

Growing & Changing - overview of objectives

| Topic overview | | |
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| Year group | Learning objectives and outcomes | Previous learning |
| Year 2 | <p>Children learn:</p> <ul style="list-style-type: none"> to understand and respect the differences and similarities between people about the biological differences between male and female animals and their role in the life cycle the biological differences between male and female children about growing from young to old and that they are growing and changing that everybody needs to be cared for and ways in which they care for others <p>Key skills: identifying, classifying & grouping, questioning, explaining</p> | <ul style="list-style-type: none"> Identifying their special people (family, friends, carers), what makes them special and how special people should care for one another. Ways in which they are all unique; understand that there has never been and will never be another 'them'. When to say; 'yes', 'no', 'I'll ask' and 'I'll tell' including when they do not need to keep secrets. <p>About people who look after them, their family networks, who to go to if they are worried and how to attract their attention.</p> |
| Year 3 | <p>Children learn:</p> <ul style="list-style-type: none"> about different types of family and how their home-life is special to recognise their own worth as individuals and to challenge stereotypes <p>Key skills: identifying, comparing, questioning, explaining, empathising</p> | <ul style="list-style-type: none"> understanding and respecting the differences and similarities between people the biological differences between male and female animals and their role in the life cycle the biological differences between male and female children about growing from young to old and that they are growing and changing that everybody needs to be cared for and the way in which they care for others |

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| <p>Year 4</p> | <p>Children learn:</p> <ul style="list-style-type: none"> • about the way we grow and change throughout the human lifecycle • the physical changes associated with puberty • about the impact of puberty on physical hygiene and strategies for managing this • <i>To ask and answer each other's questions about puberty with confidence.</i> • <i>To seek support and advice when they need it.</i> <p>Key skills: identifying, challenging, questioning, explaining, empathising, considering</p> | <ul style="list-style-type: none"> • about different types of family and how their home-life is special • to recognise their own worth as individuals and to challenge stereotypes |
| <p>Year 5</p> | <p>Children learn:</p> <ul style="list-style-type: none"> • to recognise changes that happen in someone's life and can explain why puberty is an important time of change. • about the physical changes that happen during puberty. • about the changes that occur during puberty and why it is important to keep clean • how puberty affects emotions and behaviour and can explore strategies for dealing with the changes associated with puberty. • <i>to ask and answer each other's questions about puberty with confidence.</i> • <i>to seek support and advice when they need it.</i> <p>Key skills: identifying, challenging, questioning, explaining concluding, empathising, considering</p> | <ul style="list-style-type: none"> • about the way we grow and change throughout the human lifecycle • the physical changes associated with puberty • the impact of puberty on physical hygiene and strategies for managing this |

Year 6

Children learn:

- recognise, categorise and explain the changes that occur during puberty
- about the changes, and can explain the changes, that happen during puberty
- about strategies to deal with feelings in the context of relationships.
- what values are important to them in relationships and to appreciate the importance of friendship in intimate relationships
- *to ask and answer each other's questions about puberty with confidence.*
- *to seek support and advice when they need it.*

Key skills: identifying, challenging, questioning, explaining concluding, empathising, considering

- to recognise changes that happen in someone's life and can explain why puberty is an important time of change.
- about the physical changes that happen during puberty.
- about the changes that occur during puberty and why it is important to keep clean
- how puberty affects emotions and behaviour and can explore strategies for dealing with the changes associated with puberty.