)	Jacket Potato with Tuna or Cheese (MILK, FISH, EGGS)
Vegetables	Peas & Sweetcorn	Cabbage & Diced Carrots	Broccoli & Diced Carrots	Swede & Green Beans	Peas & Baked Beans
Dessert	Viennese Whirl & Custard Or Fruit Pot (GLUTEN, SOYA, MILK)	Chocolate Brownie served with Creamy Chocolate Sauce Or Fruit Pot (GLUTEN, EGGS, MILK)	Orange Cookie & Custard Or Fruit Boat (MILK, EGGS, GLUTEN, SOYA)	Lemon Madeira Cake with Custard Or Fruit Pot (GLUTEN, EGGS, SOYA, MILK)	Strawberry Flapjack served with Custard Or Fruit boat (MILK, GLUTEN)
Street Food	Pasta Kitchen (GLUTEN)	BBQ Chicken Sub (GLUTEN, CELERY, EGGS, MILK, SESAME, SOYA)	Jacket Potato with Tuna or Cheese (FISH, MILK, EGGS)	Cheeseburger (GLUTEN, MILK, CELERY, SESAME)	Pasta Kitchen (GLUTEN)
Sandwiches	Egg Sandwich Or Cheese Sandwich (SOYA, WHEAT, MILK, EGGS)	Cheese sandwich Or Ham Sandwich (SOYA, WHEAT, MILK,)	Egg Sandwich or Chicken Slice Sandwich (SOYA, WHEAT, EGGS)	Cheese Sandwich Or Ham Sandwich (SOYA, WHEAT, MILK)	Cheese Sandwich or Tuna Sandwich (MILK, WHEAT, SOYA, FISH, EGGS)

Fresh Baked Jacket Potato with Choice of fillings
Cheese (Milk) Tuna (Eggs, Fish) Beans available daily

Fresh Bread (Wheat, Soya)
Cheese & Crackers (Milk, Gluten)
Salad Selection available daily

Fresh Fruit and Yoghurts (Milk) available daily



WEEK 2	GREEN MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Meal	Cheese and Tomato Pizza Served with Seasoned Diced Potatoes (CELERY, GLUTEN, EGGS, MILK, SOYA)	Breaded Chicken Parmo with Wedges and Salad (SOYA, MILK, GLUTEN)	Roast Turkey Dinner And stuffing served with Roast Potatoes and Gravy (WHEAT, SO2)	Homemade Minced Beef Pie Served with Rich Gravy and Mashed Potato (GLUTEN, SO2, MILK)	Fish Fingers and Chips (FISH, GLUTEN)
Vegetarian Main Course	Jacket Potato with Beans	Vegetarian Cottage Pie (EGGS, GLUTEN, SO2)	Quorn Fillet served with Mashed Potato and Gravy (MILK, SO2, GLUTEN)	Jacket Potato with Beans	Vegetable Fingers and Chips (GLUTEN)
Vegetables	Sweetcorn & Beans	Garden Peas & Carrots	Diced Carrots & Broccoli	Green Beans & Carrot Batons	Baked Beans & Sweetcorn
Dessert	Sticky Ginger Cake with Custard (GLUTEN, MILK)	Apple Flapjack with Custard (GLUTEN)	Syrup Roly Poly with Custard (GLUTEN, MILK)	Courgette Sponge with Custard (GLUTEN, EGGS, MILK)	Cherry Shortcake Biscuit with Custard (GLUTEN, SO2)
Street Food	Pasta Kitchen (GLUTEN)	Pizza Wrap (GLUTEN, MILK)	Jacket Potato with Tuna OR Cheese (FISH, MILK, EGG)	Cheese and Tomato Toastie (MILK, SOYA, GLUTEN)	Pasta Kitchen (GLUTEN)
Sandwiches	Egg Sandwich Or Cheese Sandwich (SOYA, WHEAT, MILK, EGGS)	Cheese Sandwich Or Ham Sandwich (SOYA, WHEAT, MILK)	Egg Sandwich or Chicken Slice Sandwich (SOYA, WHEAT, EGGS)	Cheese Sandwich Or Ham Sandwich (SOYA, WHEAT, MILK)	Cheese Sandwich pr Tuna Sandwich (SOYA, WHEAT, FISH, EGGS, MILK)

Fresh Baked Jacket Potato with
Choice of fillings
Cheese (Milk) Tuna (Eggs, Fish) Beans
available daily

Fresh Bread (Wheat, Soya)
Cheese & Crackers (Milk, Gluten)
Salad Selection available daily

Fresh Fruit and
Yoghurts (Milk)
available daily



WEEK 3	GREEN MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Meal	Quorn Mince Spaghetti Bolognaise (EGGS, GLUTEN, MUSTARD, SOYA)	Chilli and Rice	Turkey Mince with New Potatoes and Gravy (SO2)	Chicken Burger with Garlic Mayo and Salad (CELERY, EGGS, GLUTEN, SESAME)	Gluten Free Battered Fish and Chips (FISH)
Vegetarian Main Course	Jacket Potato with Beans	Winter Vegetable Soup with a Crusty Roll (CELERY, WHEAT, SESAME)	Macaroni Cheese (MILK, WHEAT, MUSTARD, SOYA)	Cheese and Onion Quiche with New Potatoes (EGGS, MILK, GLUTEN)	Meat Free Dippers with Chips (GLUTEN)
Vegetables	Sweetcorn & Garden Peas	Diced Carrots & Green Beans	Broccoli & Diced Carrots	Sweetcorn & Baked Beans	Baked Beans & Garden Peas
Dessert	Ginger Biscuits with Custard (GLUTEN, MILK) Or Fruit Salad	Apple Crumble and Custard (GLUTEN, MILK) Or Fruit Boats	Strawberry Jelly topped with Mandarins Or Fruit Kebabs	Orange Shortbread Biscuit with Custard (GLUTEN, SOYA, MILK) Or Fruit Salad	Rice Pudding with Strawberry Jam (MILK) Or Fruit Pots
Street Food	Pasta Kitchen (GLUTEN)	Chip Butty (GLUTEN, SESAME)	Jacket Potato with Tuna or Cheese (FISH, EGGS, MILK)	Jacket Potato with Tuna or Cheese (FISH, EGGS, MILK)	Pasta Kitchen (GLUTEN)
Sandwiches	Egg Sandwich Or Cheese Sandwich (SOYA, WHEAT, MILK, EGGS)	Cheese Sandwich Or Ham Sandwich (SOYA, WHEAT, MILK)	Egg Sandwich or Chicken Slice Sandwich (SOYA, WHEAT, EGGS)	Cheese Sandwich Or Ham Sandwich (SOYA, WHEAT, MILK)	Cheese Sandwich or Tuna Sandwich (MILK, SOYA, FISH, EGGS)

Fresh Baked Jacket Potato with
Choice of fillings
Cheese (Milk) Tuna (Eggs, Fish) Beans
available daily

Fresh Bread (Wheat, Soya)
Cheese & Crackers (Milk, Gluten)
Salad Selection available daily

Fresh Fruit and
Yoghurts (Milk)
available daily

