Getting Ready for Nursery

There are lots of ways to help your child get ready for nursery. Here are some key skills you can practise together at home.

Ask a grown-up to help you practise:

* following simple instructions, such as to collect or put away an object;
* asking simple questions and talking in sentences;
* kicking and catching a large ball;
* holding and using pencils, crayons or paintbrushes to make marks;
* moving in different ways, such as hopping, jumping and running;
* taking turns when playing games together;
* using a spoon to eat and a cup to drink;
* using the toilet and washing and drying your hands;
* putting on your coat and shoes;
* talking about stories you’ve read together;
* saying number names in order to five;
* playing counting and number games;
* talking about people who are special to you and special occasions for your family;
* talking about what you see in the world around you;
* creating sounds and singing songs;
* playing make-believe games by pretending.
* Ask a grown-up to write your name into all your clothes, including your coat.
* Practise talking about things you like and enjoy doing. What are your favourite toys to play with? What do you like doing with your family at home?
* Talk about how you are feeling. Can you tell a grown-up when you feel happy or sad?
* Read stories together and sing songs and nursery rhymes. What is your favourite story? Can you sing your favourite nursery rhyme?
* Talk about coming to nursery. Do you know anyone else who will be at your nursery? What are you looking forward to?

Other things you can do: