

# Hardwick Green Primary Academy



## Personal Development Curriculum

**2023-24**

## **Personal Development at Hardwick Green:**

Our curriculum extends far beyond the academic, to allow pupils to develop in many diverse aspects of life. This is encapsulated in our Personal Development Curriculum.

We aim to ensure that, over their time at Hardwick Green, learners receive a Personal Development programme that gives them the knowledge that they need to make decisions, to strengthen them personally and to allow them to develop their character and personality. We provide these rich experiences in a coherently planned way, in the curriculum and through extra-curricular activities.

At Hardwick Green, there are four key drivers that underpin our Personal Development approach:

- Healthy & safe behaviours
- Awareness of the world
- Character development
- British Values

**Healthy & safe behaviours** include our PSHE curriculum, Relationship Education, Sex Education, Physical Health, Mental Wellbeing and Wider Aspects of Safety.

**Awareness of the world** includes Economic Understanding, Understanding Media and Technology and Spiritual, Moral, Social and Cultural development.

**Character development** includes development of children's own character and personality, our RESPECT values framework, children's behaviour and wider opportunities for children to engage with.

**British Values** includes *Democracy, Rule of Law, Respect & Tolerance and Individual Liberty.*

## Personal Development Curriculum Overview:

Some areas of our personal development approach are taught through subjects with their own curriculum, e.g. our PSHE curriculum, or the online safety strand of our Computing curriculum. Other aspects are taught discretely. The following table illustrates which aspects are taught through which approach.

Aspect of Personal Development	Integrated area of wider school curriculum	Discrete personal development curriculum
<p>Safe Behaviours</p> <p><i>Including; Relationship Education, Sex Education, Physical Health, Mental Wellbeing, Wider Safety</i></p>	<ul style="list-style-type: none"> <li>• Jigsaw PSHE curriculum – Healthy Me, Relationships, Changing Me</li> <li>• Rising Stars PE curriculum</li> <li>• Computing Curriculum – online safety strand</li> <li>• Whole-school mental health approach</li> <li>• OPAL (Outdoor Play And Learning)</li> </ul>	<ul style="list-style-type: none"> <li>• Anti-bullying week – November</li> <li>• E-safety day – February</li> <li>• NSPCC Pants</li> <li>• NSPCC Speak Out Stay Safe</li> <li>• Physical safeguarding curriculum (Sun safety, fire safety, firework safety, water safety, railway safety)</li> <li>• St John’s Ambulance First Aid (KS2)</li> <li>• Bikability Training (Y5 and Y6)</li> <li>• NHS Toothbrushing scheme (EYFS)</li> </ul>
<p>Awareness of the world</p> <p><i>Including; Economic Understanding, Understanding Media and Technology, Spiritual, Social, Moral, Cultural</i></p>	<ul style="list-style-type: none"> <li>• Jigsaw PSHE curriculum – Dreams &amp; Goals</li> <li>• Discovery RE Curriculum</li> <li>• Individual, ongoing subject contribution to SMSC (see statements)</li> <li>• School visits programme, including virtual visits through Immersive Classroom</li> <li>• ‘Fifty famous faces’ across the curriculum (Appendix 1)</li> <li>• Hardwick Green Literary Cannon</li> </ul>	<ul style="list-style-type: none"> <li>• Fortnightly ‘Lyfta Time’</li> <li>• Daily BBC Newsround</li> <li>• NatWest MoneySense (Year 6)</li> <li>• E-safety day – February</li> <li>• Christmas Theatre Visit</li> </ul>
<p>Character</p> <p><i>Including; development of character, confidence and resilience, citizenship, wider opportunities</i></p>	<ul style="list-style-type: none"> <li>• Jigsaw PSHE curriculum – Being Me In My World, Celebrating Difference,</li> <li>• RESPECT values</li> <li>• Commando Joes curriculum (based on the RESPECT framework)</li> <li>• School Behaviour Curriculum and three rules</li> <li>• Extra-curricular clubs programme</li> <li>• Instrument tuition programme</li> <li>• Christmas performances &amp; other performances (e.g. music)</li> </ul>	<ul style="list-style-type: none"> <li>• 100 things you’ll do across the curriculum (Appendix 2)</li> <li>• Outdoor Adventure Day (Y4)</li> <li>• PGL Residential Trip (Y5) and France Residential (Y6)</li> <li>• Charity opportunities e.g. Comic Relief, Children In Need</li> <li>• Character opportunities passport (Appendix 3)</li> <li>• Pupil leadership roles (Diana Ambassadors, digital leaders, Eco-club, librarians, play leaders)</li> </ul>
<p>British Values</p> <p><i>Including; Democracy, Rule of Law, Respect &amp; Tolerance, Individual Liberty. This also includes elements of citizenship.</i></p>	<ul style="list-style-type: none"> <li>• Jigsaw PSHE curriculum – Being Me In My World, Celebrating Difference</li> <li>• Individual, ongoing subject contribution to British Values (see statements)</li> <li>• Discovery RE Curriculum</li> <li>• Smart School Council</li> </ul>	<ul style="list-style-type: none"> <li>• Fortnightly ‘Lyfta Time’</li> <li>• British Values discrete curriculum</li> <li>• Black History Month study</li> <li>• Pride &amp; Diversity week study</li> </ul>

## Discrete Personal Development Long Term Plan:

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Discrete personal development curriculum (lesson time)	<p><b>Safe behaviours:</b> NSPCC PANTS (EYFS &amp; KS1)</p> <p>SJA: First Aid (KS2)</p> <p><b>British Values (in Jigsaw time)</b> Democracy (KS2)</p>	<p><b>Safe behaviours:</b> Anti-Bullying</p> <p>Fire Safety</p> <p>Firework safety (assembly)</p> <p><b>British Values (in Jigsaw time)</b> Discrimination (KS2)</p>	<p><b>Safe behaviours:</b> NSPCC Speak Out Stay Safe</p> <p>Clever Never Goes</p>	<p><b>British Values (in Jigsaw time)</b> Rule of law – the big legal lesson</p>	<p><b>Safe behaviours:</b> Sun Safety</p> <p>Road Safety</p>	<p><b>Safe behaviours:</b> Railway safety</p> <p>Water safety</p> <p><b>Awareness of the world:</b> Economic Understanding: Natwest Money Sense (Year 6)</p>
Special Events / Days	<p>National Poetry Day</p> <p>Black History Month – each year group to have a famous person to study</p>	<p>Christmas Performances (December)</p> <p>Children In Need</p> <p>Anti-Bullying Week (including workshops)</p> <p>Primary Mathematics Challenge Competition</p> <p>Theatre Production Visit</p>	<p>Safer Internet Day</p>	<p>World Book Day</p> <p>British Science Week</p> <p>Red Nose Day</p>		<p>Pride &amp; Diversity Week - each year group to have a famous person to study</p> <p>Art Week</p>

## Personal Development Curriculum – Objectives / Progression of Learning:

Some aspects of personal development – such as the PSHE curriculum – are already mapped out in their own documentation.

Events – such as anti-bullying week – are thematic each year and do not have year group specific progression.

Other aspects – such as first aid – are more progressive each year and have specific objectives and are therefore mapped out here.

### Safe behaviours

	EYFS	KS1	LKS2	UKS2		
NSPCC PANTS	<ul style="list-style-type: none"> <li>Understand and learn the PANTS rules</li> <li>Name body parts and know which parts should be private</li> <li>Know the difference between appropriate and inappropriate touch</li> <li>Understand that they have the right to say “no” to unwanted touch start thinking about who they trust and who they can ask for help.</li> </ul>					
NSPCC Speak Out Stay Safe		<ul style="list-style-type: none"> <li>Understand abuse in all its forms and recognise the signs of abuse</li> <li>Understand that abuse is never their fault, and they have the right to be safe</li> <li>Know how to get help, and the sources of help available to them, including the Childline service.</li> <li>(Lesson plans are differentiated for KS1 and ks2)</li> </ul>				
Sun Safety		<ul style="list-style-type: none"> <li>UV rays cannot be seen, but they can damage the skin and lead to sunburn, wrinkles, rashes and more serious conditions in later life, including skin cancer. UVA and UVB are the two types of UV rays that affect humans the most.</li> <li>SPF stands for Sun Protection Factor: the higher the SPF number, the more protection the sun cream gives you. Children should use sun cream with an SPF of 30 or higher.</li> <li>The Star Rating refers to the product’s protection from UVA. The Star Rating goes from 1 to 5 and it is recommended that children use sun cream with five stars, as this gives the best protection.</li> </ul>				
First Aid			<p><u>Emergencies &amp; calling for help:</u></p> <ul style="list-style-type: none"> <li>Understand it’s most important to ensure the safety of myself and others in the event of an emergency</li> <li>Assist in an emergency by correctly calling for help</li> <li>Know the information I need to give to emergency services if they are called to an incident</li> </ul> <p><u>Head injuries</u></p> <ul style="list-style-type: none"> <li>Identify a minor or major head injury</li> <li>Give first aid to a casualty who</li> </ul>	<p><u>Asthma:</u></p> <ul style="list-style-type: none"> <li>identify a casualty who is having an asthma attack</li> <li>assess and give first aid to a casualty who is having difficulty breathing due to an asthma attack</li> <li>understand when to seek medical help for a casualty who is choking</li> </ul>	<p><u>Bleeding:</u></p> <ul style="list-style-type: none"> <li>Ensure the safety of themselves and others.</li> <li>Assess a casualty’s condition calmly and give first aid to a casualty who is bleeding</li> <li>I can give first aid to a casualty who is in shock.</li> </ul> <p>I can seek medical help if required for a casualty who is bleeding</p>	<p><u>Choking</u></p> <ul style="list-style-type: none"> <li>Identify a casualty who is choking</li> <li>Assess and give first aid to a casualty who is choking</li> <li>Seek medical help if required</li> </ul> <p><u>Basic Life Support</u></p> <ul style="list-style-type: none"> <li>Conduct a primary survey</li> <li>Place an unresponsive casualty, who is breathing normally, into the recovery position</li> <li>Know when and how to deliver CPR to an</li> </ul>

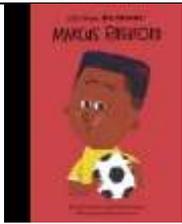
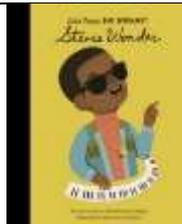
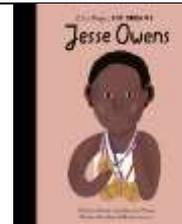
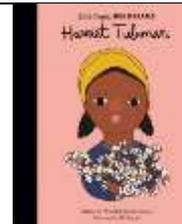
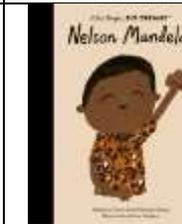
		<p>has a head injury</p> <ul style="list-style-type: none"><li>• Call for help for a casualty who has a head injury</li></ul> <p><u>Bites &amp; stings</u></p> <ul style="list-style-type: none"><li>• Identify when a casualty is having an allergic reaction to a bite or sting</li><li>• Provide first aid treatment for a casualty who has been bitten or stung</li><li>• Comfort and reassure a casualty who has been bitten or stung</li><li>• Seek medical help if required</li></ul>			<p>unresponsive casualty who is not breathing normally</p> <p>Seek medical help</p>
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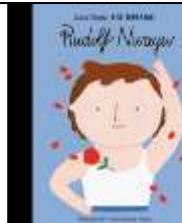
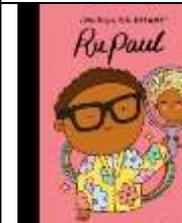
## APPENDIX 1:

### Hardwick Green's Fifty Famous Faces

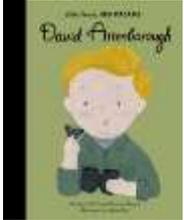
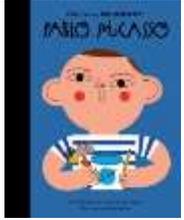
We have identified fifty famous people from a diverse range of backgrounds who have made a significant impact on our world. We study these people across the curriculum where they link to the children's planned learning using the high-quality 'Little People, Big Dreams' series as a stimulus.

#### Special Months:

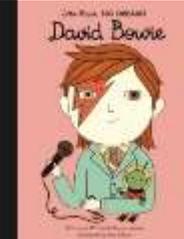
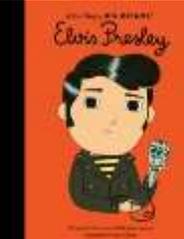
	Nursery	Reception	Year 1	Year 2	Year 3 / 4	Year 3 / 4	Year 5	Year 6
Black History Month (October)								
	Marcus Rashford	Stevie Wonder	Mae Jemison	Jesse Owens	Harriet Tubman	Martin Luther King Jr.	Amanda Gorman	Nelson Mandela

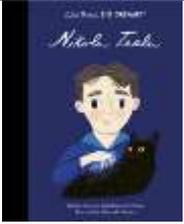
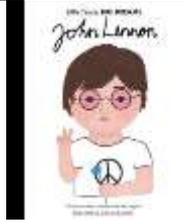
	Nursery	Reception	Year 1	Year 2	Year 3 / 4	Year 3 / 4	Year 5	Year 6
Pride Month (June)								
	Elton John	Billie Jean King	Megan Rapinoe	Rudolf Nureyev	Alan Turing	Simone de Beauvoir	RuPaul	Laverne Cox

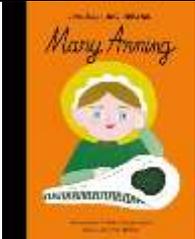
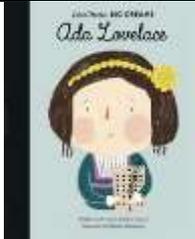
Across the curriculum:

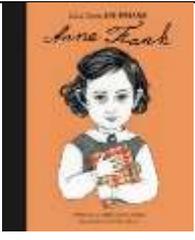
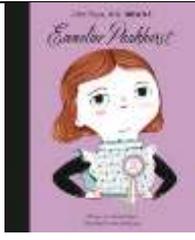
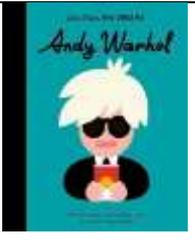
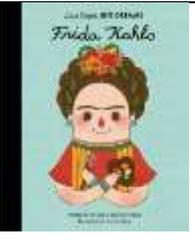
Reception		
	David Attenborough	Pablo Picasso
	Understanding of the world	Expressive arts and design

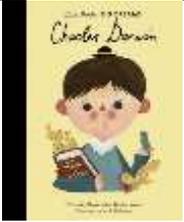
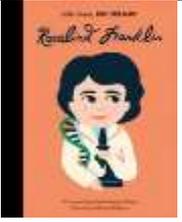
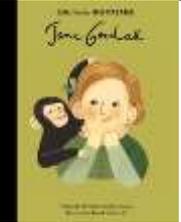
Year 1				
	Amelia Earhart	Neil Armstrong	Alexander von Humboldt	Florence Nightingale
	History	History	Science	History

Year 2			
	Prince	David Bowie	Elvis Presley
	Music	Music	Music

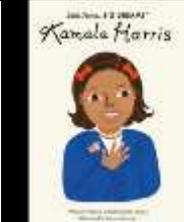
Year 3 / 4 Cycle A					
	Nikola Tesla	Greta Thunberg	Steve Jobs	John Lennon	Muhammed Ali
	Science	Science	Computing	Music	PE

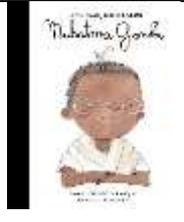
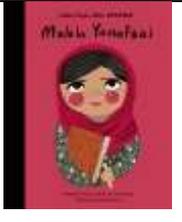
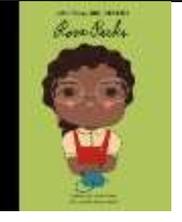
Year 3 / 4 Cycle B			
	Mary Anning	Georgia O'Keeffe	Ada Lovelace
	Science	Art	Computing

Year 5					
	Anne Frank	Emmaline Pankhurst	Stephen Hawking	Andy Warhol	Frida Kahlo
	History	History	Science	Art	Art

Year 6				
	Charles Darwin	Ernest Shackleton	Rosalind Franklin	Jane Goodall
	Science	History	Science	Science

Values Assemblies:

Democracy			
	Kamala Harris	Ruth Bader Ginsburg	Corazon Aquino

Respect & tolerance				
	Ghandi	Malala Yousafzai	Rosa Parks	Mother Teresa

**APPENDIX 2:****100 things you'll do at Hardwick Green**

<b>Each year</b>	Watch a live theatre performance	Receive your very own book to keep	Sing together as a school	Help raise money for charity	Take part in a democratic process: Have a say in the development of Hardwick Green through school council
	Try new and exciting foods	Take part in a sports competition	Join an after-school club	Go on a virtual school trip in the Immersive Classroom	Display artwork for an audience
	Take part in Children In Need	Learn about friendship and anti-bullying	Learn how to stay safe online	Celebrate Black History Month	Celebrate Pride Month
<b>Two-year-olds</b>	Go on a picnic	Learn a Nursery rhyme by heart, with actions	Make new friends	Learn to brush your teeth	Try new fruits and vegetables
<b>Nursery</b>	Grow something to eat	Visit a woodland	Meet and hold some interesting animals	Jump in muddy puddles	Go to the beach
	Sing Nursery Rhymes	Build a den	Be visited by Father Christmas	Make a mud pie	Fly a kite
<b>Reception</b>	Bake a cake	Go to the farm	Post a letter at a post box	Take part in our first Nativity performance	Collect some minibeasts
	Learn some Fairy tales	Make a sandwich	Play hide-and-seek	Follow a map	See some sea creatures
<b>Years 1 &amp; 2</b>	Grow a sunflower	Visit Captain Cook's Museum in Stewarts Park	Use green-screen technology	Visit MIMA: Middlesbrough Institute of Modern Art	Visit Preston Park & Butterfly World

	Make a daisy chain	Learn to sew	Go cloud watching	Explore a rock pool	Bring up a butterfly
	Learn some board games	Perform a random act of kindness	Run a mile	Go apple bobbing	Read a book outside
	Find your way with a map	Make a healthy snack / meal	Learn to tie your own shoelaces	Tell the time	Watch a film in the cinema
<b>Year 3</b>	Start to learn to speak French	Make an erupting volcano	Visit a Roman Fort	Start to learn First Aid	Learn to play the ukulele
	Make some Stone Age art	Visit a church	Learn a dance for Diwali	Learn how to be safe in the sun	Play conkers
<b>Year 4</b>	Learn to swim safely	Visit the River Tees	Make a paper aeroplane	Make an electrical circuit	Learn to play the recorder
	Build a snowman	Write to a pen pal	Visit The Centre for Life in Newcastle	Campaign for the environment	Write a thank you note
<b>Year 5</b>	Go on a train journey	Visit Eden Camp	Cook a meal from scratch	Visit an Italian restaurant and enjoy a meal	Learn to play the trumpet
	Try some new adventurous activities	See a live music performance	Learn to ride a bike safely (Bikeability)	Have a water fight	Learn a card game
<b>Year 6</b>	Go on a residential trip	Visit local Secondary Schools	Go Ten-Pin Bowling	Learn about different careers	Learn to play the guitar
	Learn about money and finances	Take on leadership responsibility across school	Visit France	Take part in 'Game Of Actual Life'	Volunteer in the community