

### Spiritual

Our PE curriculum contributes to the Spiritual development of pupils by providing opportunities for pupils to:

- be creative, for example designing and creating their own small sided games or by expressing feelings and emotions in their dance and gymnastic performances;
- increase their knowledge and understanding of the body's performance when exercising; this leaves pupils amazed at the body's ability;
- reflect on and evaluate their experiences allowing them to build a positive mindset and promoting progression;
- reflect on feelings of enjoyment and determination through participation in a range of competitive sports.

### Moral

Our PE curriculum contributes to the Moral development of pupils providing opportunities for pupils to understand:

- how PE can influence their healthy living and lifestyle;
- the need for rules and develop an understanding of fair play and positive sporting behaviours e.g. shaking hands with opponents after a game, helping an opponent up after a play, showing concern for injured opponents, encouraging less skilled teammates etc;
- the consequences of their actions for example penalties or giving away points to the other team;
- how to handle decisions made by officials appropriately and how to handle success and defeat with dignity.

### Social

Our PE curriculum contributes to the Social development of pupils by providing opportunities for pupils to:

- take on the role of leaders, coaches, umpires or referees offering hem the opportunity to develop communication, leadership and mediation skills;
- engage regularly in teamwork throughout lessons supporting one another to develop their skills in a cooperative situation;
- work with and socialise with a variety of other children they may not normally choose to mix with in classroom situations.

### Cultural

Our PE curriculum contributes to the Cultural development of pupils by providing opportunities for pupils to:

- become aware of international examples of different sportspeople and athletes and their achievements;
- explore dances and learn games from different traditions and cultures including their own;
- recognise and discuss the differences between male and female roles within sport.