

Hardwick Green Primary Academy



Personal Development Curriculum 2025-26

Personal Development at Hardwick Green:

Our curriculum extends far beyond the academic, to allow pupils to develop in many diverse aspects of life. This is encapsulated in our Personal Development Curriculum.

We aim to ensure that, over their time at Hardwick Green, learners receive a Personal Development programme that gives them the knowledge that they need to make decisions, to strengthen them personally and to allow them to develop their character and personality. We provide these rich experiences in a coherently planned way, in the curriculum and through extra-curricular activities.

At Hardwick Green, there are four key drivers that underpin our Personal Development approach:

- Healthy & safe behaviours
- Awareness of the world
- Character development
- British Values

Healthy & safe behaviours include our PSHE curriculum, Relationship Education, Sex Education, Physical Health, Mental Wellbeing and Wider Aspects of Safety.

Awareness of the world includes Economic Understanding, Understanding Media and Technology and Spiritual, Moral, Social and Cultural development.

Character development includes development of children's own character and personality, our RESPECT values framework, children's behaviour and wider opportunities for children to engage with.

British Values includes *Democracy, Rule of Law, Respect & Tolerance and Individual Liberty*.

Personal Development Curriculum Overview:

Some areas of our personal development approach are taught through subjects with their own curriculum, e.g. our PSHE curriculum, or the online safety strand of our Computing curriculum. Other aspects are taught discretely. The following table illustrates which aspects are taught through which approach.

Aspect of Personal Development	Integrated area of wider school curriculum	Discrete personal development curriculum
Healthy & Safe Behaviours <i>Including; Relationship Education, Sex Education, Physical Health, Mental Wellbeing, Wider Safety</i>	<ul style="list-style-type: none"> Jigsaw PSHE curriculum – Healthy Me, Relationships, Changing Me Rising Stars PE curriculum Computing Curriculum – online safety strand Whole-school mental health approach, including Thrive OPAL (Outdoor Play And Learning) Living Streets Travel Tracker 	<ul style="list-style-type: none"> My Happy Mind – Mental Health Curriculum Anti-bullying week, including workshops with Bigfoot Education – November E-safety day – February NSPCC Pants NSPCC Speak Out Stay Safe Physical safeguarding curriculum (Sun safety, fire safety, firework safety, water safety, railway safety, road safety) St John’s Ambulance First Aid (KS2) Bikeability Training (Y5 and Y6) NHS Toothbrushing scheme (EYFS) Living Streets – Walk To School Challenge Summer safety assembly from Cleveland Fire Brigade
Awareness of the world <i>Including; Economic Understanding, Understanding Media and Technology, Spiritual, Social, Moral, Cultural</i>	<ul style="list-style-type: none"> Jigsaw PSHE curriculum – Dreams & Goals Discovery RE Curriculum Individual, ongoing subject contribution to SMSC (see statements) School visits programme, including virtual visits through Immersive Classroom ‘Fifty famous faces’ across the curriculum Hardwick Green Literary Cannon 	<ul style="list-style-type: none"> Philosophy 4 Children (also develops Character and British Values) Picture News Monday Morning Assemblies Daily BBC Newsround Weekly ‘Lyfta Time’ (UKS2) Inspiring Futures Project – Teesside Charity (KS2) E-safety day – February Christmas Theatre Visit – December
Character <i>Including; development of character, confidence and resilience, citizenship, wider opportunities</i>	<ul style="list-style-type: none"> Jigsaw PSHE curriculum – Being Me In My World, Celebrating Difference, RESPECT values Commando Joes curriculum (based on the RESPECT framework) School Behaviour Curriculum and three rules Extra-curricular clubs programme Instrument tuition programme Christmas performances & other performances (e.g. music) 	<ul style="list-style-type: none"> 100 things you’ll do across the curriculum Residential Programme – Whitby (Y4), PGL (Y5) and Paris, France (Y6) Charity opportunities e.g. Comic Relief, Children In Need Character opportunities passport Pupil leadership roles (sport leaders, digital leaders, Eco-club, librarians, play leaders) Chess Curriculum (Year 5 and 6) After-school and extra-curricular opportunities
British Values <i>Including; Democracy, Rule of Law, Respect & Tolerance, Individual Liberty. This also includes elements of citizenship.</i>	<ul style="list-style-type: none"> Jigsaw PSHE curriculum – Being Me In My World, Celebrating Difference Individual, ongoing subject contribution to British Values (see statements) Discovery RE Curriculum Smart School Council 	<ul style="list-style-type: none"> Picture News Monday Morning Assemblies Weekly ‘Lyfta Time’ (UKS2) British Values & citizenship discrete curriculum Black History Month study Pride & Diversity week study

Personal Development Long Term Plan:

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Discrete personal development curriculum (wider curriculum time)	Safe behaviours: NSPCC PANTS (EYFS & KS1) SJA: First Aid (KS2) Fire & Firework safety British Values: Democracy (KS2)	Character: Anti-Bullying Safe behaviours: NSPCC Speak Out Stay Safe	British Values: Discrimination (KS2) British Values: Rule of law – the big legal lesson (2025-2026)	Safe behaviours: Clever Never Goes – Safety around unknown people	Safe behaviours: Sun Safety Road Safety	Safe behaviours: Railway safety Water safety
Jigsaw (PSHE lesson time)	Being Me in My World	Celebrating Difference	Dreams and Goals	Healthy Me	Relationships	Changing Me
	Includes lessons on self-identity, group identity, responsibilities, consequences, teamwork and introduces the Jigsaw Charter	Includes lessons on similarities & difference, bullying, stereotyping, racism, discrimination, celebrating differences and individuality	Includes lessons on aspirations, goals, challenges, teamwork, resilience, jobs & careers and simple budgeting	Includes lessons on drugs & alcohol, education, self-esteem & confidence as well as healthy lifestyle choices	Includes lesson on friendship, family & other relationships, conflict resolution, communication, loss & bereavement.	Includes lesson on coping positively with change, puberty, environment and life cycles (including human reproduction)

See also enrichment calendar 2025-26