All together for you

Monthly multi-agency drop-in sessions

Pop along to ask questions and get advice from a variety of services to help support you and your family, including:

- Family support
- · School, education and careers advice
- SEND support
- Health (including mental health)
- Home safety
- Drug and alcohol support
- · Employment and training
- Housing
- · Welfare and finances

Ask questions, get advice on the support available or make a plan on how to tackle your issues.

Upcoming dates

 19 September
 Stockton
 9:30am - 11:30am

 17 October
 Thornaby
 9:30am - 11:30am

 21 November
 Billingham
 9:30am - 11:30am

 19 December
 Redhill
 9:30am - 11:30am



Daisy Chain Peer Support Coffee mornings Mondays - weekly Drop in

10am - 12pm

From 8th September – Thornaby Family Hub From 3rd November – Redhill Family Hub.



Follow us on Facebook for the latest news and activities:



www.facebook.com/SOTfamilyhubs



01642 528525



Scan to find your local Family Hub



What's on at Stockton-on-Tees Family Hubs

Monday

Billingham

Community Garden 10am-12pm Adults only

Redhill

**Stay and Play
10-11:30am
Perinatal Walk and Talk
1-3pm (fortnightly)
Andy's Man Club
7pm

Thornaby

Babbling Babies
12:30-2pm
Infant Feeding Support
1:30-2:30pm
SEND Club
(starting 15th Sept)
4-5pm



Tuesday

Billingham

**Stay and Play 9:30-11am Harbour Drop-In 10am-12pm Employment Hub Drop-In. 1-3pm (fortnightly)

Redhill

SEND Lego Club 4-5pm

Stockton

Infant Feeding Support 10-11:30am Warm Welcome 1-3pm After School Family Fun 3:30-5pm

Thornaby

Perinatal Walk and Talk 1-3pm (fortnightly) MIND Be Heard 11-13 years 4-5:30pm 14-16 years 5:30-7pm

Scan to book for Be Heard



Wednesday

Billingham

*Messy Play 1st Week *Soft Play 3rd Week Monthly 10-11am Coffee Morning 2nd Week SEND Coffee Morning 4th Week Monthly 9:30 – 11am

Redhill

Babbling Babies 9:30-11am Infant Feeding Support 10-11:30am

Stockton

**Stay and Play 10-11:30am

Thornaby

Multiples Stay & Play 1-3pm

Scan to book for **Stay & Play *Starting w/c 15th September*



Thursday

Billingham

Perinatal Walk and Talk 9:30am-11:30am (fortnightly) After School Family Fun 3:30-5pm

Redhill

*Soft Play 1st Week Rhyme Time 2nd Week *Messy Play 3rd Week Craft & Coffee 4th Week Monthly 9.30-10.30am The Bread & Butter Thing 1pm – 1.30pm

Stockton

Babbling Babies 1-2:30pm

Thornaby

Knit & Natter 9.30 – 11.30am **Stay and Play 1-2:30pm

Friday

Billingham

Babbling Babies 9:30-11am Infant Feeding Support 10:30am-12pm

Stockton

Polish Village Stay and Play 10:15-11:45am

Thornaby

*Monthly Messy Play 10-11:30am "The Lovelies" Friendship Group 1-2:30pm

Saturday

Billingham

SEND Club 3rd Saturday of the month 10:30am-12pm



*Call 01642 528525 to book